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**TRB** TRANSPORTATION RESEARCH BOARD

# TRB Webinar: Strategies to Reduce Highway Traffic Noise

*March 2, 2023*

*1:00 – 2:30 PM*



# PDH Certification Information

1.5 Professional Development Hours (PDH) – see follow-up email

You must attend the entire webinar.

Questions? Contact Andie Pitchford at [TRBwebinar@nas.edu](mailto:TRBwebinar@nas.edu)

*The Transportation Research Board has met the standards and requirements of the Registered Continuing Education Program. Credit earned on completion of this program will be reported to RCEP at RCEP.net. A certificate of completion will be issued to each participant. As such, it does not include content that may be deemed or construed to be an approval or endorsement by the RCEP.*

**ENGINEERING**



REGISTERED CONTINUING EDUCATION PROGRAM

# AICP Credit Information

1.5 American Institute of Certified Planners Certification Maintenance Credits

You must attend the entire webinar

Log into the American Planning Association website to claim your credits

Contact AICP, not TRB, with questions

# Purpose Statement

The most common approach to reducing highway noise traffic is noise barriers, however there are many alternatives state departments of transportation can consider that may be more context- and cost-appropriate. This webinar will examine these alternatives to reducing highway traffic noise. Presenters will provide a flowchart-based model for deciding which strategy is best, along with a handbook to evaluate noise reduction strategies and improve implementation.

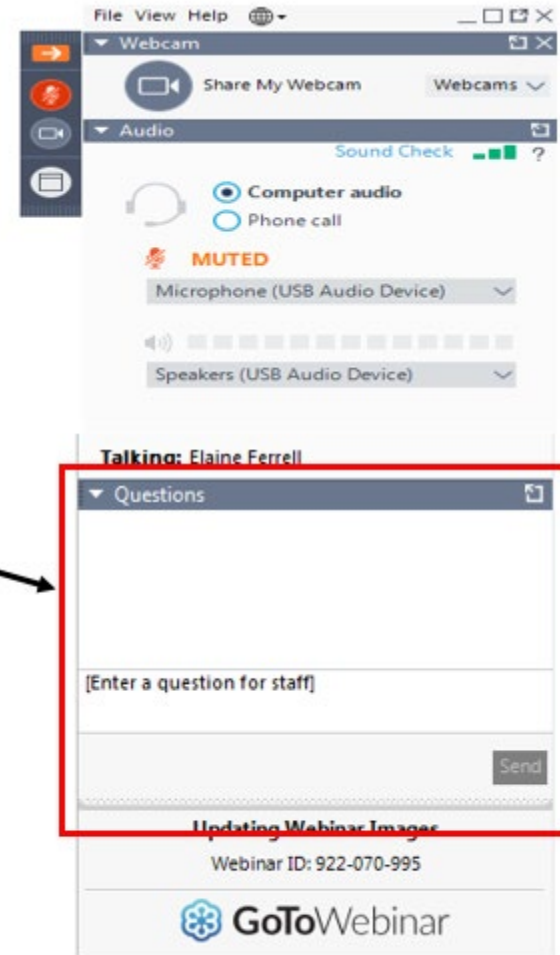
# Learning Objectives

At the end of this webinar, you will be able to:

- Identify highway noise reduction strategies other than traditional noise barriers
- Evaluate available strategies for inclusion in highway projects
- Improve implementation of noise-reducing strategies and related highway traffic noise predictions

# Questions and Answers

- Please type your questions into your webinar control panel
- We will read your questions out loud, and answer as many as time allows



# Today's presenters



Karel Cubick  
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*ms consultants, inc.*

Judy Rochat  
[jrochat@csacoustics.com](mailto:jrochat@csacoustics.com)  
*Cross-Spectrum Acoustics*



TRB Webinar March 2, 2023:

## Strategies to Reduce Highway Traffic Noise

Judy Rochat, Ph.D.

Cross-Spectrum Acoustics

Karel Cubick

ms consultants





## Webinar Learning Objectives

1. Identify highway noise reduction strategies other than traditional noise barriers.
2. Apply flowcharts to help evaluate strategies for inclusion in highway projects.
3. Improve implementation of noise-reducing strategies and related highway traffic noise predictions.





## Webinar Content Based on NCHRP Project 25-57

- NCHRP Project 25-57, Report 984: *Breaking Barriers: Alternative Approaches to Avoiding and Reducing Highway Traffic Noise Impacts*
- NCHRP staff: Ann M. Hartell and Jarrel McAfee
- Transportation Research Board (TRB) liaison: Christine Gerencher
- Panel
  - Chair Adam Alexander
  - American Association of State Highway Transportation Officials (AASHTO) Monitor Noel Alcala, P.E.
  - Members Patrick Gant, P.E., John Hencken, Mary Dickens Pair, P.E., Kenneth Polcak, and Peter Wasko
- Special mentions
  - 50+ individuals who participated in the literature review survey and interviews and provided documents and data, including those from AASHTO and TRB
  - Dr. Ysbrand Wijnant and Bart Willems from the University of Twente and 4Silence, for providing valuable noise predictions for barrier diffractor tops

# NCHRP Project 25-57 Research Team

## Cross-Spectrum Acoustics

Judy Rochat, Ph.D., Principal Investigator

Herb Singleton, P.E., Project Administrator

Doug Barrett

Shannon McKenna, P.E.

Keith Yoerg, P.E.

## ms consultants

Karel Cubick

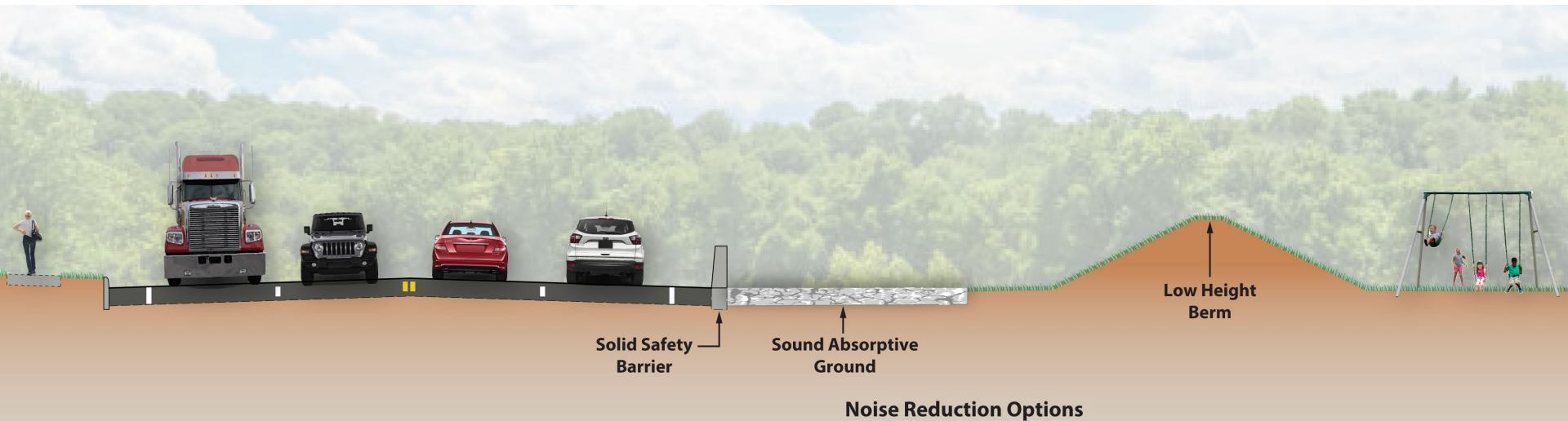
Lisa Samples, Ph.D., P.E.

Sean Riffle, P.E.

## The Transtec Group

Rob Rasmussen, Ph.D., P.E.

Richard Sohaney




# Outline

- Motivation and objectives
- Research approach
- Findings by strategy category
- Application of findings
- Conclusions

# Motivation and Objectives



## NCHRP 25-57 Motivation

- Highway traffic noise can adversely affect adjacent communities
  - Noise barriers are effective but cannot always be constructed in accordance with State policies
  - A broader examination of modern noise reduction strategies could allow States to more effectively improve the noise environment
- 

# NCHRP 25-57 Objectives

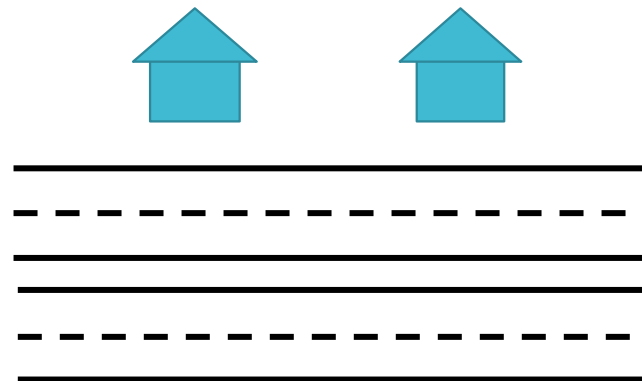
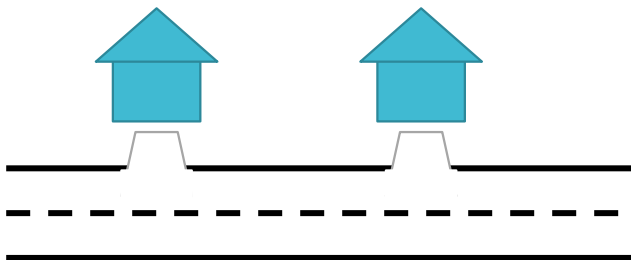
- Key objective: develop a resource detailing innovative approaches beyond the use of noise barriers to avoid and minimize highway traffic noise and address noise complaints

- Resource to provide:
  - Ranges of noise reduction benefits
  - Cost factors

Decrease	Perception
3 dB	Barely perceptible
5 dB	Readily perceptible
10 dB	Half as loud

\$   \$\$   \$\$\$   \$\$\$\$   \$\$\$\$\$

- Context-appropriateness for design choices and management strategies that may be adopted for other reasons, but that provide noise reduction co-benefits, as well as those adopted specifically to address noise



# Research Approach

# Literature and Data Review

- 14 primary strategies were examined and summarized in terms of noise reductions, cost, and context appropriateness
- Over 170 references were reviewed
  - National and international references
  - Published research and practice reports, papers, and policies
- Examination supplemented by survey with AASHTO and TRB noise professional respondents
  - Provided additional references and information
- Brief TNM analysis completed for for some strategies

## Survey for NCHRP 25-57, Alternative approaches to reduce highway traffic noise

Have you or your colleagues ever used or considered any of the following strategies to reduce highway traffic noise (or that you determined inadvertently reduced highway traffic noise)? Indicate "Yes," "No," or "Unsure" for each strategy, and if "Yes," please provide corresponding contact information for further investigation (this information is for the investigators to follow up, as appropriate, and will not be released). If you have used or considered a noise-reducing strategy that you do not see as part of this survey, other than noise barriers, please specify (at the end of this survey). Thank you for participation!

