

How to Get Involved in a TRB Committee



- ✓ Attend the committee meeting
- ✓ Create an account at [MyTRB.org](https://www.mytrb.org) and “Become a friend of a standing committee”
- ✓ Sign the attendance sheet so you will be included on the committee’s mailing list
- ✓ Learn about ongoing committee activities and think about which activities might suit your interests, schedule, and desired level of commitment. Most committees can use support in:
 - ✚ Newsletter preparation
 - ✚ Paper review
 - ✚ Research statement development
 - ✚ Annual or summer meeting session planning
- ✓ Don’t be bashful—talk with the committee chair. They are always interested in finding new recruits and will be eager to find out about your interests.
 - ✚ Ask to become a “friend” of the committee—the group of people who have an active interest in committee business
 - ✚ Ask what committee activities need more volunteer support--what you can do to help
 - ✚ Feel free to discuss your ideas of activities the committee might undertake in the future and the role you’d like to play
- ✓ If you don’t have a chance to talk with the chair during the Annual Meeting, e-mail after the meeting. Contact information is available on the TRB website at <https://www.mytrb.org/DirectorySearch.aspx> .