

# Measuring Urban Form and Walkability in Rural Communities

Lucy Gibson

Smart Mobility, Inc.

# Research Activities

- “Obesity and the Built Environment”
  - Study of over 2,000 students in 48 schools in VT and NH
  - Evaluated walkability for schools and residence locations
- “NETI Rural Transportation Issues Survey ”
  - Over 3,500 survey respondents in VT, NH and ME
  - Evaluated the built environment for walkability, accessibility, for residences and communities

# Rural Public Transit Ridership Factors

- Accessibility to trip origin and final destination
- Relative cost and convenience compared to other potential options
  - travel time, waiting time
  - Fare cost
- Safety and comfort of transit alternative
  - walking to bus stop,
  - waiting for the bus

# The Four D's of the Land Use/ Transportation Connection

- Density (population per square mile)
- Diversity (jobs/housing balance)
- Design (street connectivity)
- Destinations (accessibility)

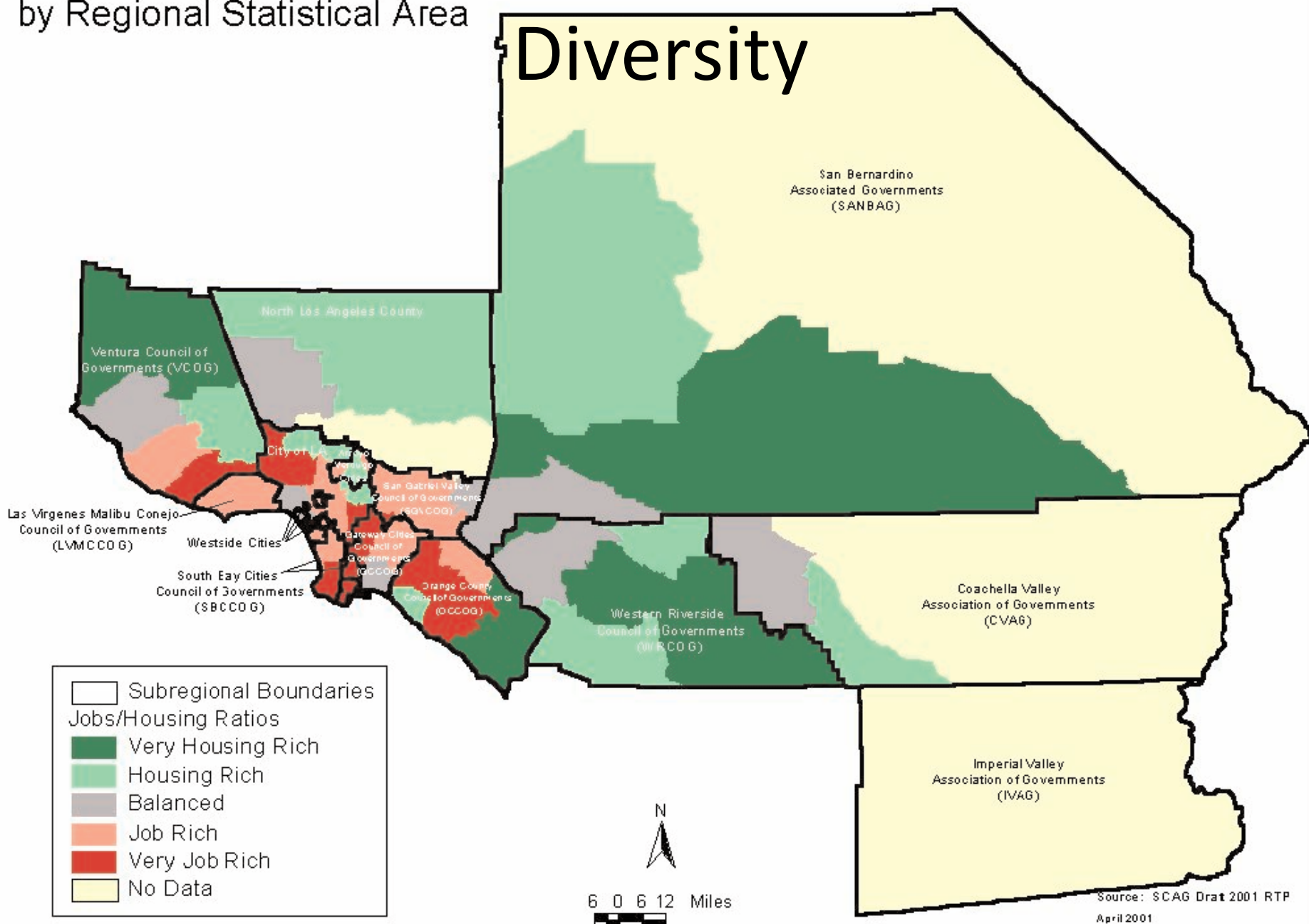


# Density

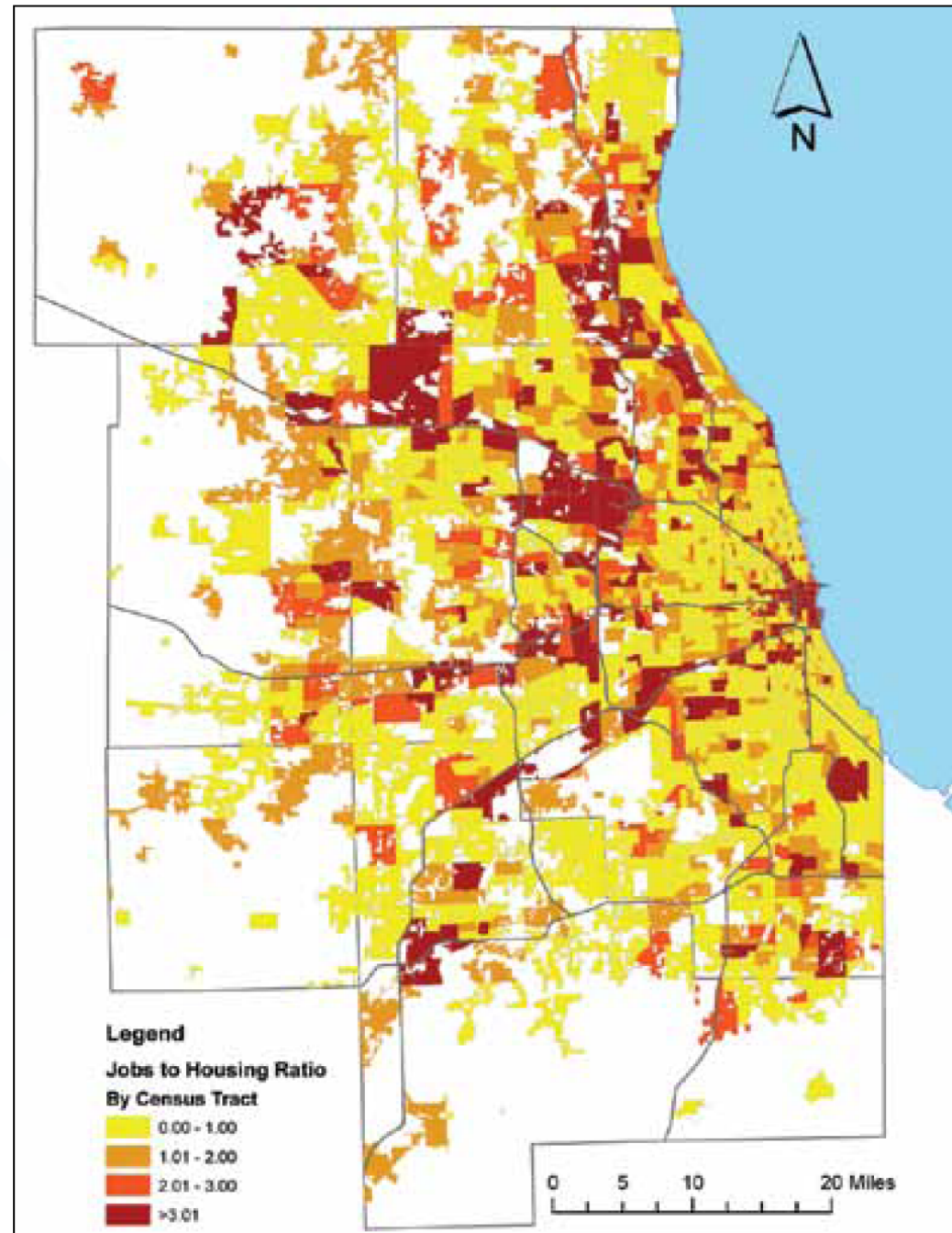




Map 2. Jobs/Housing Balance in the SCAG Region - 1997  
by Regional Statistical Area



