TRANSPORTATION RESEARCH BOARD

# Real-Time Response - A Pandemic Playbook for Public Transportation Agencies

March 30, 2021

@NASEMTRB #TRBwebinar

### PDH Certification Information:

1.5 Professional Development Hour (PDH) – see follow-up email for instructions
You must attend the entire webinar to be eligible to receive PDH credits
Questions? Contact Reggie
Gillum at <u>RGillum@nas.edu</u>

**#TRBwebinar** 

The Transportation Research Board has met the standards and requirements of the Registered **Continuing Education Providers** Program. Credit earned on completion of this program will be reported to RCEP. A certificate of completion will be issued to participants that have registered and attended the entire session. As such, it does not include content that may be deemed or construed to be an approval or endorsement by RCEP.



**REGISTERED CONTINUING EDUCATION PROGRAM** 

# **Learning Objective**

Determine how to improve currently existing processes and procedures for pandemic planning



NCHRP 936/ TCRP 225 A Pandemic Playbook

For Transportation Agencies

Presented by:

Herby Lissade, Deb Matherly, Jan Benini & Pat Bye



#### **Introduction: Herby Lissade**

**Chair person for NCHRP** project panel

**CalTrans** Office of Emergency Management and Infrastructure Protection (Retired)

Chair, Subcommittee on Transportation Emergency Management Practices and Innovations





#### NCHRP 20-116: Emergency Management Playbook Project Team



Deb Matherly, PI, WSP



Pat Bye, Co-Pl



Janet Benini, Co-PI former US DOT



Mark Krentz, former KDOT Emergency Management



William Ankner, former Commissioner for Rhode Island and Louisiana



Karl Kim, U. Hawaii



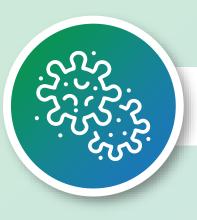
Eric Yamashita, U. Hawaii



#### **Pandemic Playbook Contents**

Useful, operational tool

- Pandemic Basics
- Key Questions to Ask
- Key Players and Agencies
- Challenges
- Plays
- Resources



### Today's Agenda

Key Take-Aways of Pandemic Playbook

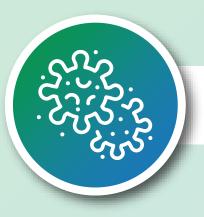
- Overcommunicate
- Build on What You Know
- Be Flexible and Innovative

## Overcommunicate

11

When stressed, people have harder time receiving and remembering information

6



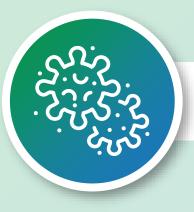
#### **Pandemics Are Different**

**Pandemic Basics** 

**Timeline:** Extended and indeterminate

**Impacts:** no infrastructure impacts, but profound employee, community, and economic impacts

**Roles:** Services both contracted and expanded



#### **Communicate with Your Staff Clearly and Regularly**

Acknowledge employee impacts Input and feedback are critical

Pace for a marathon





Guidance for Supervisors on COVID-19 and State of Emergency

March 11, 2020



#### **Be Transparent, Credible and Visible**

#### **Communicate importance of safety**

**Be clear** 

**Be visible** 





#### **Empower People**

Communication is two way

**Give actions to take** 

Stay home if sick. Signs of COVID-19 include fever, cough and shortness of breath.



Limit travel to essential trips. touch your face and mouth.

Cover coughs.

Try not to



While on board, keep as much space

between you and others as possible.

your hands often. Use sanitizer.

Wash





If you must

travel,

consider

wearing a

fabric mask.

Stand apart while waiting.

At least

Source: King County Metro

# Build on What You Know

11

Use tools already in your toolbox



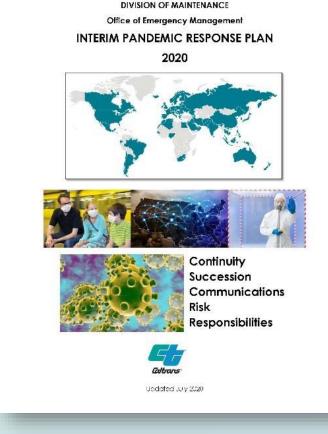
#### **Start with Your Plans and Adapt as necessary**

**Emergency Response** plan

Pandemic plan

**COOP or Continuity** plan

**Cybersecurity plan** 



CALIFORNIA DEPARTMENT OF TRANSPORTATION

Caltrans Interim Pandemic Plan, California Department of Transportation

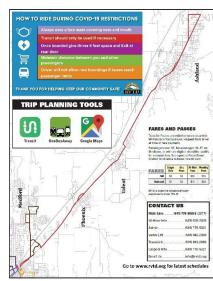


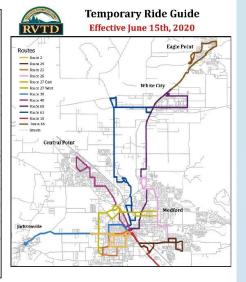
#### Use Tools You Have, but perhaps differently