If you have any questions, please contact Judy Rochat: [jrochat@csacoustics.com](mailto:jrochat@csacoustics.com), 310-544-1999  
Project link: <https://apps.trb.org/cmsfeed/TRBNetProjectDisplay.asp?ProjectID=4587>

\* Required

1. Name \*



Noise-Reducing Strategy Category	Strategy
On-road design choices	Quieter bridge decks and joints
	Quieter rumble strip design
	Quieter pavements for travel lanes and/or shoulders
Highway design choices	Horizontal and vertical alignment
	Solid safety barriers in lieu of guardrail
	Separation zones between vehicle travel lanes and side paths for nonmotorized users
Right-of-way design choices	Low berms
	Vegetated screens
	Vegetated swales and retention basins
	Sound-absorbing ground surface and ground treatment adjacent to the highway
	Solar panels
Operations management strategies	Speed or truck restrictions
Implementations by receptors or local governments	Approaches that can be implemented by subdivision developers, homeowner associations, special districts, or local governments
Sound absorptive treatment	Sound absorptive treatment on retaining walls, bridge understructures, or other surfaces

Noise-Reducing Strategy Category	Strategy	
On-road design choices	Quieter bridge decks and joints	
	Quieter rumble strip design	
	Quieter pavements for travel lanes and/or shoulders	
Highway design choices	Horizontal and vertical alignment	
	Solid safety barriers in lieu of guardrail	Supplement with road elevation and diffractor top
Right-of-way design choices	Separation zones between vehicle travel lanes and side paths for nonmotorized users	
	Low berms	Supplement with road depression and soft ground on berm
	Vegetated screens	
	Vegetated swales and retention basins	
	Sound-absorbing ground surface and ground	Supplement with quieter pavement
	Solar panels	
Operations management strategies	Speed or truck restrictions	
Implementations by receptors or local governments	Approaches that can be implemented by subdivision developers, homeowner associations, special districts, or local governments	
Sound absorptive treatment	Sound absorptive treatment on retaining walls, bridge understructures, or other surfaces	

Selected for further investigation





## Further Investigations

- Used FHWA Traffic Noise Model (TNM) v3.0 to predict noise reduction with varying parameters
- 8 roadway base cases
  - 2- and 4-lane narrow and wide streets
  - 4- and 8-lane narrow and wide freeways/highway
- Default ground acoustically hard (hard soil) and soft (lawn)
- 0, 5, and 15% heavy trucks
- Receivers
  - Distances every 25 ft, out to 1000 ft (from center of near travel lane)
  - Heights 5 and 15 ft

# Findings



## On-Road Design Choices

Quieter bridge decks and joints

Quieter rumble strip design

Quieter pavements for travel lanes and/or shoulders

# On-road design choices – quieter bridges, rumble strips, and pavements

Strategy	Noise Benefit	Costs (\$-\$\$\$\$\$)	Context Appropriateness
Quieter bridge decks	5-10 dB compared to conventional bridge decks (near source)	\$\$- \$\$\$	Bridges or other structures
Quieter bridge joints	6-9 dB compared to conventional bridge joints (near source)	\$\$\$- \$\$\$\$	Bridges or other structures with expansion joints, particularly designed seismic activity
Quieter rumble strips	3-7 dB compared to conventional rumble strips (near source)	\$- \$\$\$	Outside edges of travel lanes or centerline of undivided roadway
Quieter pavements	Up to 7 dB reduction for diamond grinding Up to 9 dB reduction for open-graded/rubberized Up to 6 dB reduction for thin bonded asphalt	\$\$- \$\$\$\$	All pavement surfaces

5-10 dB compared to conventional bridge decks  
(near source)

# Quieter bridge decks

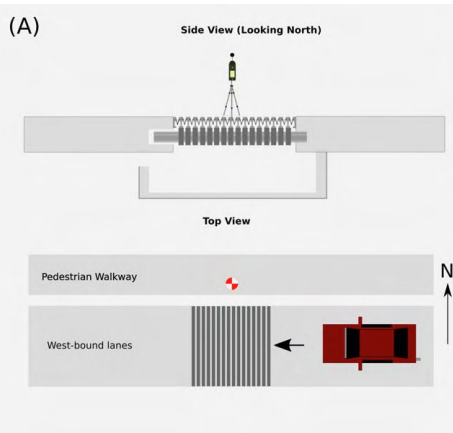
- Quieter applications
  - Polyester overlay
  - Diamond grinding
- Reduce texture depth
- Improve texture uniformity
- Create “negative” texture that reduces tire tread block vibrations
- Result is reduced tire-pavement noise



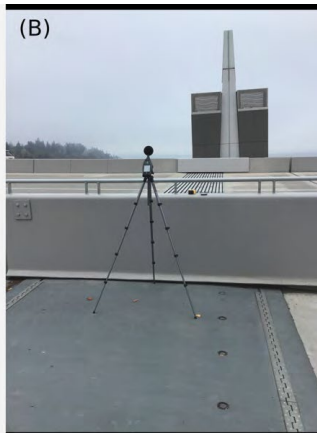
6-9 dB compared to conventional bridge joints  
(near source)

# Quieter bridge joints

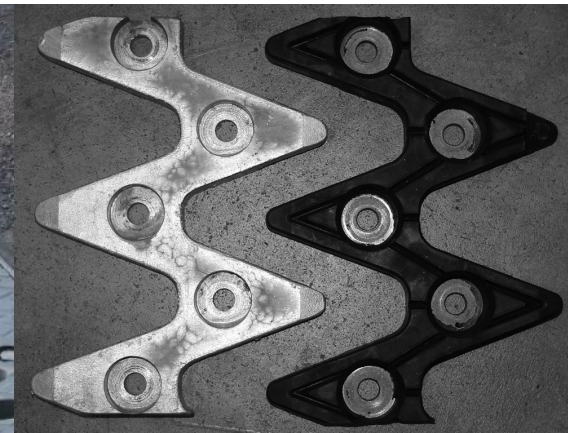
- Quieter applications
  - Patterned joint cover plates; examples: finger joints, sinusoidal shapes
  - Eliminate undesirable “zipper” sound commonly associated with large expansion joints



Washington DOT (2019)



Example: Tensa® FINGER cantilever



Glaesser, et al., NCEJ, Vol. 60, No. 2 (2012)



## Noise Benefit

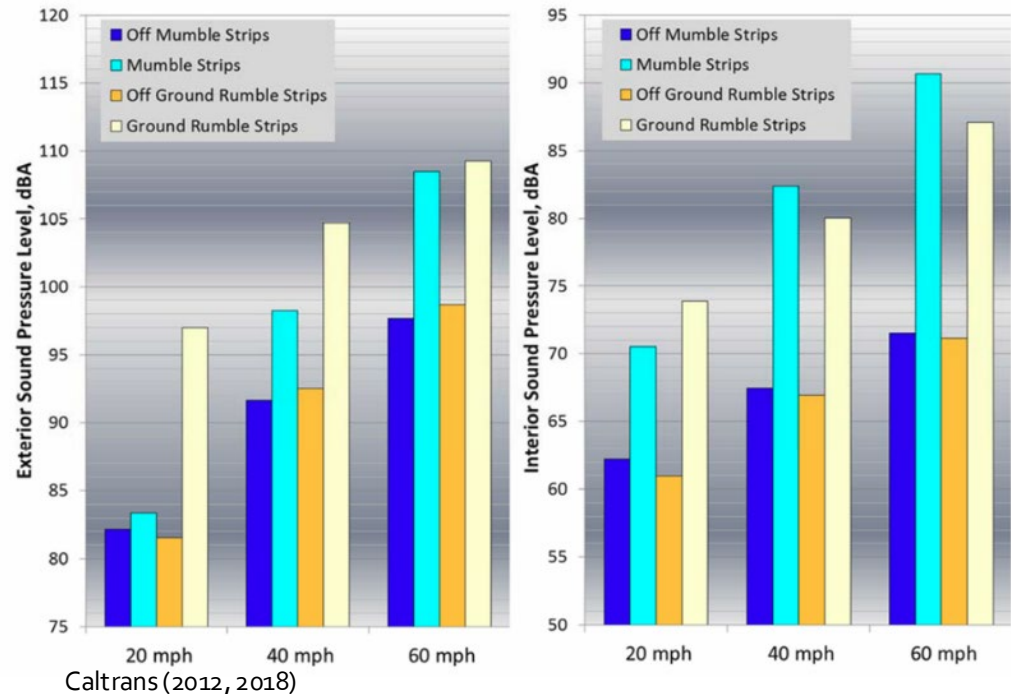
3-7 dB compared to conventional rumble strips  
(near source)

# Quieter rumble strips

- Quieter rumble strips
  - Unique patterns to reduce impact energy
  - Rumble “wave” using a sinusoid pattern, optimized for occupant safety while reducing exterior noise level
  - Can be installed using conventional equipment with minor modifications



Minnesota DOT (2015)



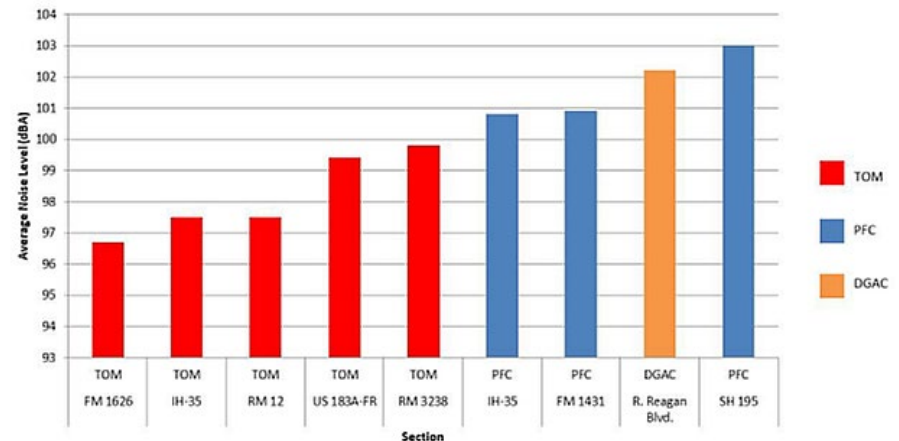
# Quieter pavement

- Quieter pavement
  - Diamond grinding
  - Open-graded or rubberized asphalt
  - Thin bonded asphalt layers
- Reduce texture depth
- Improve texture uniformity
- Create “negative” texture that reduces tire tread block vibrations
- For some alternatives, increase acoustical absorption
- Additional benefit from absorptive treatments of pavements on shoulders