# Ratio of Jobs to Households by Census Tract, 2000



Source: Census Transportation Planning Package 2000, U.S. Census 2000

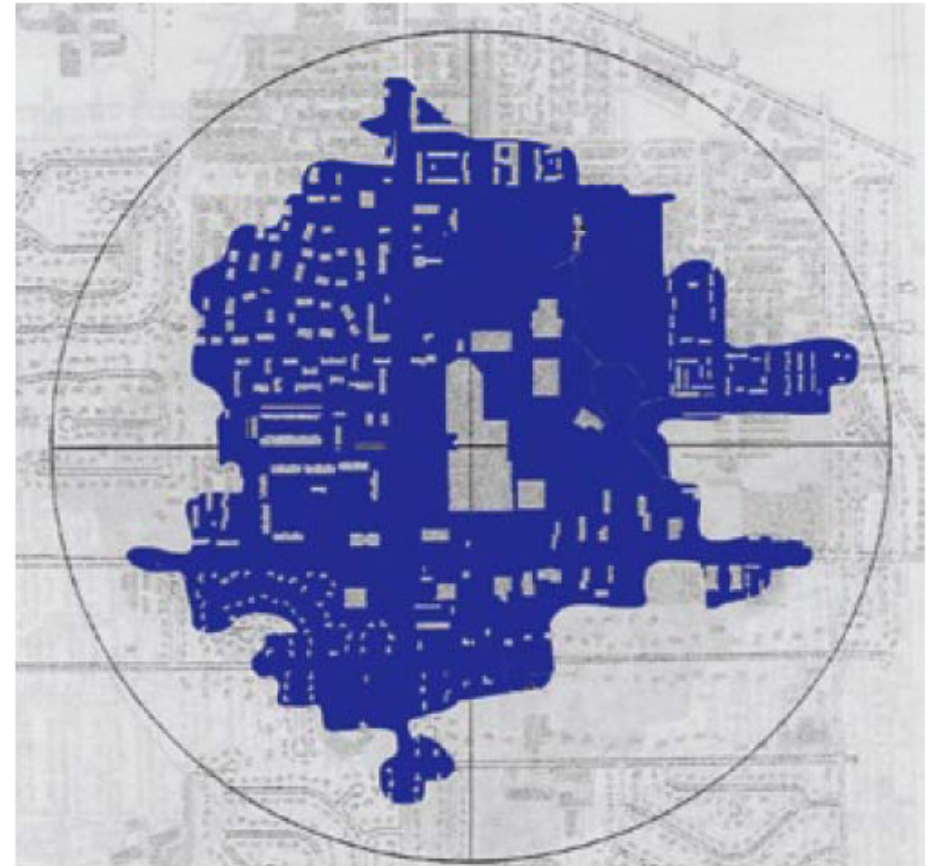
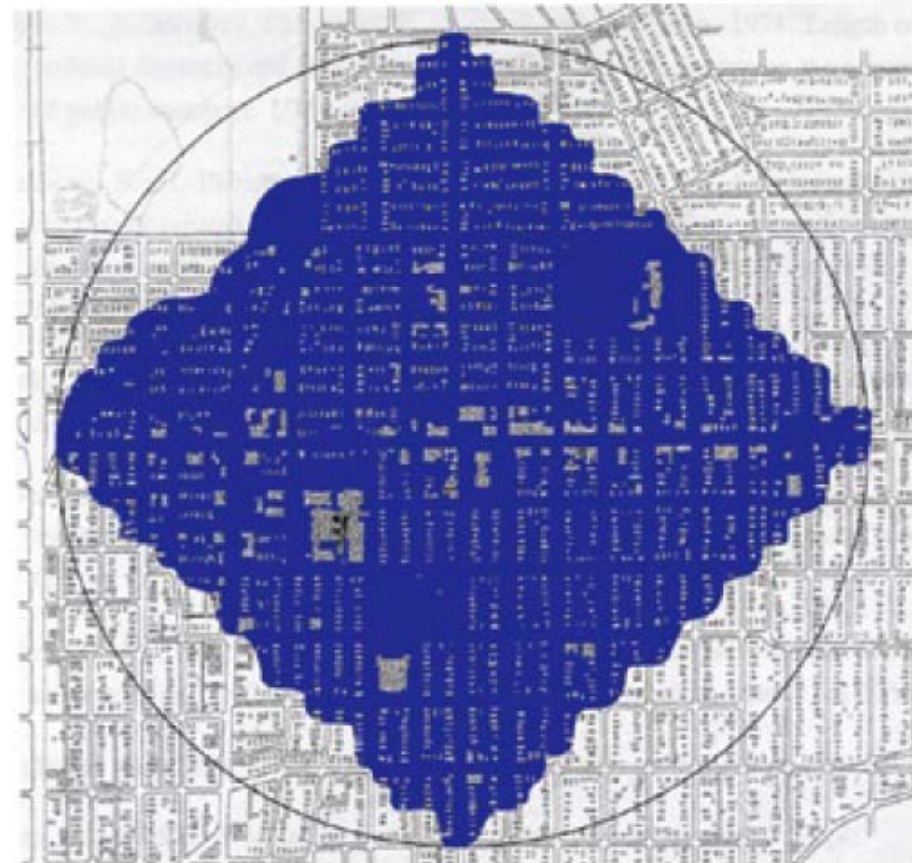
# Local Scale