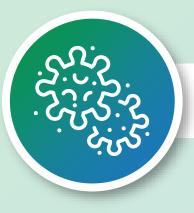
Low tech and high tech

Visualization of data is valuable









#### **Be Alert for Underserved Populations**

**Essential workers** 

**Carless populations** 

**Transit dependent** 

**Elderly and disabled** 

- COVID-19 has proportionately much greater adverse impacts on traditionally underserved populations and people of color
- Agencies can help minimize social and environmental justice impacts through their actions during pandemic response

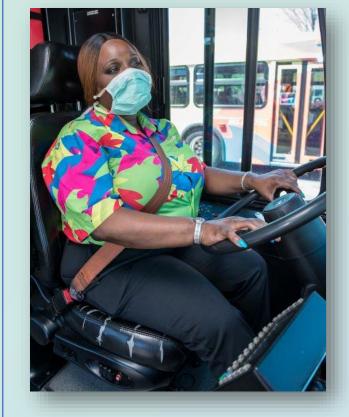


### Agency Skills and Resources are the "muscle" to adapt

**Community** engagement

Teamwork

Volunteering



The Comet – Michael Danzler, Photographer



# Be Flexible and Innovative

11

Keep options open and be ready to take risks



### Consider What Skillsets are Needed and Add them to the Team if Necessary



The Comet – Sanitizing Buses, Michael Dantzler, Photographer Include an Industrial Hygienist or other medical professional to provide guidance and credibility your mitigation and response efforts



### **Adjust Working Relationships As Needed**

# Protect employees from exposure



Hillsborough Area Regional Transit Authority (HART) Advertisement April 2020; Frank Wysynski, Dr Comm & Marketing Specialist

- Protect onsite employees with barriers and PPE
- Consider work crew protocols and travel arrangements
- Enable remote work for those positions eligible
- Operations Centers should be virtual to the extent possible



### **Be Alert to New Requirements and Support Roles**



Using Vehicle Emissions Inspection Site for drive-through Testing; MD Department of Transportation

#### Your facilities and equipment may be needed

- Inspection stations and transit facilities for testing or vaccine distribution
- Variable messaging signs for public health information
- Vehicles as portable internet access points and food/supplies delivery

### Your Staff May Need to Take on New Responsibilities



CDOT delivers Strategic National Stockpile Supplies, April 2020, CO Department of transportation

- Delivering essential supplies, equipment, medical support and food
- Traffic management at testing sites
- Assisting with contact tracing and unemployment claims



#### **Prepare for Ebbs and Flows**

#### Pandemic Recovery Response Matrix

Phase 3 July or

August

RTD Denver Pandemic Matrix

	Minimize social interactions. Resume non-essential local travel. Limited business travel. Leave policy continues. (Attachments)			Determine if Service level adjustment required.		
No evidence of a Relapse. Satisfies Phase 1 criteria again. RTD should consider internal case tracking in decision criteria. Testing for everyone with symptoms. Timely and effective contact tracing by public health agencies. Therapeutic Options or preliminary vaccine available.	High risk individuals and sick people stay home. Supervisors submit Illness Forms and Travel Forms for all applicable Employees. (In Attachments) Continue to telework at AGM discretion. Unrestricted Staffing model. Travel freely – use good judgement. Minimize time spent in large crowds.	Continued disinfection of Common and high traffic areas. Fully open large gathering areas but encourage limited SD . Visitors allowed. Code of Conduct DUS/Facility policies.	Encourage Social Distancing. Front door boarding with fares if desired SD working. Masks should still be worn if desired.	Monitor Ridership and Routes. Evaluate human resources required to service needs. Determine need to return to pre-COVID approved service levels.	High Risk individuals should practice reasonable social distancing. Low risk groups minimize time in large crowds. Face to face meetings. Use good SD judgement. Schools, businesses fully reopen.	Masks not require but encouraged. S should still be observed as much as possible. Wash hands frequently. Carry hand sanitizer. Agency: Procure necessan supplies for future preparedness.

#### Pandemic Recovery Response Matrix

Phase 4 1	Tested Vaccine	Be aware of Influenza	Continue	Educate	Plan for	Encourage	Encourage good
4	Available for	like symptoms.	good cleaning	about	potential	social	personal hygiene.
Fall / E	Everyone.		and	upcoming	2 <sup>nd</sup> wave	distancing.	As described below.
Winter		Encourage	disinfecting	Influenza	COVID		
1 7	Testing available	vaccinations.	protocols	season.	response.	No	Ensure sufficient
f	for Everyone			Encourage		restrictions	PPE in stock.
F	going into			vaccinations.			
l i	Influenza Season.						