### Noise Benefit

- Up to 7 dB reduction for diamond grinding
- Up to 9 dB reduction for open-graded/rubberized
- Up to 6 dB reduction for thin bonded asphalt





## Highway Design Choices

Horizontal and vertical alignment

Solid safety barriers in lieu of guardrail

Separation zones

# Horizontal and vertical alignment

Strategy	Noise Benefit	Costs (\$-\$-\$-\$-\$)	Context Appropriateness
Horizontal alignment shift	< 1 dB to 10+ dB depending on extent of shift, site topography, and vehicle types	\$\$\$\$-\$ \$\$\$\$\$	Highways or local roadways with vacant land opposite the sensitive sites
Vertical alignment shift	< 1 dB to 10+ dB depending on extent of shift, site topography, and vehicle types	\$\$\$\$-\$ \$\$\$\$\$	Highways or local roadways where right-of-way is sufficient

Acceptable abatement measures per 23 CFR 772.15

# Horizontal alignment shift

- Moving the roadway away from noise sensitive sites
- Very expensive and frequently discounted
- Concept overlaps with analysis of alternative alignments intended to avoid utility conflicts, reduce construction cost, or minimize right-of-way impacts
- TNM v2.5 evaluation for arterial street project with minor impacts
  - Roadway shifted 15.2 m (50 ft) away from 1st row receivers: no noise impact (about 2 dB reduction)
  - ROW and construction cost for shifting 533 m (1,750 ft) of roadway 15.2 m (50 ft) laterally exceeds \$2,350,000



## Vertical alignment shift

- Raising or lowering the roadway relative to the noise sensitive site
- May be less expensive than horizontal shift, but still frequently discounted
- 1997 Texas report showed that depressed freeway sections provide the greatest reduction in noise
- TNM v2.5 evaluation for arterial street project with minor impacts
  - Roadway lowered 0.6 m (2 ft) = no noise impact (2 dB reduction)
  - Excavation cost for 457 linear m (1,500 linear ft) of roadway was \$101,655
  - No additional right-of-way required for this project
  - Sight distance, drive adjustments, drainage, utility conflicts, not evaluated

# Solid safety barriers in lieu of guardrail

Strategy	Noise Benefit	Costs (\$-\$-\$-\$-\$-\$)	Context Appropriateness
Solid safety barrier in lieu of guardrail freeway	<p>Preliminary: 0.4 dB to 2.6 dB depending on distance to receiver and site topography</p> <p>Further investigations: at 100 ft, 5-7 dB reduction, up to 8 dB with road slightly elevated (assumes tall freeway/highway safety barrier, 6.8 ft)</p>	\$-\$	Limited-access highways if state standards allow
Solid safety barrier in lieu of guardrail arterial	<p>Preliminary: 2.0 dB to 6.6 dB depending on distance to receiver and site topography</p> <p>Further investigations: at 100 ft, 3-4 dB reduction, up to 6 dB with road slightly elevated (assumes tall street/arterial safety barrier, 4.8 ft)</p>	\$-\$	State or local roadways if state or local standards allow

# Solid safety barriers in lieu of guardrail

- A safety barrier (guardrail or concrete barrier) shields motorists from structures/steep slopes
  - Considerations for installation of solid safety barrier: the need to maintain access to adjacent properties, the potential for it to be considered a roadside crash hazard



- Further investigations

Parameter	Values/descriptions
Safety barrier height	3.5 ft and 4.8 ft for city streets; 4.8 ft and 6.8 ft for freeways
Roadway elevation	At grade and elevated 1, 2, and 3-ft
Diffraction	Safety barrier with and without diffraction



# Solid safety barriers in lieu of guardrail

- Noise reduction for same height barrier generally greater for streets
  - Freeways allow for taller safety barrier, however, so can achieve greater reduction
- Noise reduction – further investigations
  - Best for: tallest barriers (4.8 ft for streets, 6.8 ft for freeways), narrow roadways, hard ground sites (e.g., pavement, packed dirt), lower % heavy trucks
  - Enhanced with small road elevation (+1-2 dB)
  - Receiver height/distance dependent

Reduction as a function of distance (ft)

## Noise Benefit

### Freeway

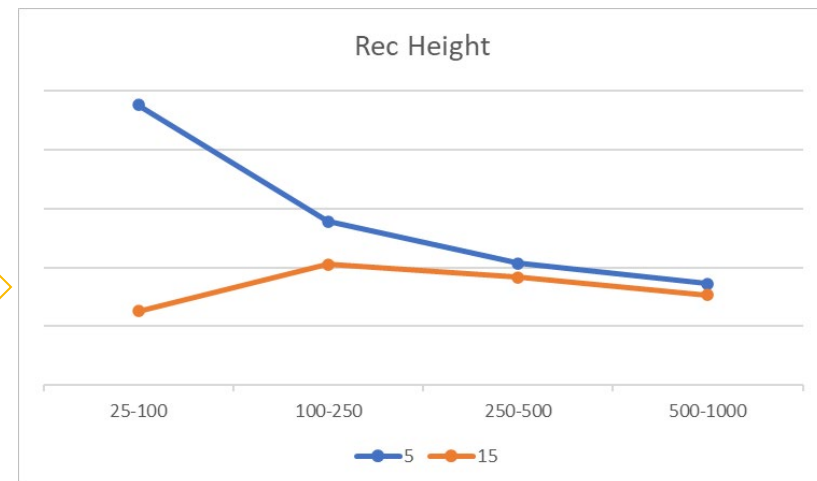
Preliminary: 0.4 dB to 2.6 dB depending on distance to receiver and site topography

Further investigations: at 100 ft, 5-7 dB reduction, up to 8 dB with road slightly elevated (assumes tall freeway/highway safety barrier, 6.8 ft)

### Street

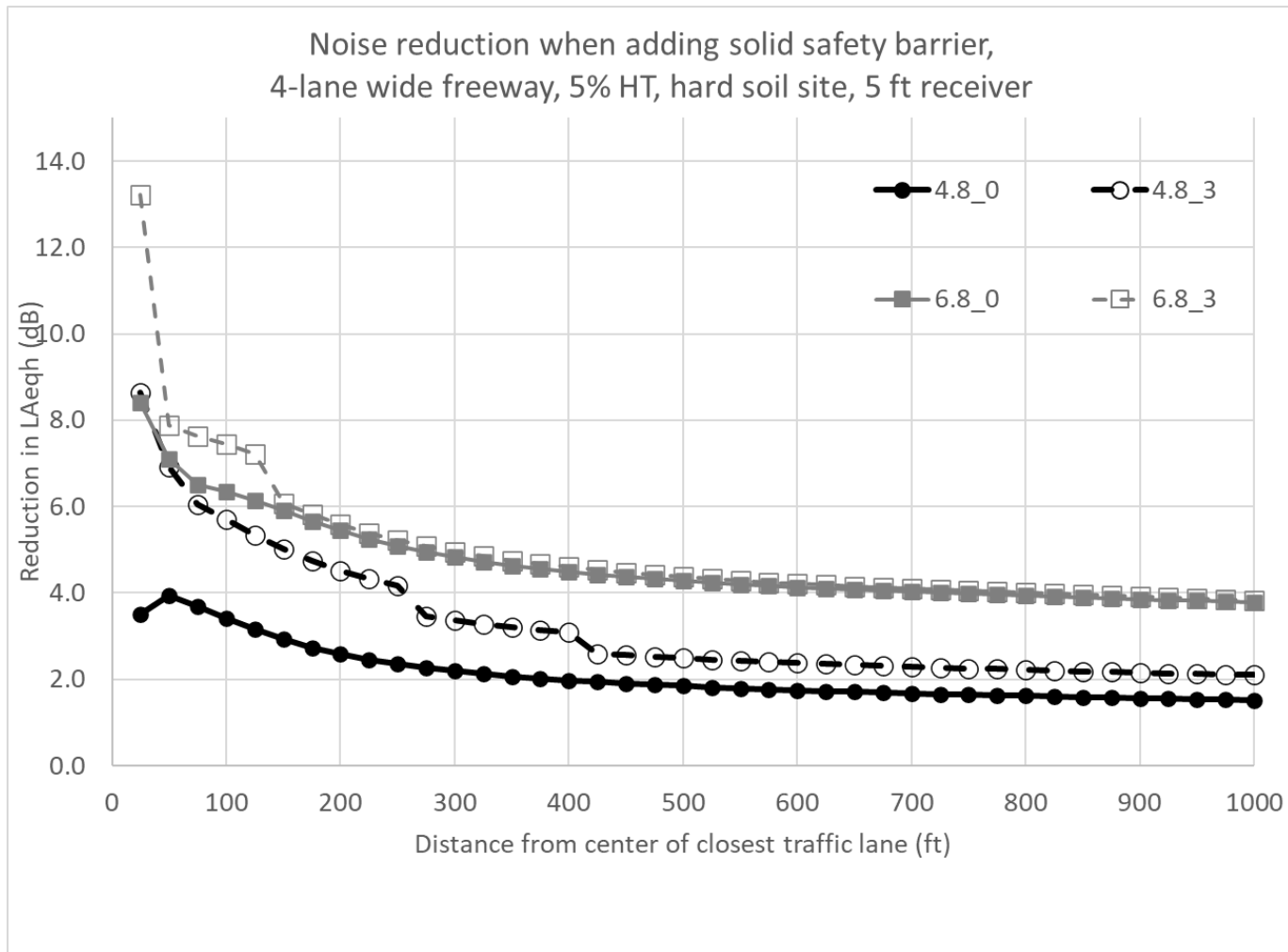
Preliminary: 2.0 dB to 6.6 dB depending on distance to receiver and site topography

Further investigations: at 100 ft, 3-4 dB reduction, up to 6 dB with road slightly elevated (assumes tall street/arterial safety barrier, 4.8 ft)