# Design

## Housing within One-Quarter Mile of Commercial Centers for Contrasting Development Patterns in Seattle























MT AUBURN

DHL

WORLD

3000 ST  
RETAIL  
SPACE  
FOR  
LEASE





# Destinations

## Legend

- Clinic
- Health Center
- + Hospital
- \$ Major Retail
- Major Employment

## Population Density

People per Square Mile

- Less than 10
- 10 to 50
- 50 to 100
- 100 to 500
- 500 to 1,500
- Over 1,500

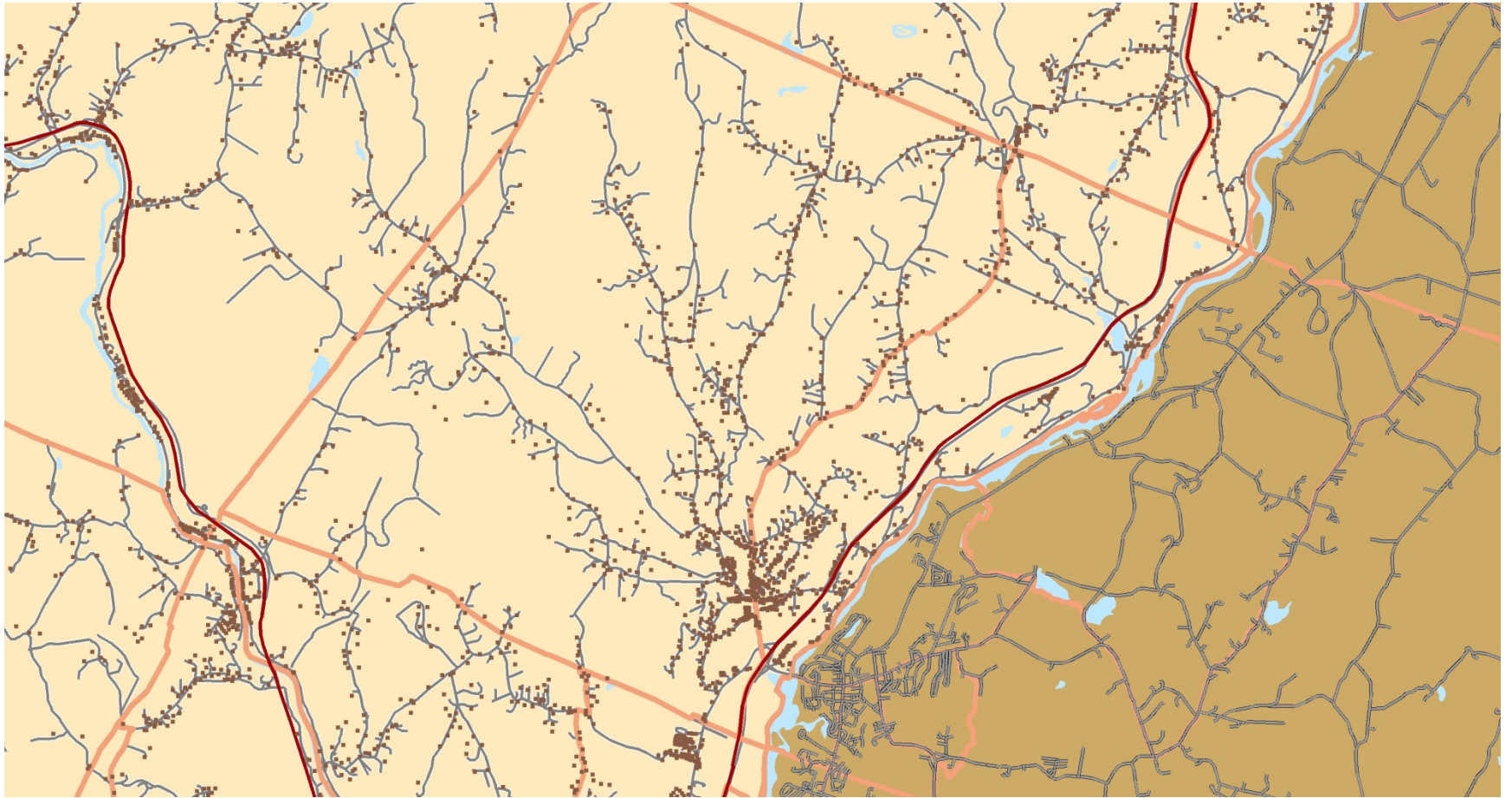


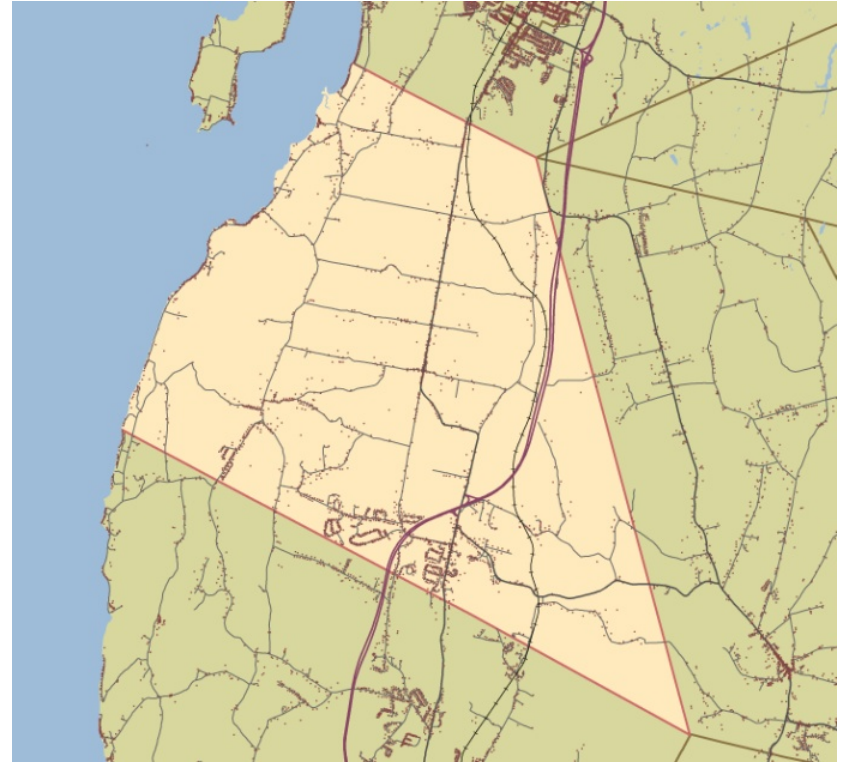
# Four D's in Rural Areas

- Data is more sparse,
- geographic units are very large, and
- settlement patterns can be very heterogeneous



# Block Group

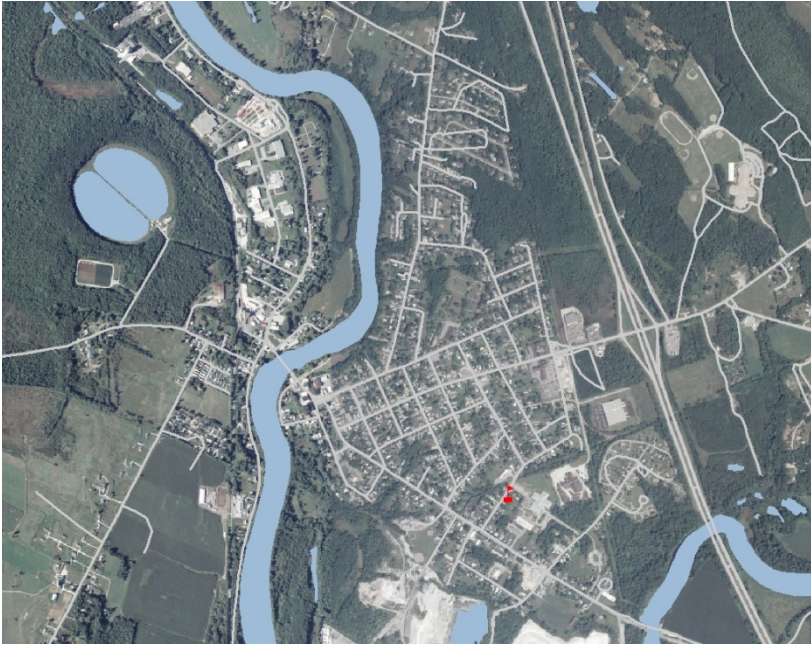




## A Tale of Two Towns

<i>Town Wide Data</i>	Swanton	Georgia
Population	6,415	4,480
Population Density	128	111





<i>Refined 3D's GIS Site Specific Analysis</i>		
<i>Applied to Area 1 kilometer radius from school</i>		
Population	1,463	77
Households	894	23
Intersections	32	7