#### Recommendations Ongoing

#### All Phases:

MEADER, MICH

#### 1. Continue To Practice Good Hygiene

- Hand Washing
- Avoid Touching your face
- Sneeze or cough into tissue or elbow
- Disinfect frequently used items and surfaces as much as possible
- Consider using face coverings while in public and when 6 foot social distancing cannot be maintained.
- 2. If you feel sick experience symptoms
- Do not come to work
- Contact your doctor and follow advice 3. Continue Employee Risk Assessment Questions for Illness and Travel
- 4. Continue Workforce Contact tracking

Matrix is based upon CDC/WHO/Public Health guidance along with Recommendations by Federal Government Coronavirus Pandemic Response Team.

RTD Pandemic Recovery Phase Matrix may be more conservative than Government announced Recovery plans.

PANDEMIC RECOVERY PHASES MATRIX MM(07) 4-24-20 (002)

MEADER, MICHAEL

PANDEMIC RECOVERY PHASES MATRIX MM(07) 4-24-20 (002)

#### Recovery Response Matrix, Denver Regional Transit District

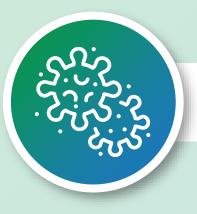




#### **A Pandemic Presents New Challenges**

Challenges and practical solutions

- Fear/Loss of confidence in safety
- Employee morale and trust
- Loss of interaction with employees and customers
- Stress and psychological impacts
- Loss of funding for organizations
- Unintended consequences



#### **Pandemics May Last a Long Time**

Pace for a marathon

Remember other hazards, too

Expect "pandemic fatigue" and find ways to give employees a break so they can perform in the long term

Don't forget about natural hazards – floods, fires, hurricanes and other things will still occur

- Responses may be complicated by the pandemic. Think through contingencies like evacuations and sheltering and how to conduct them during a pandemic
- Involve staff in planning and response they may have good ideas



#### **Balance Safety with Service**



The Comet – Michael Danzler, Photographer

Use opportunities to emerge stronger more resilient more compassionate and more connected as organizations and individuals

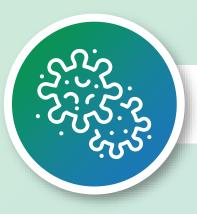


### **Sometimes Good Things Happen, Too**



 Ability to advance projects faster and mainstream innovations

- Experiment with on-demand services, dedicated bus lanes, bike lanes and pedestrian spaces
- Better employee/management interactions
- Better communities



#### **Conclusions**

If you can only remember 3 things...

#### Overcommunicate.

- Be transparent, credible and visible with barrage of information.
- Assure employees and public that their safety is paramount.
- Empower people with simple, direct instructions for actions to take.

#### Build on What You Know.

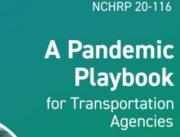
- Look at your current plans and see what can be adapted.
- Use tools you already have, but you may be using them differently..

#### Be Flexible and Innovative.

- Do what you can to keep options open and don't be afraid to take risks and make innovations.
- Agencies that can pivot quickly are less likely to have long lasting impacts.



#### NCHRP 936/ TCRP 225 A Pandemic Playbook for Transportation Agencies



October 2020

TRANSPORTATION RESEARCH BOARD

TRANSPORTATION RESEARCH BOARD OF THE NATIONAL ACADEMIES OF SCIENCES, ENGINEERING, AND MEDICINE

Disclaimer: This is an uncorrected draft as submitted by the contractor. The is and conclusions expressed or implied herein are those of the cont They are not necessarily those of the Transportation Research Bo Academies, or the program sponsors.

Permission to use any unoriginal material has been obtained from a copyright holders as needed. Contacts:

deb.matherly@wsp.com patriciabye@gmail.com janetbenini@gmail.com

https://doi.org/10.17226/25993



#### Moderator: Deb Matherly

**\\S|)** 

# Today's Panelists #TRBWebinar



Patricia Bye, Independent Consultant



Janet Benini, Independent Consultant



Herby Lissade, Tortuga Planning, Engineering and Consulting



The National Academies of SCIENCES • ENGINEERING • MEDICINE

# Get Involved with TRB

Receive emails about upcoming TRB webinars https://bit.ly/TRBemails #TRBwebinar

Find upcoming conferences <a href="http://www.trb.org/Calendar">http://www.trb.org/Calendar</a>







The National Academies of SCIENCES • ENGINEERING • MEDICINE

### Get Involved with TRB #TRBwebinar

# @NASEMTRB @NASEMTRB

Getting involved is free!

Transportation Research Board

> Be a Friend of a Committee <u>bit.ly/TRBcommittees</u> – Networking opportunities May provide a path to Standing Committee membershir

May provide a path to Standing Committee membership

Join a Standing Committee <a href="https://www.bit.ly/TRBstandingcommittee">bit.ly/TRBstandingcommittee</a>

Work with CRP <a href="https://bit.ly/TRB-crp">https://bit.ly/TRB-crp</a>

Update your information <a href="http://www.mytrb.org">www.mytrb.org</a>



The National Academies of SCIENCES • ENGINEERING • MEDICINE