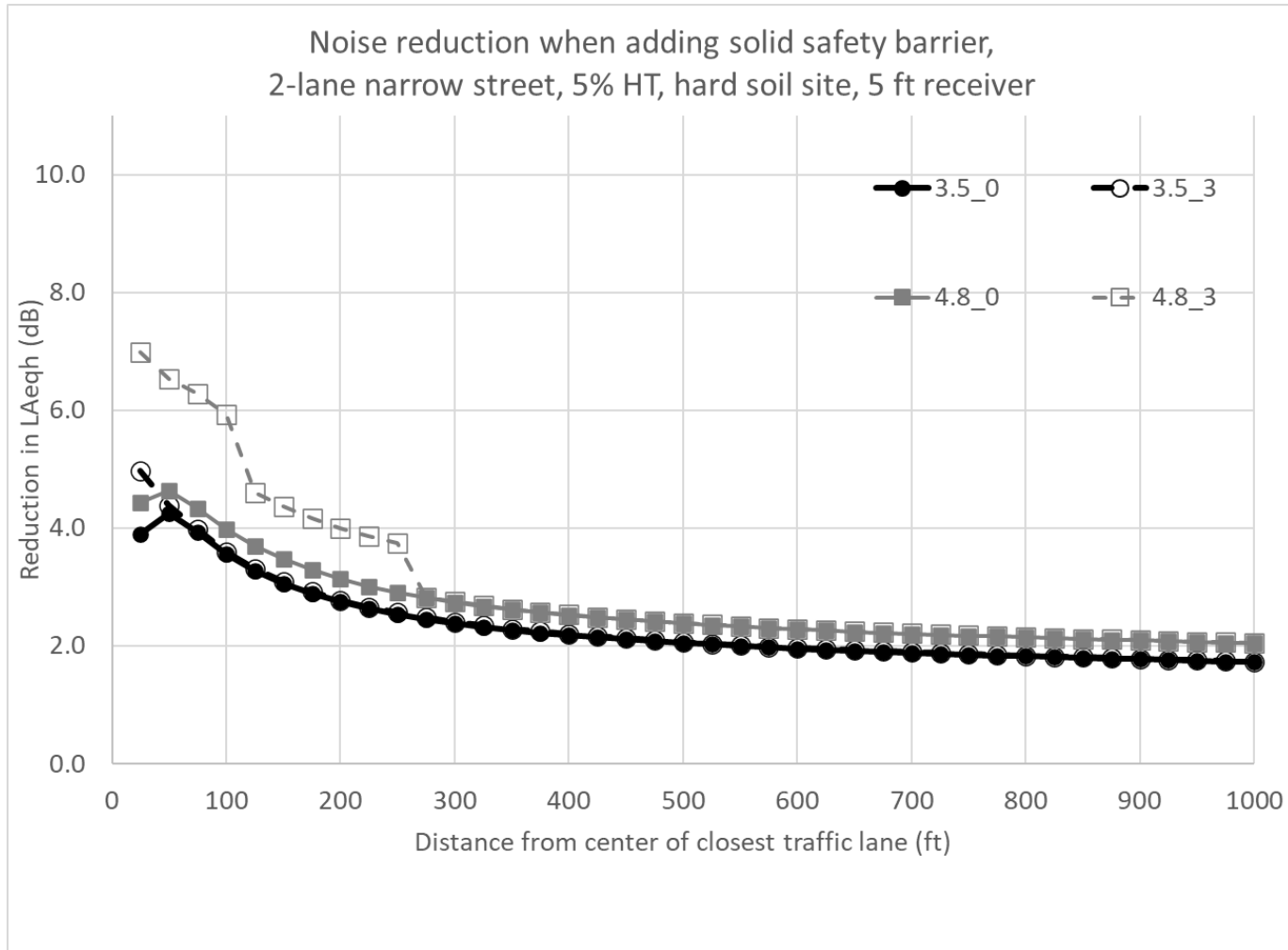
# Solid safety barrier – freeway/highway

- Example with 4.8 and 6.8 ft barriers, at grade and road elevated 3 ft



# Solid safety barrier – street/arterial

- Example with 3.5 and 4.8 ft barriers, at grade and road elevated 3 ft

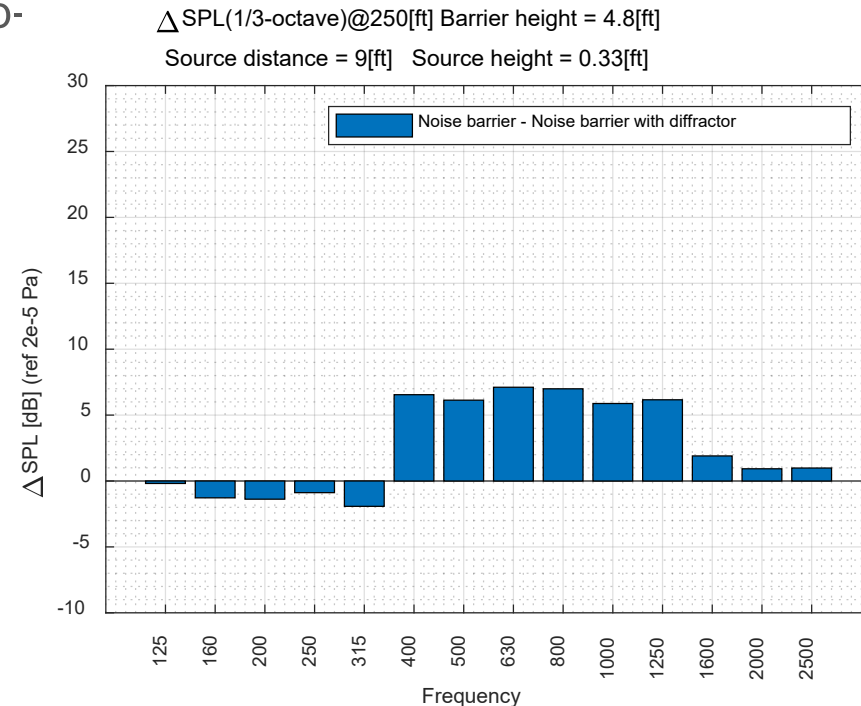


# Solid safety barrier – diffractor top

- Diffractor top enhances noise reduction
  - Estimated 3 dB broadband increase (noise reduction increase = decrease in sound level)
- Substantial reduction at frequencies important to highway traffic noise, 500-1600 Hz
  - Could be tuned for lower frequencies
- Must be tested for safety in the U.S.



©4Silence, WHIStop diffractor



# Separation zones between vehicle travel lanes and side paths for non-motorized vehicles

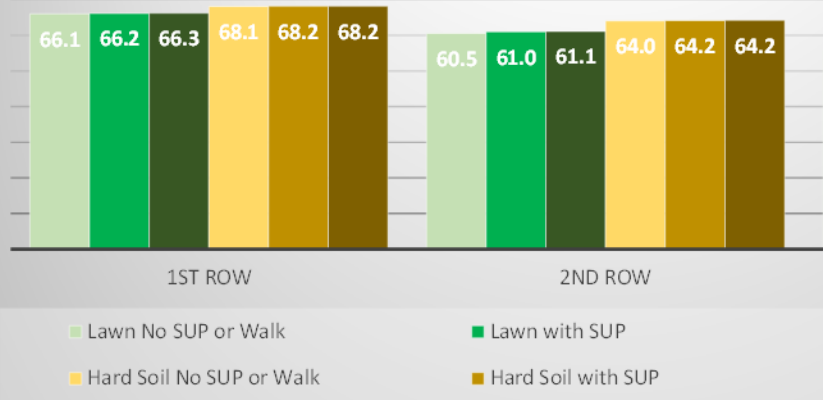
Strategy	Noise Benefit	Costs (\$-\$\$\$\$\$)	Context Appropriateness
Separation zone between roadway and side path in TNM (different from default ground type)	Up to 0.3 dB minimal noise reduction	\$	Roadways with sidewalks or shared-use paths
Separation zone between roadway and side path in TNM (similar to default ground type)	0.1 dB or 0.2 dB only a slight difference.	\$	Roadways with sidewalks or shared-use paths

- separation zones between travel lanes and sidewalks, bike trails, shared-use paths has not been frequently considered
- increase model accuracy 1.2 dB to 1.6 dB if separation zone different from default ground type (hard soil or pavement compared to lawn)

# Separation zones between vehicle travel lanes and side paths for non-motorized vehicles

- TNM v2.5 evaluation for a previously completed project
- Added a sidewalk or shared-use path and separations zones
- Very little noise reduction regardless of separation zone ground type

**Average Noise Levels  
without Separation Zone**



**Average Noise Levels  
with 10' Path & 10' Separation Zone**





## Right-of-Way Design Choices

Low-height noise berms

Vegetated screens

Vegetated swales and retention  
basins

Sound-absorbing ground surfaces  
and ground treatments

Solar panels

# Low-height noise berms

Strategy	Noise Benefit	Costs (\$-\$\$\$\$\$)	Context Appropriateness
Standard low-height berms (up to 1.8 m or 6 ft)	<p>2-10 dB (greatest when receivers below road elevation)</p> <p>Further investigations: at 100 ft, 4-7 dB reduction for a 6 ft berm, up to 9 dB with road slightly depressed</p>	\$-\$\$\$	Space in ROW
Engineered low-height berms with steeper slopes	<p>Could increase noise reduction by moving peak closer to road</p> <p>Unusually shaped provide no additional benefit</p>	\$\$-\$\$\$\$	Space in ROW (requires less than standard berm)
Low-height berms with absorptive ground	Could increase reduction by up to 5 dB	Geo-graphically dependent	Space in ROW, likely requires maintenance



# Low-height berms

- Noise barriers constructed from natural earthen materials in an unsupported condition
  - Can be low-cost (using surplus materials) and low-maintenance

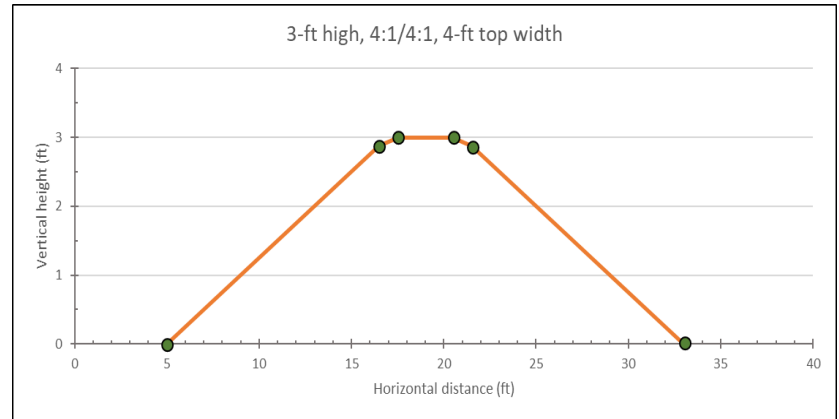


- Further investigations

Parameter	Values/descriptions
Berm height	3, 4-5, and 6 ft
Berm shape	Slopes 2:1 and 4:1; Slopes 2:1 and 4:1 mixed with 6:1 on traffic side; and Slopes 2:1 and 4:1 mixed with retaining wall on traffic side
Berm top width	2 ft and 4 ft
Berm placement	In ROW and considering berm footprints: "near" (close to road) and "far" (at ROW line)
Roadway depression	At grade and depressed 1, 2, and 3 ft