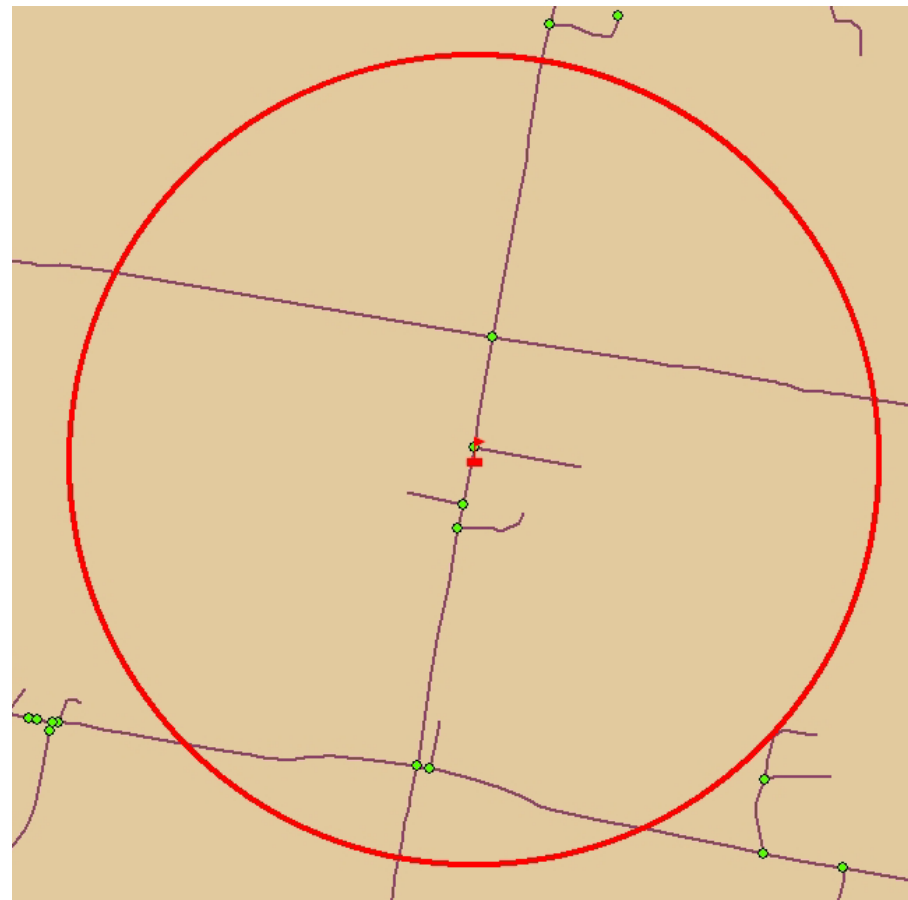
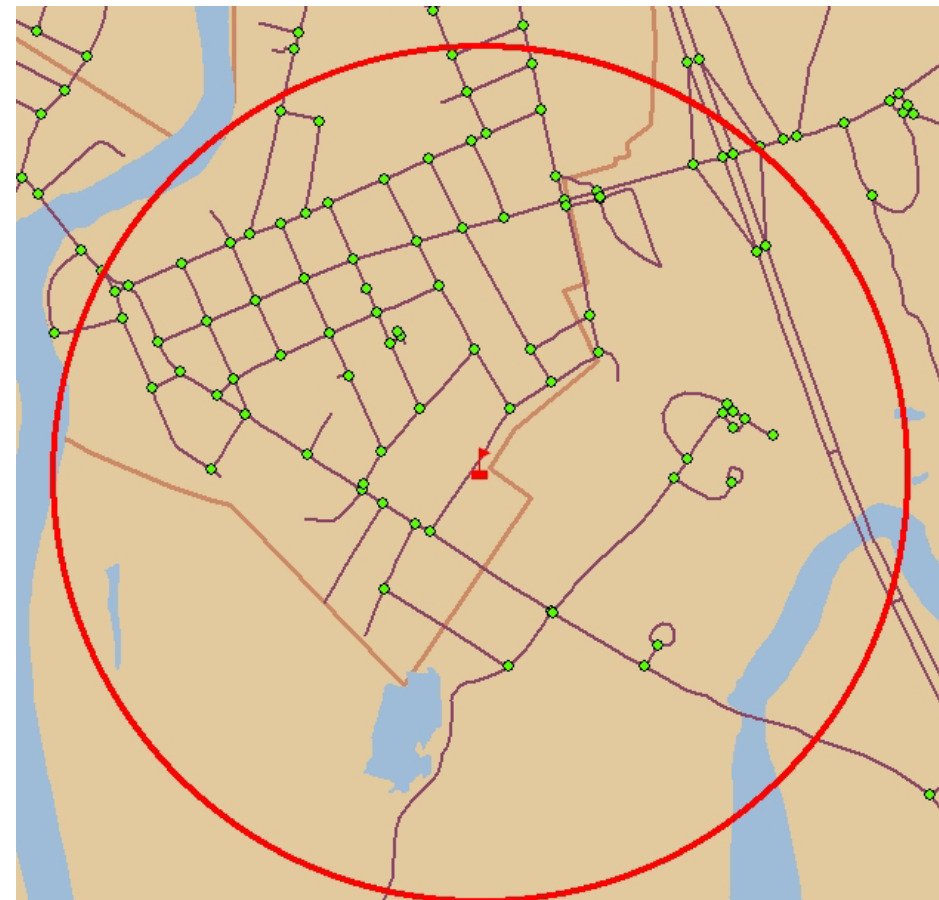
**METHODOLOGY**

**Open Access**

# Smart density: a more accurate method of measuring rural residential density for health-related research

Peter M Owens<sup>1</sup>, Linda Titus-Ernstoff<sup>2,3,4</sup>, Lucinda Gibson<sup>1</sup>, Michael L Beach<sup>2,4,5</sup>, Sandy Beauregard<sup>1</sup> and Madeline A Dalton<sup>\*2,3,4</sup>

# Intersection Density



# Design: Intersection Density

- Even in rural Vermont, some of our communities can meet these guidelines:

LEED 2009 FOR  
**NEIGHBORHOOD  
DEVELOPMENT**



**LEED-ND**

## **LEED<sup>®</sup> for Neighborhood Development**

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**Total Possible Points\*\* 110\***

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 **Smart Location & Linkage 27**

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 **Neighborhood Pattern & Design 44**

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 **Green Infrastructure & Buildings 29**

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*\* Out of a possible 100 points + 10 bonus points*

*\*\* Certified 40+ points, Silver 50+ points,  
Gold 60+ points, Platinum 80+ points*

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 **Innovation & Design Process 6**

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 **Regional Priority Credit 4**

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**Figure 1.** Clarence Perry's Neighborhood Unit, 1929.  
Source: Regional Plan Association



**Figure 2.** A "sustainable" update of Perry's neighborhood unit. Source: Douglas Farr, *Sustainable Urbanism*

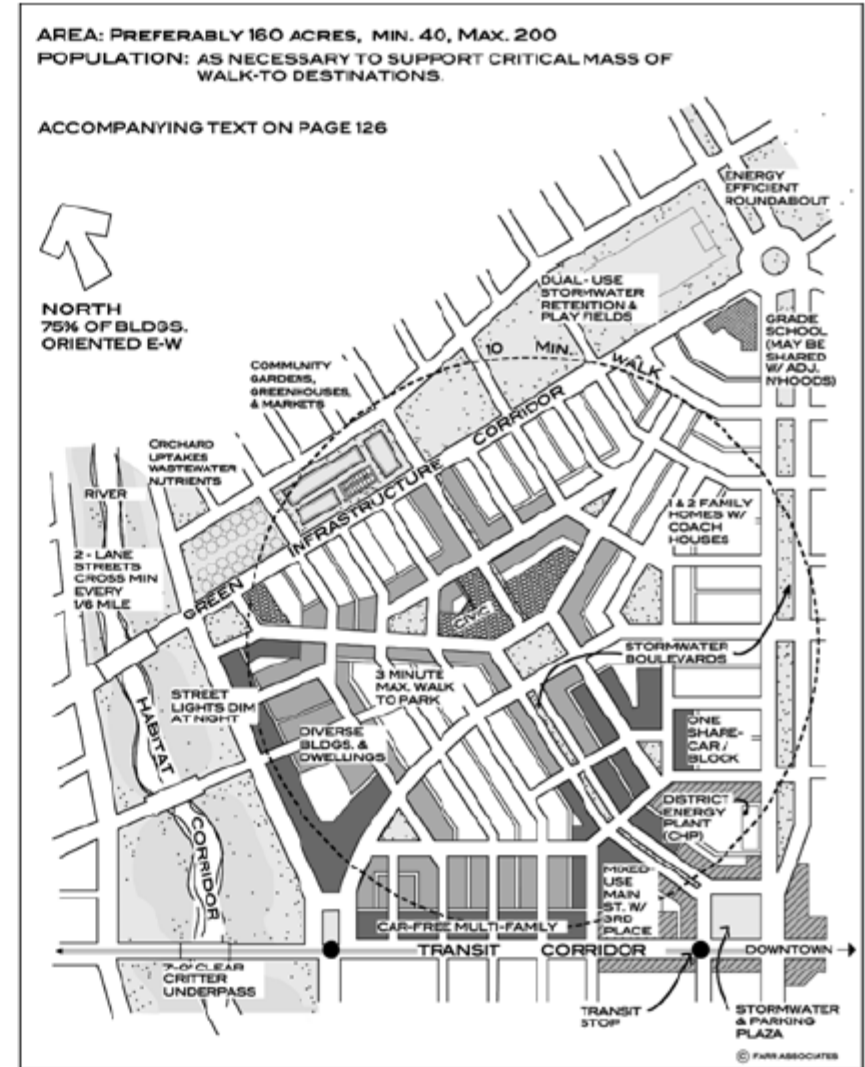
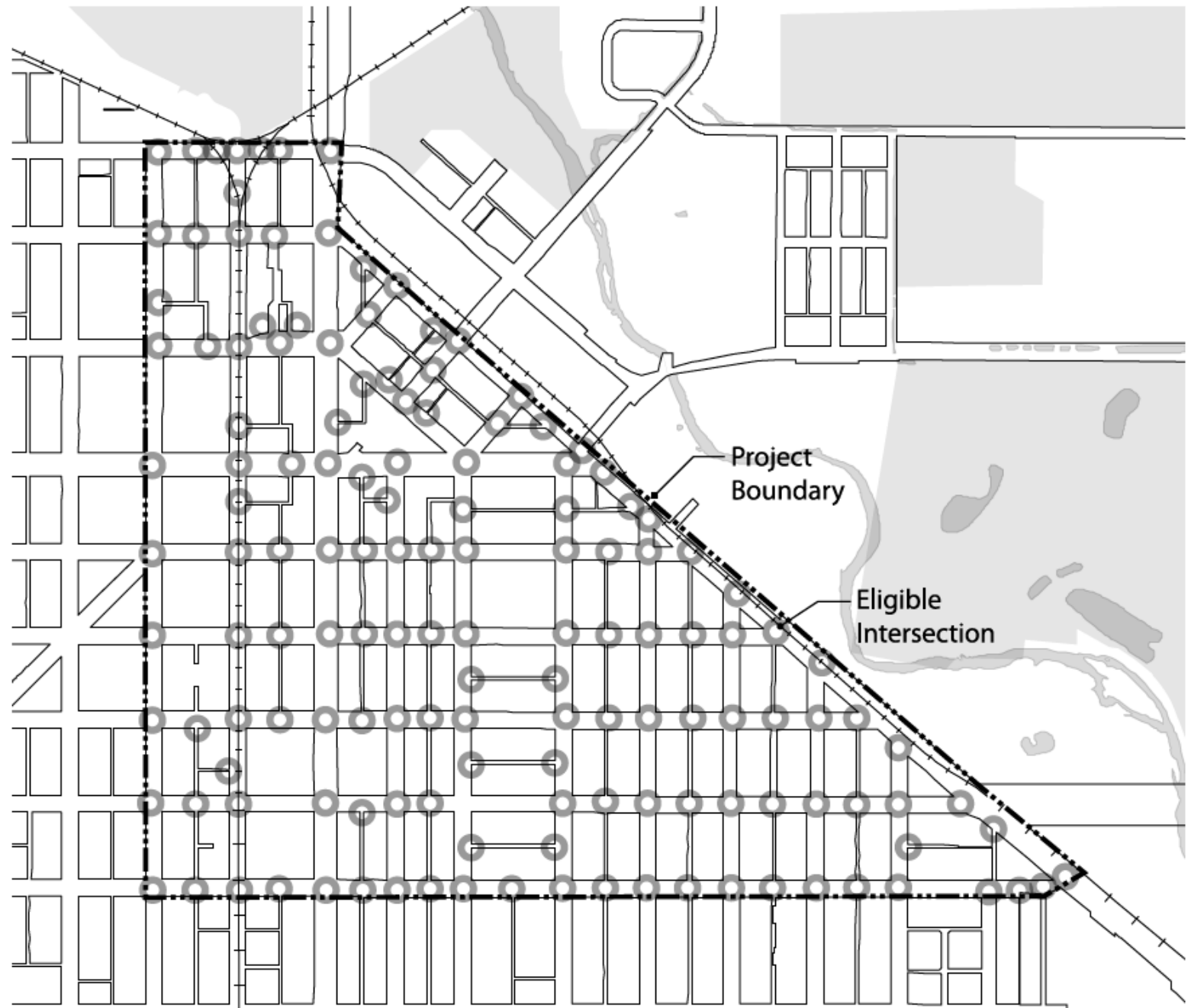


Figure 1. Project site design with 140 eligible intersections per square mile on streets that are not gated



# *Respondents by intersection density*

LEED-ND Category	Description	Count
Below eligible	Fewer than 90 per square mile	2,828
Meets Minimum eligibility	Between 90 and 144 per square mile	421
Meets LEED ND Target	Between 144 and 300 per square mile	366
Extra points for connectivity	More than 300 per square mile	15

## *Respondents by transit supportiveness*

<i>Land Use Characteristics</i>	<i>Transit Implications</i>	<i>Neighborhood HH Density (hh/sqmi)*</i>	<i>Count</i>
Rural/ Exurban, 3+ acre lot rural	Paratransit marginal	Less than 200	1,763
Semi-rural, 0.6 to 3 acre lot semi-rural	Paratransit only	200 to 1,200	1,256
Suburban or Village density (2 to 6 units per acre)	Lower Frequency Fixed Route Bus	1,200 to 2,400	360
Walkable/Urban density (6 to 12 units)	High Frequency Fixed Route Bus	2,400 to 4,800	133
Over 12 units per acre	Premium Bus or Rail	Over 4,800	36

- These ranges are adjusted to reflect the difference between gross density and net density, which reflects land not consumed by roads, utilities, etc. in urban areas.