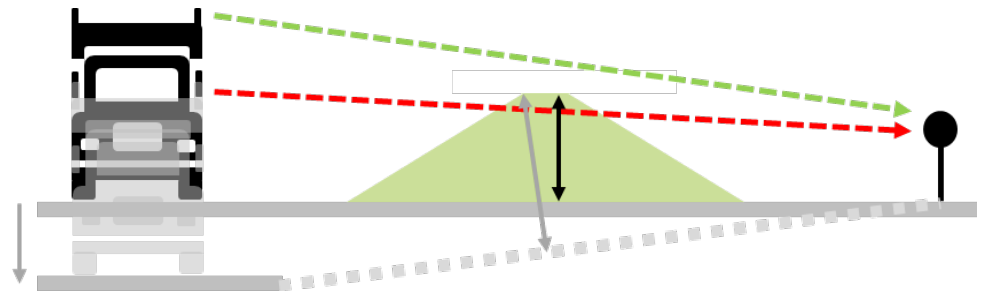
# Other parameters

Modeled berm with rounded edges following FHWA guidance



Depressed the road to achieve additional noise reduction

- 1, 2, 3 feet
- Increases effective height of berm



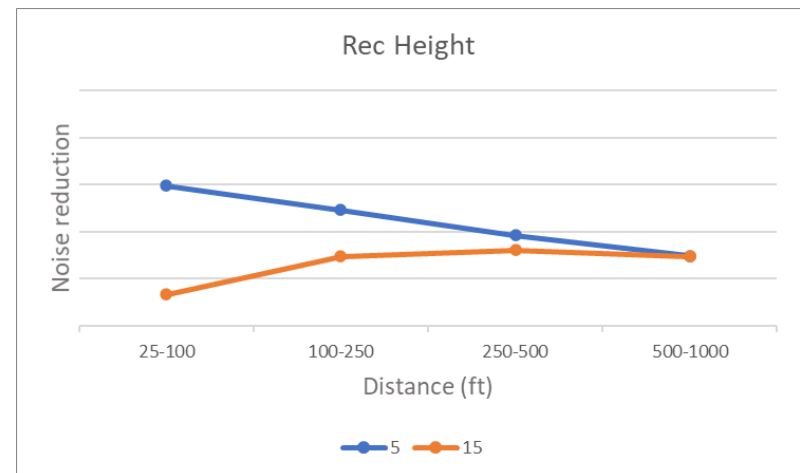
# Standard low-height berms

## Noise Benefit

2-10 dB (greatest when receivers below road elevation)

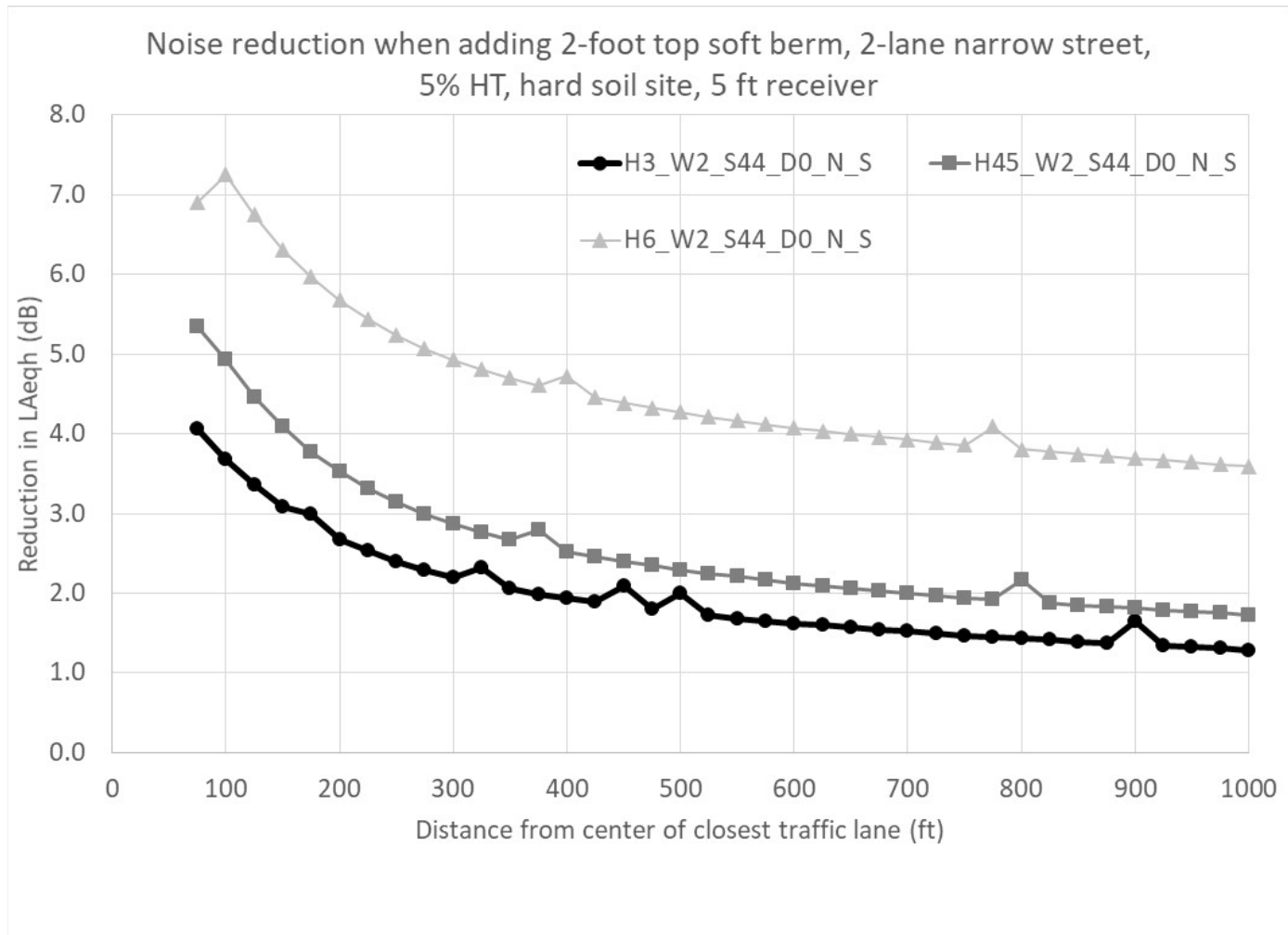
Further investigations: at 100 ft, 4-7 dB reduction for a 6 ft berm, up to 9 dB with road slightly depressed

- Noise reduction – further investigations
  - Best for: tallest berm (6 ft), narrow roadways, hard ground sites (e.g., pavement, packed dirt), lower % heavy trucks
  - Enhanced with small road depression (+2 dB); also with absorptive surface if site is generally hard ground (+2 dB)
  - Berm shape (slope, top width, engineered with retaining wall to move closer to traffic: up to 2 dB influence)
  - Receiver height/distance dependent



# Low-height berms – noise reduction over distance

- Example with berm heights 3, 4.5, and 6 ft, 4:1 slope, 2 ft top width, soft berm, at grade



# Vegetated screens

Strategy	Noise Benefit	Costs (\$-\$\$\$\$)	Context Appropriateness
Wide vegetation belts (> 20 m or 65 ft)	Measured 3-9 dB; up to 10 dB predicted with optimized planting	\$-\$\$\$	Space in ROW; areas that can support vegetation
Moderate-to-low thickness vegetation (< 20 m or 65 ft)	Measured 1-3 dB; up to 6 dB predicted with optimized planting	\$-\$\$	Space in ROW; areas that need minor noise reduction and can support vegetation
Vegetation to improve adverse sound propagation effects	Reduce negative downwind effects; reduce likelihood of temperature inversion	\$\$	Sites with a wall noise barrier; sites that can support vegetation
Vegetation to improve perception	None, but subjective reports of decrease in annoyance	\$	Areas that do not qualify for noise abatement, but report traffic noise annoyance

## Noise Benefit

Wide belts (> 20 m or 65 ft): measured 3-9 dB; up to 10 dB predicted with optimized planting

Low-to-moderate thickness (< 20 m or 65 ft): measured 1-3 dB; up to 6 dB predicted with optimized planting

# Vegetated screens

- Optimized planting
  - Tree-spacing as close as possible (< 3 m or 10 ft)
  - Pseudo-random spacing
  - Tree stem diameter > 0.11 m (4 in)
  - Height of tree canopy affects reduction (too high and sound goes under)
  - Canopy shape affects reduction
    - Triangular may be ideal behind barriers to reduce adverse downwind effects
    - Start of canopy below, at, or above the top of wall affects distance where reduction is seen
- Undergrowth important to noise reduction
  - Wide belts with trees too dense may limit growth
- Shrubs may be effective with low source and receiver heights
- Vegetation may have a calming effect and reduce annoyance

# Vegetated swales and retention basins

Strategy	Noise Benefit	Costs (\$-\$\$\$\$\$)	Context Appropriateness
Vegetated bio-filter basin	<p>&lt; 1 dB for multi-lane highway</p> <p>1-2 dB for 2-lane road (most reduction farther from road, &gt; 91 m or 300 ft)</p>	\$	Highways/roads where swale/basin is needed

- Constructed to reduce or store storm water run-off
- A vegetated biofilter consists of a grassed portion of the graded shoulder, grassed foreslope, and flat grassed ditch



# Sound-absorbing ground surfaces and ground treatments adjacent to a highway

Strategy	Noise Benefit	Costs (\$-\$\$\$\$)	Context Appropriateness
Acoustically soft ground	<p>1-3 dB for traditional soft surfaces</p> <p>Up to 12 dB for highly absorptive surfaces, most reduction with placement close to source (narrow shoulder) and extending over half the distance to receiver</p> <p>Further investigations: at 100 ft, 4-5 dB reduction, up to 6 dB combined with quieter pavement</p>	\$-\$\$\$	Space in median and ROW
In-ground treatments	2-8 dB, most reduction for wider strip, lattice structure	\$\$\$	ROWS that can accommodate embedded structures close to travel lane (likely 2-lane road)
Above-ground treatments	3-11 dB, most reduction for wider strip, lattice structure	\$\$-\$\$\$\$	ROWS that can accommodate above-ground low structures close to travel lane (likely 2-lane road)