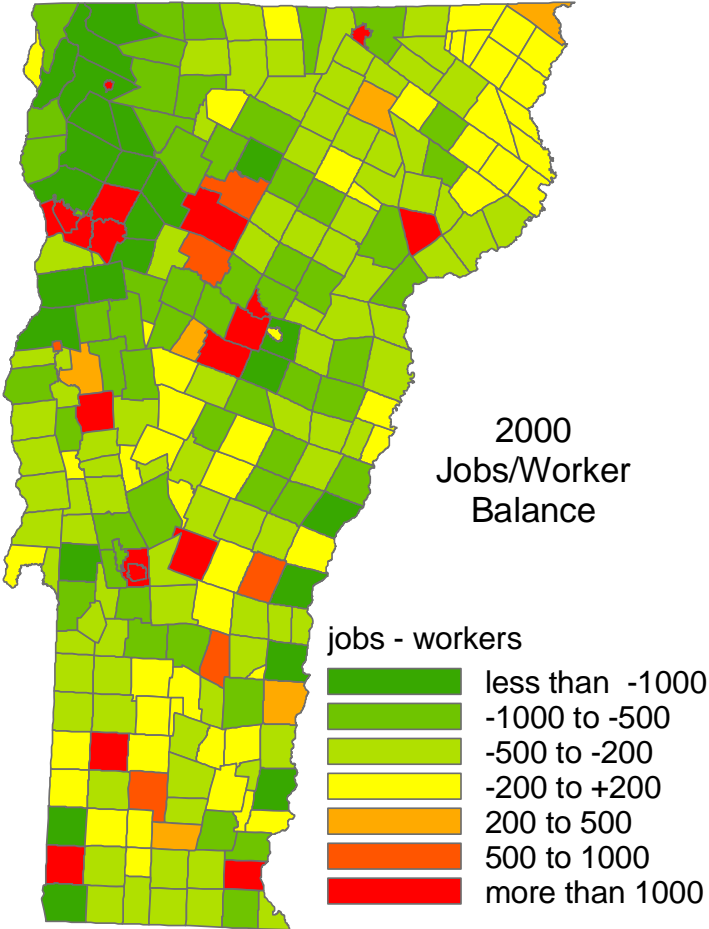
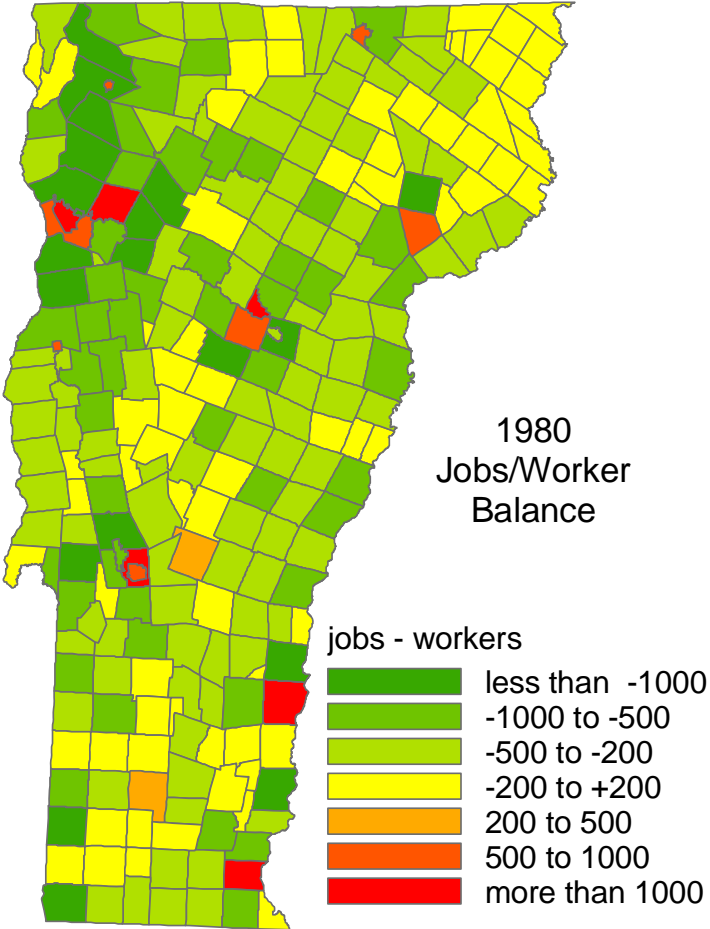
# Diversity

- Only town-wide statistics available for rural areas, but can be combined with more local measures to get a 3'ds surrogate.

Table 1. Points for diverse uses within 1/4-mile walk distance, by time of occupancy

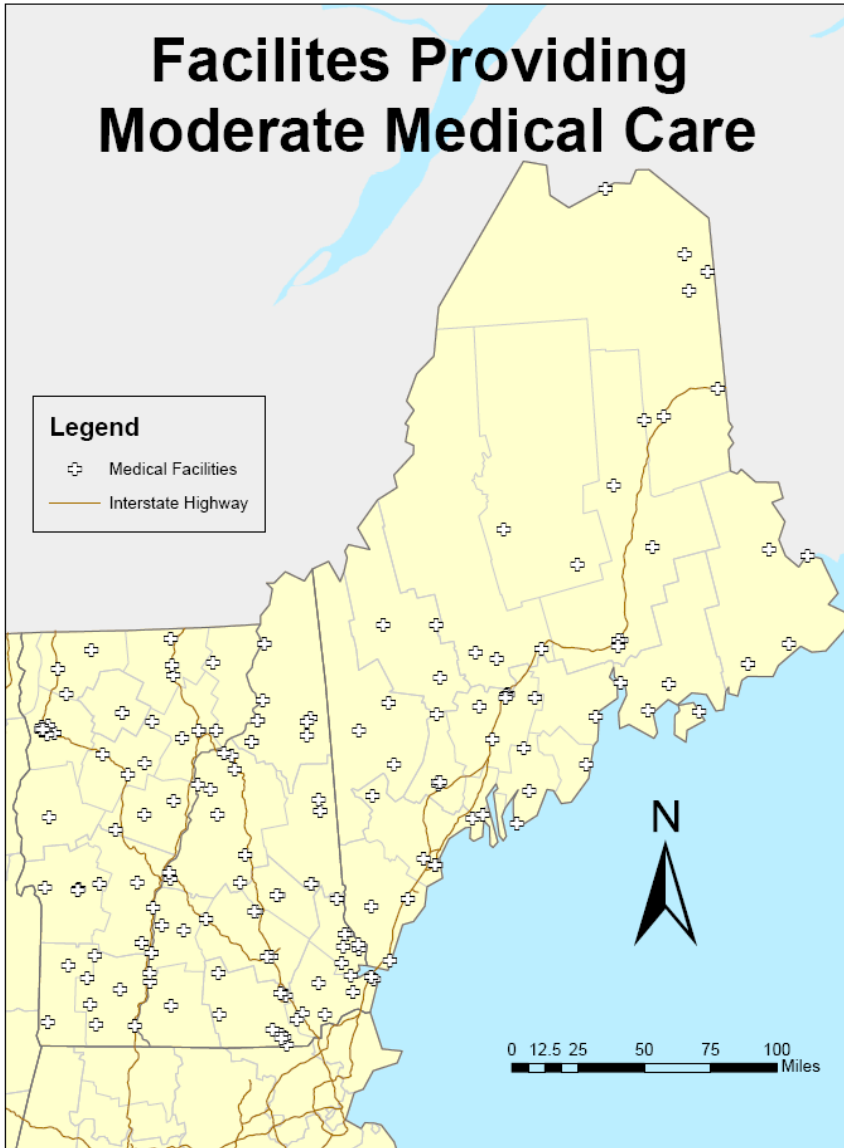
Diverse uses	Percentage occupancy of total square footage	Points
4-6	20%	1
7-10	30%	2
11-18	40%	3
≥ 19	50%	4