# Acoustically soft ground

- Soft ground examples: gravel (highly absorptive), forest floor, grass



Gravel



Shredded rubber mat



Forest floor



Sand



Field grass

- Further investigations

Parameter	Values/descriptions
Absorptive strip placement	Edge of shoulder with strip widths of 10, 20, and 50 ft
Absorption value	5,000; 10; and 1 cgs rayls [representing hard soil (for default ROW and for comparison to softer surfaces), gravel, and very highly absorptive gravel, respectively]
Roadway pavement	TNM Average and OGAC

# Acoustically soft ground

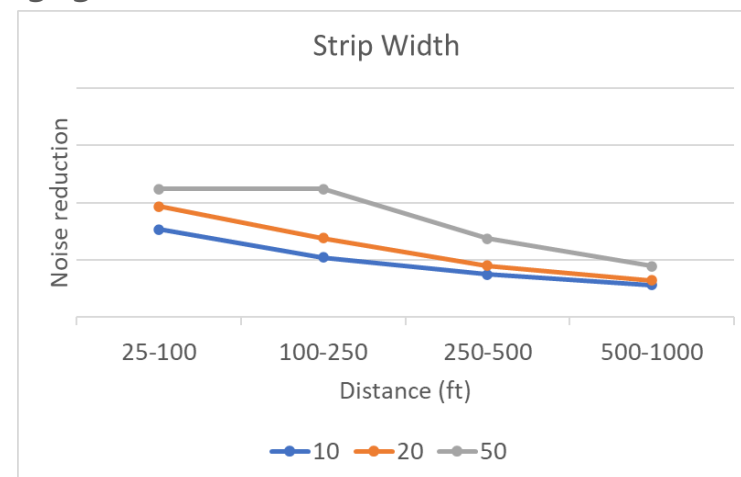
## Noise Benefit

1-3 dB for traditional soft surfaces

Up to 12 dB for highly absorptive surfaces, most reduction with placement close to source (narrow shoulder) and extending over half the distance to receiver

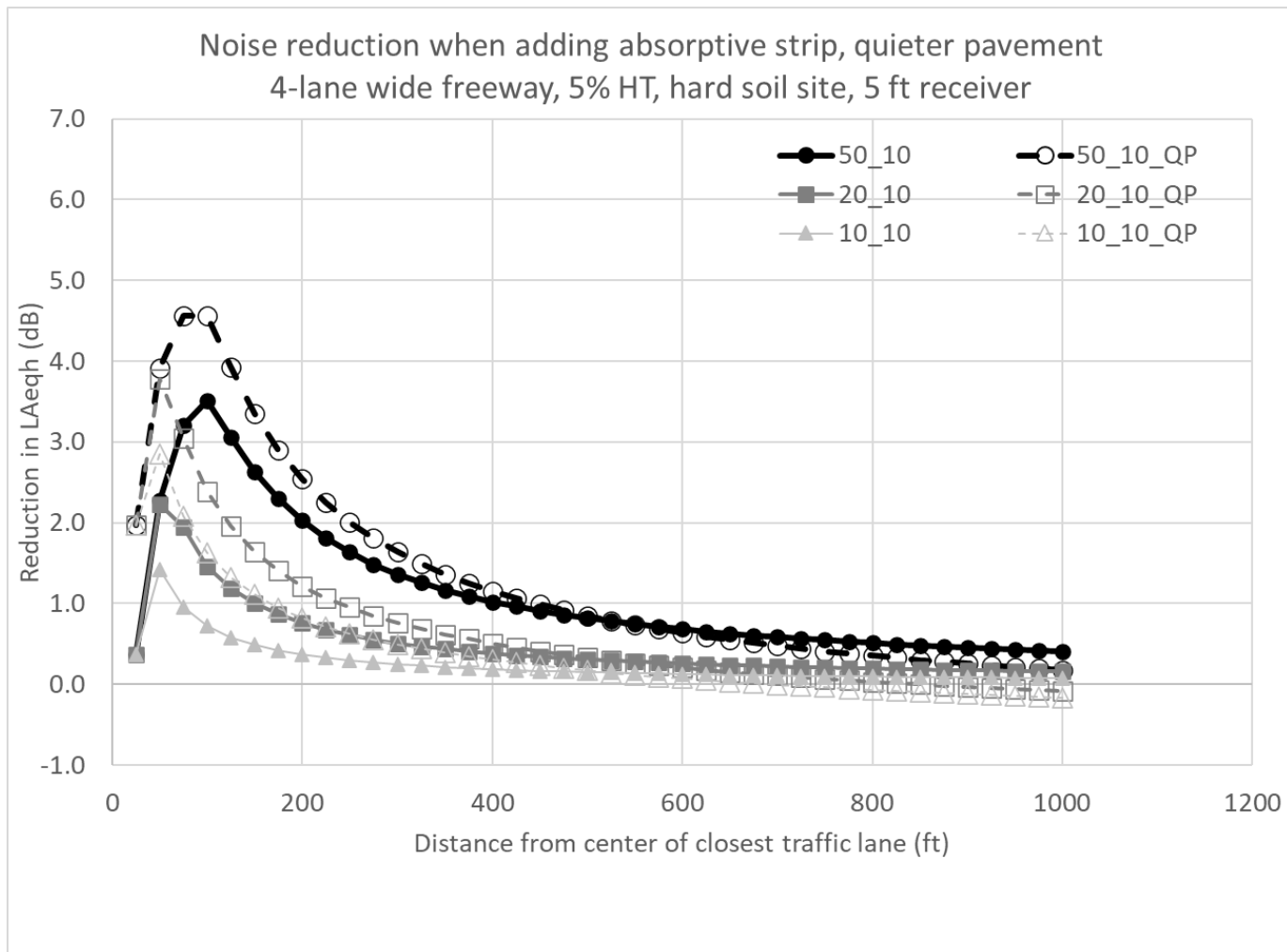
Further investigations: at 100 ft, 4-5 dB reduction, up to 6 dB combined with quieter pavement

- Noise reduction – further investigations
  - Best for: widest strip (50 ft), narrow roadways, hard ground sites (e.g., pavement, packed dirt), lower % heavy trucks
  - Enhanced with quieter pavement (+1-2 dB for TNM OGAC, more for quieter pavements)
  - Effects at acoustically soft ground sites < 1 dB
  - Differences between highly absorptive gravel (EFR 10 cgs rays) and very highly absorptive gravel (EFR 1 cgs rays) is negligible
  - Effect of strip widths is distance dependent



# Acoustically soft ground

- Example with strip widths 10, 20, and 50 ft; EFR 10 cgs rays; with and without quieter pavement



# Acoustically soft ground (ASG) – targeted investigations

- ASG and quieter pavement (QP) complementary noise reduction
  - At lower frequencies, reduction is controlled by ASG
  - At mid to higher frequencies, reduction is controlled by ASG and QP

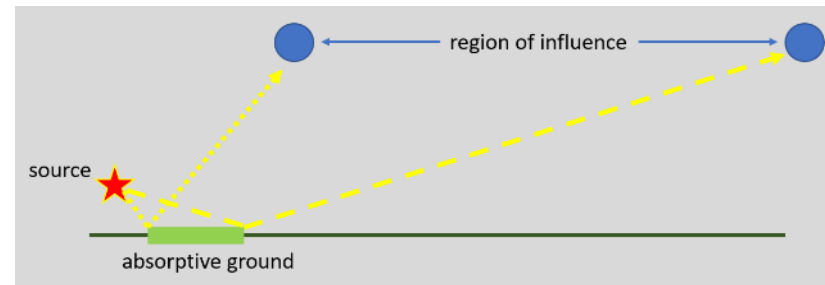
- Region of influence (ROI)

Wider strip = wider ROI

Higher noise source = ROI closer to road

Higher receiver = ROI farther from road

Road lane closer to strip = ROI closer to road



(cross section)

# In-ground treatments

- Grooves or pits add ground roughness to help reduce sound
- Structure types
  - Multiple parallel walls
  - Lattice structure
  - Resonators (can be tuned to reduce specific frequency, although only 2-3 dB reduction embedded in shoulder)
- Structure parameters investigated (walls, lattice)
  - 0.2-0.3 m (0.7-1 ft) deep
  - 1-24 m (3-79 ft) wide
  - 2.5 m (8 ft) from nearest source
- Less effective than raised structure, but may be preferred
  - May be above ground construction restrictions
  - Might be combined usefully with drainage arrangements

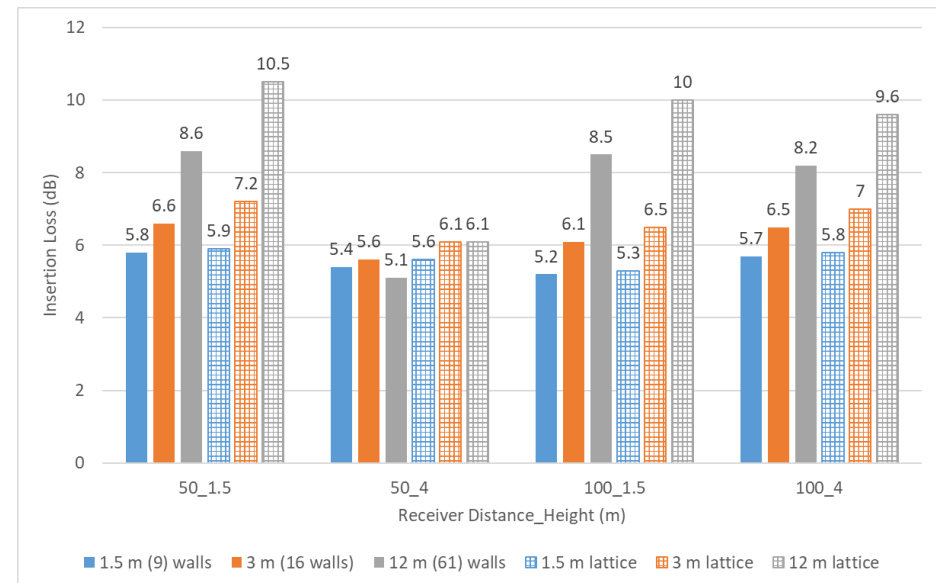


©4Silence, WHISstone lattice structure

3-11 dB, most reduction for wider strip, lattice structure

# Above-ground treatments

- Adds ground roughness to scatter and help reduce sound
- Structure types
  - Multiple parallel walls
  - Lattice structure
- Structure parameters investigated
  - 0.25-0.3 m (0.8-1 ft) height
  - 2-12 m (7-39 ft) wide
  - 2.5 m (8 ft) from nearest source



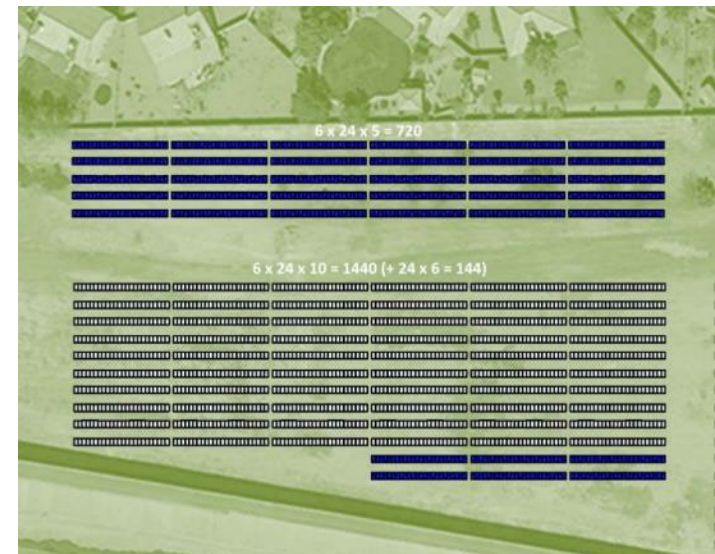
Data source: Attenborough (2016)

- Reduction depends on height, spacing, width, cross-sectional shape
  - Lattice configurations ½ width of parallel walls have comparable reduction
  - Effectiveness not affected by receiver height or distance
  - Gaps between walls/cells can be filled up to 30% by gravel, sand, soil, plants

# Solar panels

Strategy	Noise Benefit	Costs (\$-\$\$\$\$\$)	Context Appropriateness
Solar panels	If continuous panels assumed, then > 11 dB, however gaps between arrays and panel angles need to be considered	(\$-\$\$\$\$\$) Cost for purchase, installation, and maintenance of panels	Highways with ROW space

- Most effective:
  - Multi-row array
  - Minimal gaps horizontally and vertically



Arizona DOT (2019)



# Operations Management Strategies

Speed restrictions

Truck restrictions



# Speed and truck restrictions

Strategy	Noise Benefit	Costs (\$-\$\$\$\$\$)	Context Appropriateness
Speed restrictions	~2 dB with a mixed traffic reduction in speed of 16 km/h (10 mph)	\$-\$\$	Limited-access highways or local road networks
Truck restrictions	10 dB or more, vehicle max pass-by levels  1-6 dB overall noise ( $L_{Aeq}$ )	\$-\$\$	Most commonly implemented on local road networks; may be used on limited access roads

## Noise Benefit

~2 dB with a mixed traffic reduction in speed of 16 km/h (10 mph)

# Speed restrictions

- Based on TNM: for combined traffic, expect a 2 dB reduction ( $L_{Aeq}$ ) for a 16 km/h (10 mph) reduction in speed
- Danish Road Institute, 10% heavy trucks

Speed Reduction	Noise Benefit $L_{eq}$ (dBA)
110 to 100 km/h (68 to 62 mph)	0.7
100 to 90 km/h (62 to 56 mph)	0.7
90 to 80 km/h (56 to 50 mph)	1.3
80 to 70 km/h (50 to 43 mph)	1.7
70 to 60 km/h (43 to 37 mph)	1.8
60 to 50 km/h (37 to 31 mph)	2.1
50 to 40 km/h (31 to 25 mph)	1.4
40 to 30 km/h (25 to 19 mph)	0.0

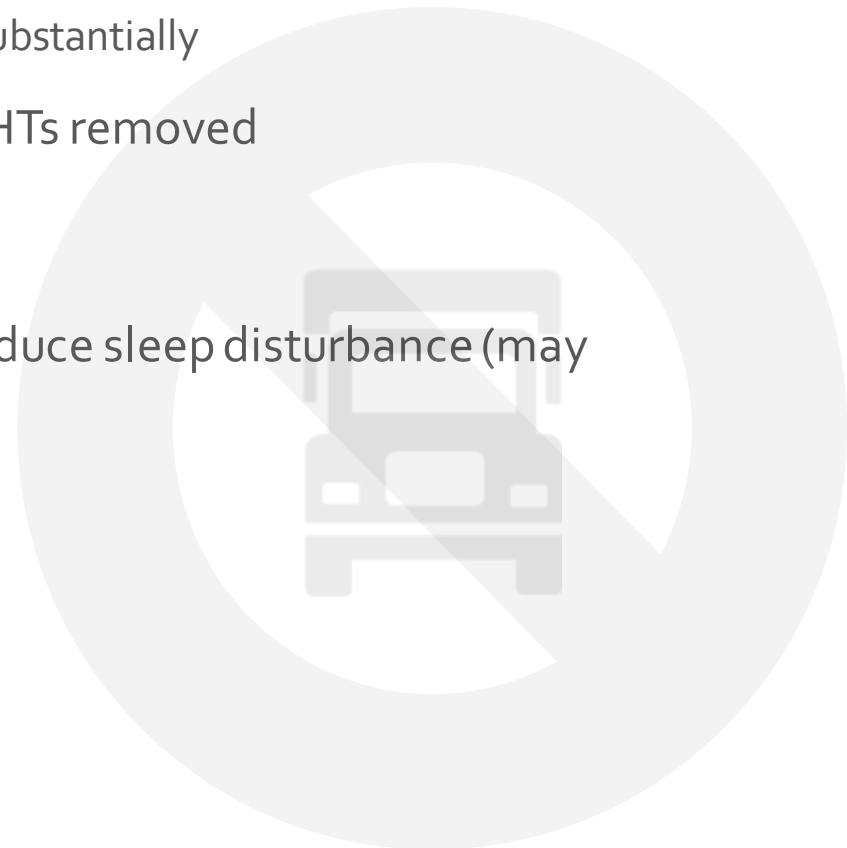
## Noise Benefit

10 dB or more, vehicle max pass-by levels

1-6 dB overall noise ( $L_{Aeq}$ )

# Truck restrictions

- TNM emission level differences between heavy trucks (HTs) and automobiles
  - HTs about 9-10 dB higher for highway speeds
  - HTs about 11-14 dB higher for local road speeds
  - Removing HTs reduces pass-by noise substantially
- TNM traffic noise predictions with 10% HTs removed
  - Reduces highway noise about 3 dB
  - Reduces local road noise about 6 dB
- Possible to apply to nighttime only to reduce sleep disturbance (may affect daytime traffic, though)





# Sound Absorptive Treatment on Structures

Retaining walls

Understructure of bridges

Tunnels

Other applications

# Sound absorptive treatment on structures

Strategy	Noise Benefit	Costs (\$-\$\$\$\$)	Context Appropriateness
Treatment on retaining walls	1-2 dB for opposite side reflections  Predicted up to 2.5 for parallel barriers and up to 4 dB for truck/barrier reflections	\$-\$\$\$	Where retaining walls can reflect noise to sensitive receptors
Treatment on bridge understructures	Measured up to 6 dB for highway and 11 dB in lab Predicted up to 4 dB for sound absorptive treatment	\$\$-\$\$\$\$	Elevated highway bridge structures or those over depressed highways where reflections can affect sensitive receptors
Treatment in tunnels	Measured 5-10 dB for sound absorptive treatment Predicted 4 dB for surface roughening	\$\$-\$\$\$\$	Highway tunnels where reflections can affect sensitive receptors
Other structure applications	Engineered products: Helmholtz resonators or metamaterials – can be tuned to optimize traffic noise reduction Considerations: curvature of a wall – avoid focusing sound; application to safety barriers Green wall systems on walls and rooftops can reduce reflections	--	Locations where structure surfaces can reflect noise

# Reflections and absorptive treatment

- Reflections of sound at a structure interface can increase noise at a receptor
  - Substantial increase if direct noise is shielded
- Sound absorptive treatment
  - Can benefit receptors on one or both sides of a roadway
  - Reduces magnitude of sound energy: as sound travels through the material, the sound waves change direction and follow a longer path, decreasing the energy
  - Example sound absorptive material, Noise Reduction Coefficient (NRC) values of 0.7 – 1

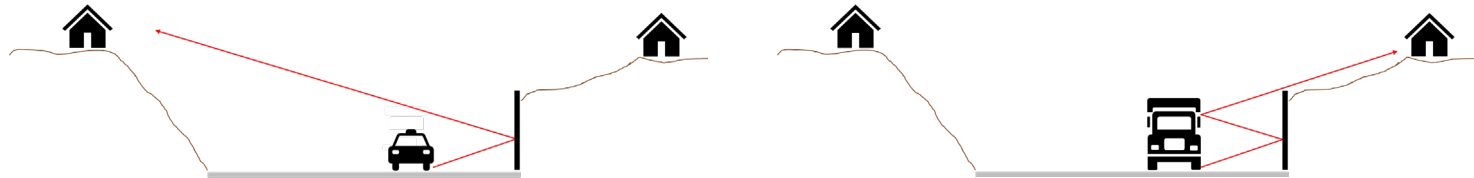


1-2 dB for opposite side reflections

Predicted up to 2.5 for parallel barriers and up to 4 dB for truck/barrier reflections

# Retaining walls

- Treatment helps with multiple or single reflections for depressed parallel walls or single wall



- TNM analysis showed parallel barrier analysis provided an accurate estimate of reflected noise and sound absorptive material
- Percent coverage and placement is dependent on site
- NCHRP study showed treatment can ...
  - Reduce reflected noise magnitude
  - Minimize elevation of background noise (L<sub>90</sub>, L<sub>99</sub>)
  - May reduce adverse sound wave interaction effects (comb-filtering effect)

## Noise Benefit

Measured up to 6 dB for highway and 11 dB in lab

Predicted up to 4 dB for sound absorptive treatment

# Understructure of bridges

- Sound absorptive treatment on bridge substructures most effective when direct line-of-site blocked



Image: ©2021 Google

- Steel bridge structure: low frequency vibration dampers can help reduce noise
- Depressed road: reflections from overpass best controlled by understructure treatment and sound absorptive pavement



# Tunnels

## Noise Benefit

Measured 5-10 dB for sound absorptive treatment

Predicted 4 dB for surface roughening

- Noise propagates out from tunnel opening
- Absorptive treatment effectiveness dependent on ...
  - Tunnel/receptor geometry
    - Angle to tunnel axis: greater angle + greater length of treatment = greater noise reduction (limit to reduction past 45 degrees)
  - Cross-section size of tunnel (minor effect)
  - Skewing the opening (minor effect)
  - Trumpet form opening (strong effect)
    - Directs sound in direction of tunnel axis, decreases other directions