# Jobs/Housing Balance in Vermont

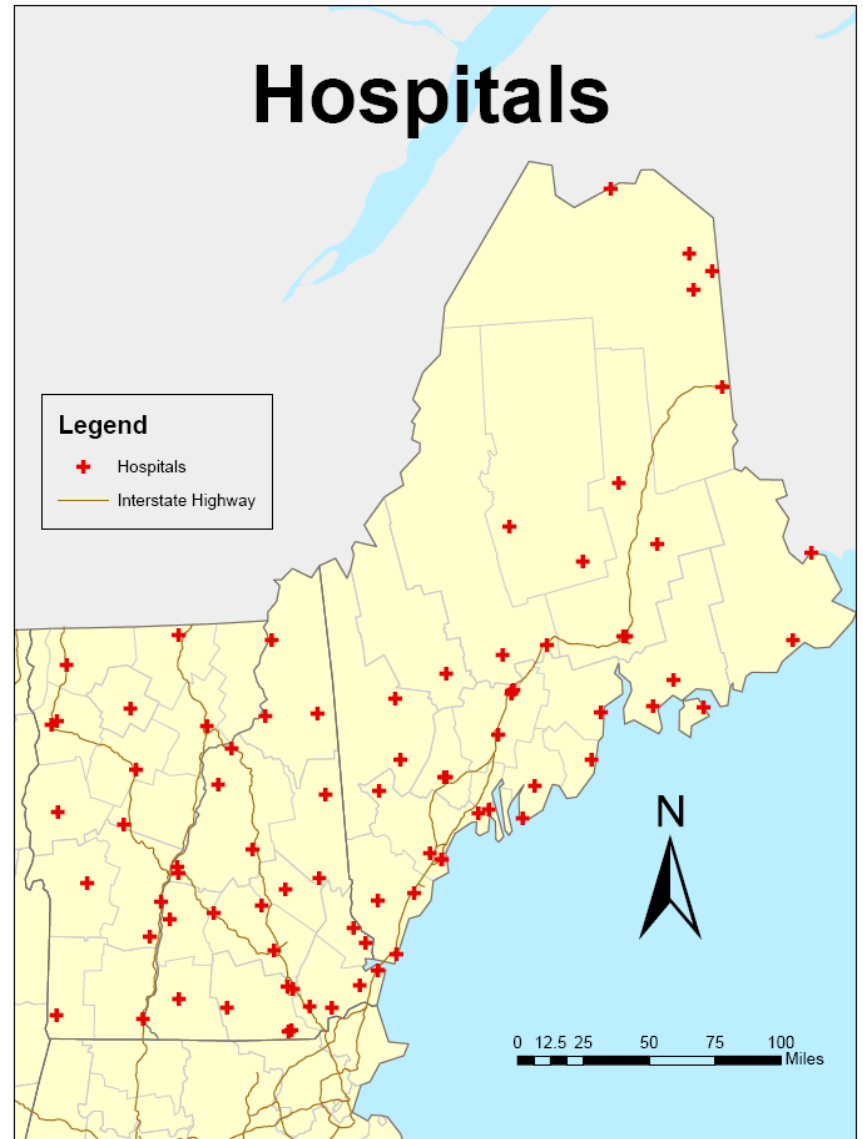


# Destinations

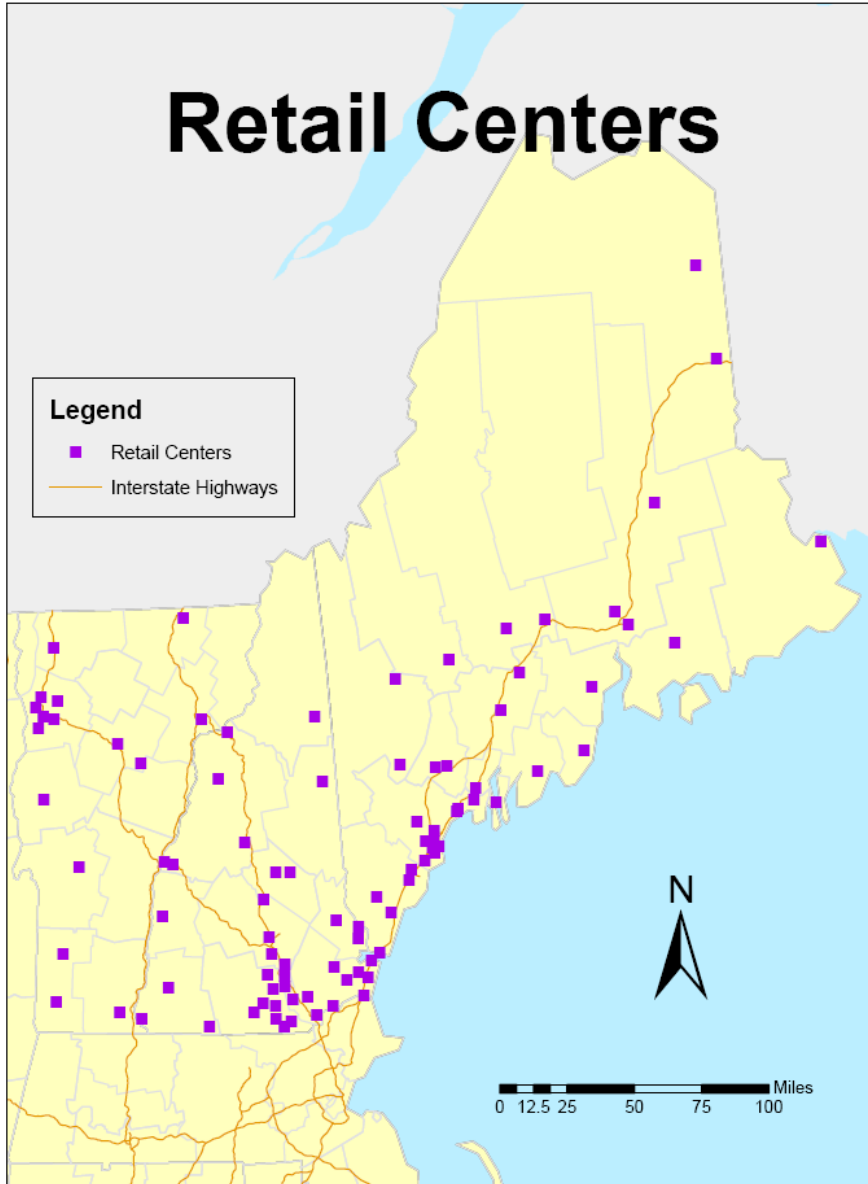
## Facilities Providing Moderate Medical Care



## Hospitals

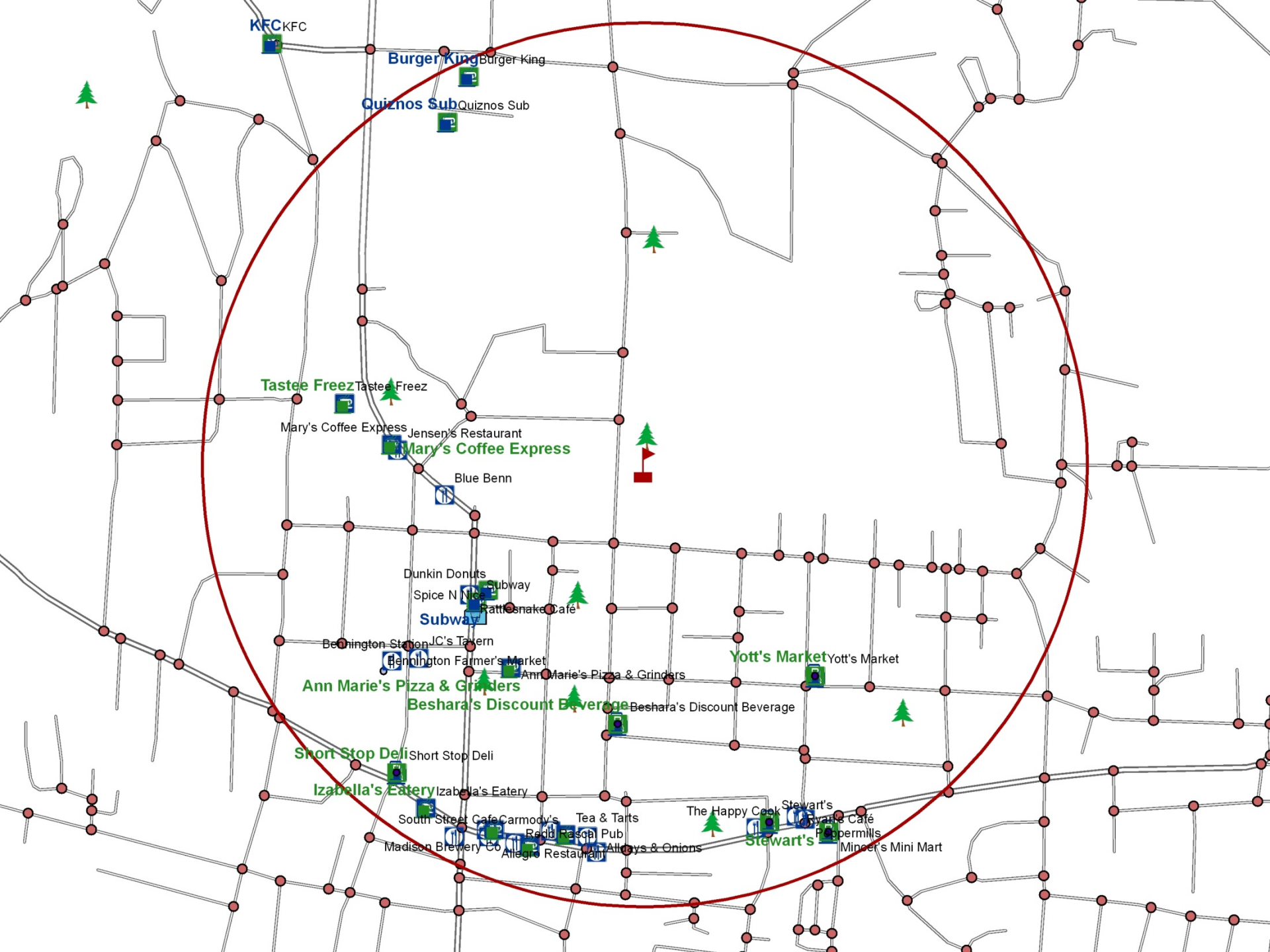


# Retail Centers



# Nodes of Employment #2





KFC

Burger King

Quiznos Sub

Tastee Freez

Mary's Coffee Express

Blue Benn

Dunkin Donuts

Subway

Spice N Noodles

Rattle Snake Café

Subway

Bennington Station

Bennington Farmer's Market

Ann Marie's Pizza & Grinders

Beshara's Discount Beverage

Yott's Market

Short Stop Deli

Izabella's Eatery

South Street Cafe

Carmody's Tea & Tarts

The Happy Cook

Madison Brewery Co

Red House Pub

Stewart's

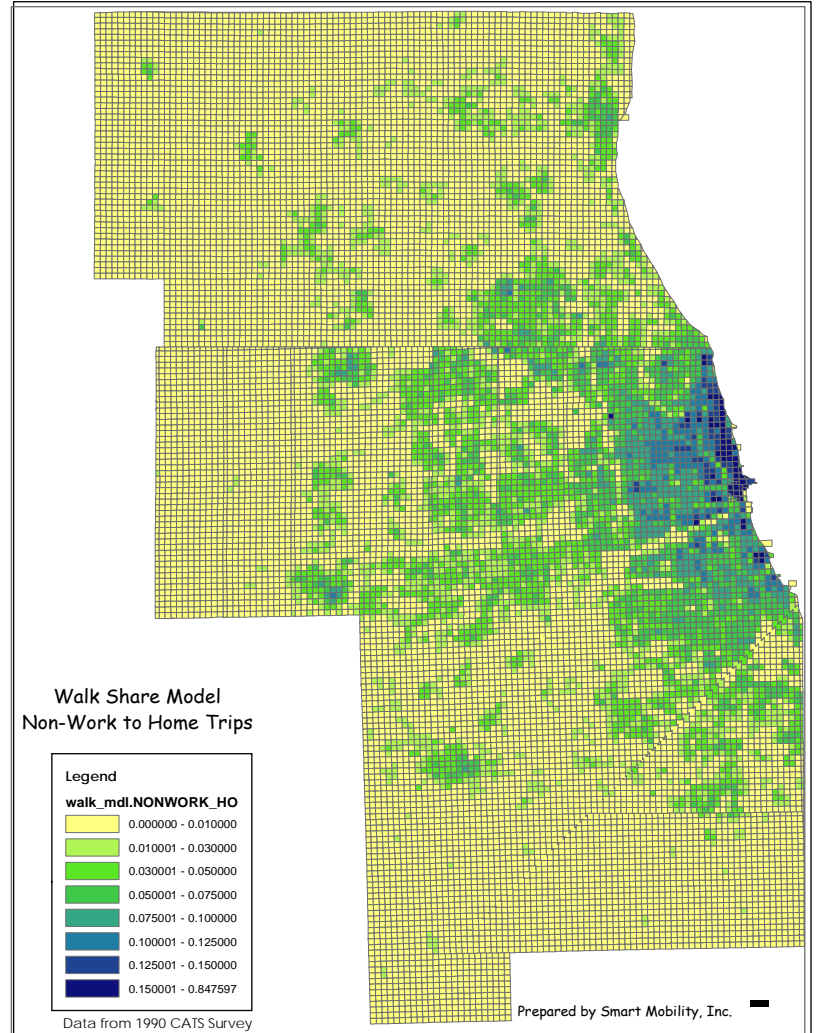
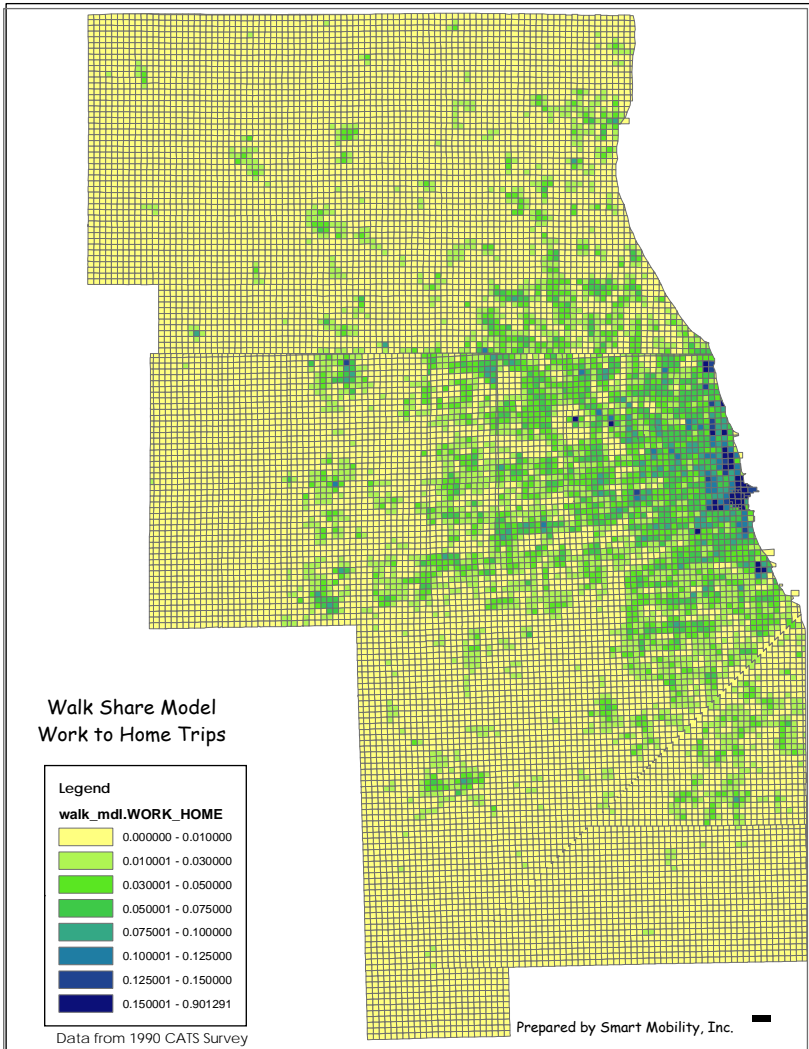
Alegria Restaurant

All Souls & Onions

Stewart's

Miner's Mini Mart

# Walk Model Based on 3 D's (Density, Diversity, Design)



# Conclusions

- Land Use and the Built Environment affects transportation in rural and urban areas alike.
- Most methods to model, measure and predict were developed for urban settings.
- Different scales and heterogeneity of rural areas requires some adaptation of these methods, but the basic principles still apply.

# How can we use these methods?

- Research, modeling and analysis of different land use patterns and travel behavior.
- Transit planning: identifying most accessible locations.
- Land Use Policy: identify locations with greatest walkability.



**Thank You!**

Questions?