## Implementations by Receptors or Local Governments

Site planning

Building design

Construction methods

# Implementations by Receptors or Local Governments

Strategy	Noise Benefit	Costs (\$-\$-\$-\$-\$)	Context Appropriateness
Site Planning	Up to 3 dB reduction when distance to roadway is doubled 10 dB+ reduction when non-sensitive buildings shield sensitive areas	\$ when considered early	New development
Building Design	Up to 13 dB reduction by placing the sensitive rooms farthest from the highway	\$ when considered early	New development or redevelopment
Construction Methods	Up to 35 dB interior reduction because of construction methods and materials	\$-\$-\$-\$-\$	New development or redevelopment

- Strategies are not directly implementable by State DOTs
- Property owners and land developers depend upon local government to provide guidance
- State DOTs may be asked to assist local government

## Guidance and references

- *The Audible Landscape: A Manual for Highway Noise and Land Noise and Land Use* (FHWA 1974)
- *Growing Neighborhoods in Growing Corridors: Land Use Planning for Highway Noise* (Montana DOT 2008)
- *Entering the Quiet Zone – Noise Compatible Land Use Planning* (Texas Southern University 2002)
- *Clark County Nevada Building Department*  
[http://clarkcounty-nv.elaws.us/code/coor\\_title22\\_ch22.22](http://clarkcounty-nv.elaws.us/code/coor_title22_ch22.22)

# Guidance and references

- Land uses:
  - Identify noise compatible land uses and noise sensitive land uses
    - Includes using noise contours to position these land uses
  - Place less noise-sensitive land uses next to highways including retail stores, warehouses, industrial operations, agriculture, and mining
- Site planning: reduce noise impacts by utilizing natural terrain, open space, and building placement to shield noise-sensitive areas
- Building design: consider highway noise when developing room layout, window placement, balcony, or open space
- Construction methods: consider noise transmission through walls, windows, doors, ceilings, and floors



FHWA Noise Compatible  
Land Use Planning

# Application of Findings



## Choosing a Strategy

- Process starts with consideration of context appropriateness, considering roadway configuration and other elements:
  - Noise source / path / receptor geometry
  - General site ground type
  - Other site-specific considerations
- Will there be limitations/advantages for strategies due to ...
  - The defined project area? (e.g., consider ROW width, water table, strategies that may already be included as part of design)
  - The general site parameters? (e.g., consider site ground type, % heavy trucks)
  - The receptor locations? (e.g., consider receptor elevation in relation to vehicle noise source elevations)
- Process continues with desired noise reduction and cost
  - Certain strategies may be eliminated, although combinations of strategies could be explored



# Practitioner's Handbook

- Procedural screening of alternate noise reduction strategies
- Four-step process
  1. Determine appropriate roadway type for your highway project
  2. Review Roadway Type vs Strategy Matrix to extract eligible strategies (includes relative costs)
  3. Read through overviews of eligible strategies to refine selection
  4. Use flowchart for each strategy of interest to determine the approximate maximum potential noise reduction
- Prior to recommending any strategy for implementation, practitioner must consider policy implications and conduct site specific investigations to more accurately predict noise reduction



# Roadway Type vs Strategy Matrix (Step 2)

	Relative Cost	2-lane narrow street	2-lane wide street	4-lane narrow street	4-lane wide street	4-lane narrow freeway/highway	4-lane wide freeway/highway	8-lane narrow freeway/highway	8-lane wide freeway/highway
<b>On-Road Design Strategies</b>									
Quieter Bridge Decks and Joints	\$\$-\$\$\$\$	****	****	****	****	****	****	****	****
Quieter Rumble Strip Design	\$-\$\$\$	****	****	****	****	****	****	****	****
Quieter Pavements	\$\$-\$\$\$\$	****	****	****	****	****	****	****	****
<b>Highway Design Strategies</b>									
Horizontal / Vertical Alignment	\$\$\$\$-\$\$\$\$\$	****	****	****	****	****	****	***	***
Solid Safety Barriers	\$\$	***	***	***	***	****	****	**	**
Separation Zones	\$	****	**	**	**	n/a	n/a	n/a	n/a
<b>Right-of-way Design Strategies</b>									
Low-Height Berms	\$-\$\$\$	****	****	****	****	****	****	****	****
Vegetated Screens	\$-\$\$\$	***	**	**	**	**	**	**	**
Vegetated Swales and Basins	\$	***	***	***	***	**	**	**	**
Acoustically Soft Ground	\$\$-\$\$\$	***	***	***	***	***	***	**	**
In-ground Treatments	\$\$\$	***	***	***	***	***	***	***	***
Above-ground Treatments	\$\$-\$\$\$\$	***	***	***	***	***	***	***	***
Solar Panels	\$\$-\$\$\$\$	****	****	****	****	****	****	****	****
<b>Operations Mgmt. Strategies</b>									
Speed Restrictions	\$-\$\$	**	**	**	**	**	**	**	**
Truck Restrictions	\$-\$\$	***	***	***	***	***	***	***	***
<b>Sound Absorptive Treatments</b>									
Retaining Walls	\$\$-\$\$\$	**	**	**	**	**	**	**	**
Understructure of Bridges	\$\$-\$\$\$\$	****	****	****	****	****	****	****	****
Tunnels	\$\$-\$\$\$\$	****	****	****	****	****	****	****	****
<b>Strategies Implemented by Receptors or Local Governments</b>									
Site Planning	\$	***	***	***	***	***	***	***	***
Building Design	\$	****	****	****	****	****	****	****	****
Construction Methods and Materials	\$\$-\$\$\$\$	****	****	****	****	****	****	****	****

\$ minimal cost -- \$\$\$\$\$ very high cost

\*\*\*\* Likely to be very effective, \*\*\* Likely to be effective, \*\* Likely to be minimally effective, \* Likely to be barely effective, n/a = not applicable



Highlighted cells are strategies that merit consideration for the given roadway type

# Roadway Type vs Strategy Matrix (Step 2)



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Solid Safety Barriers	\$\$	***	***	***	***	****	****	**	**
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# Roadway Type vs Strategy Matrix (Step 2)

“likely to be very effective”

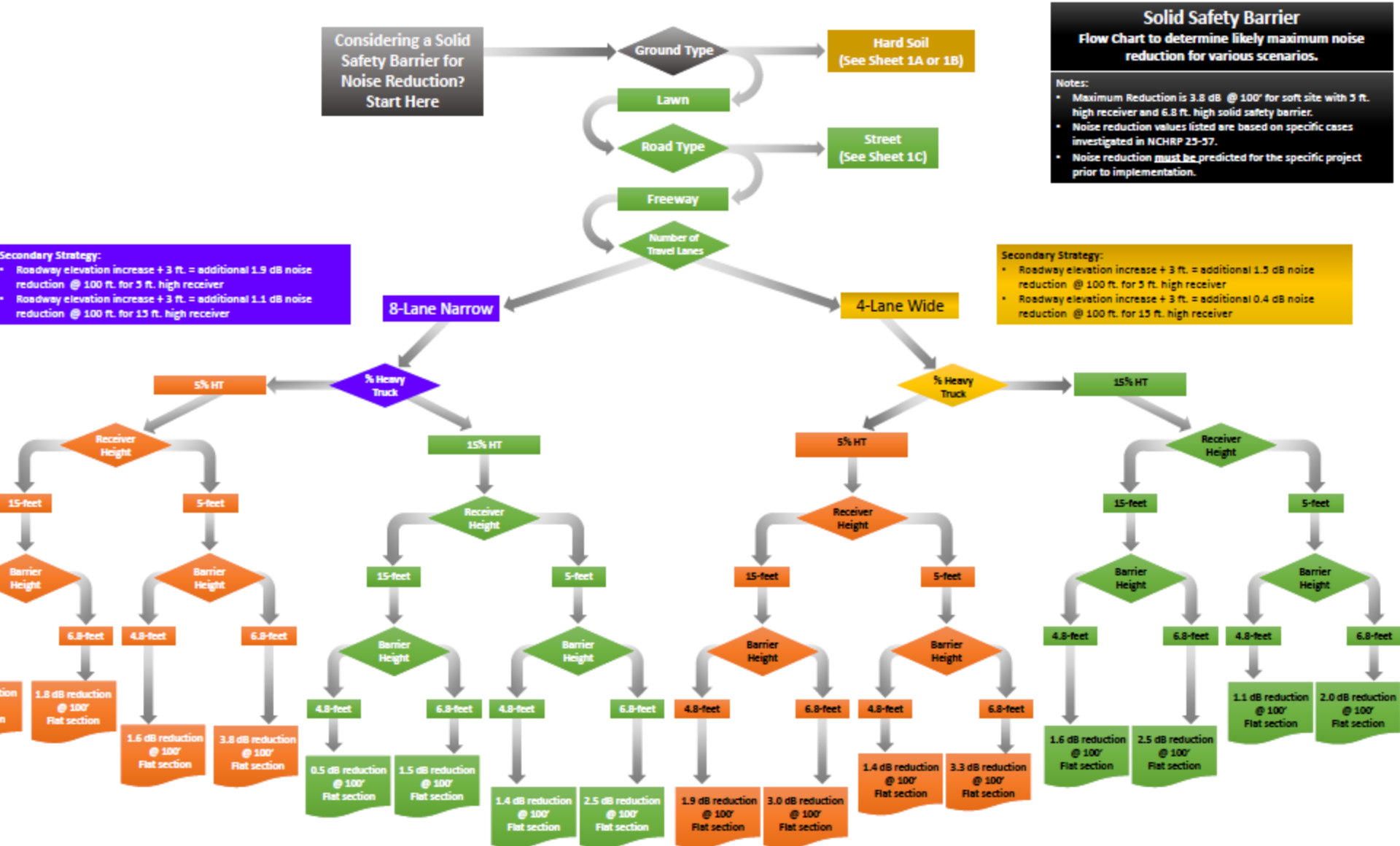
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# Example flowchart (Step 4)



**Solid Safety Barrier**  
**Flow Chart to determine likely maximum noise reduction for various scenarios.**

**Notes:**

- Maximum Reduction is 3.8 dB @ 100' for soft site with 3 ft. high receiver and 6.8 ft. high solid safety barrier.
- Noise reduction values listed are based on specific cases investigated in NCHRP 23-57.
- Noise reduction must be predicted for the specific project prior to implementation.

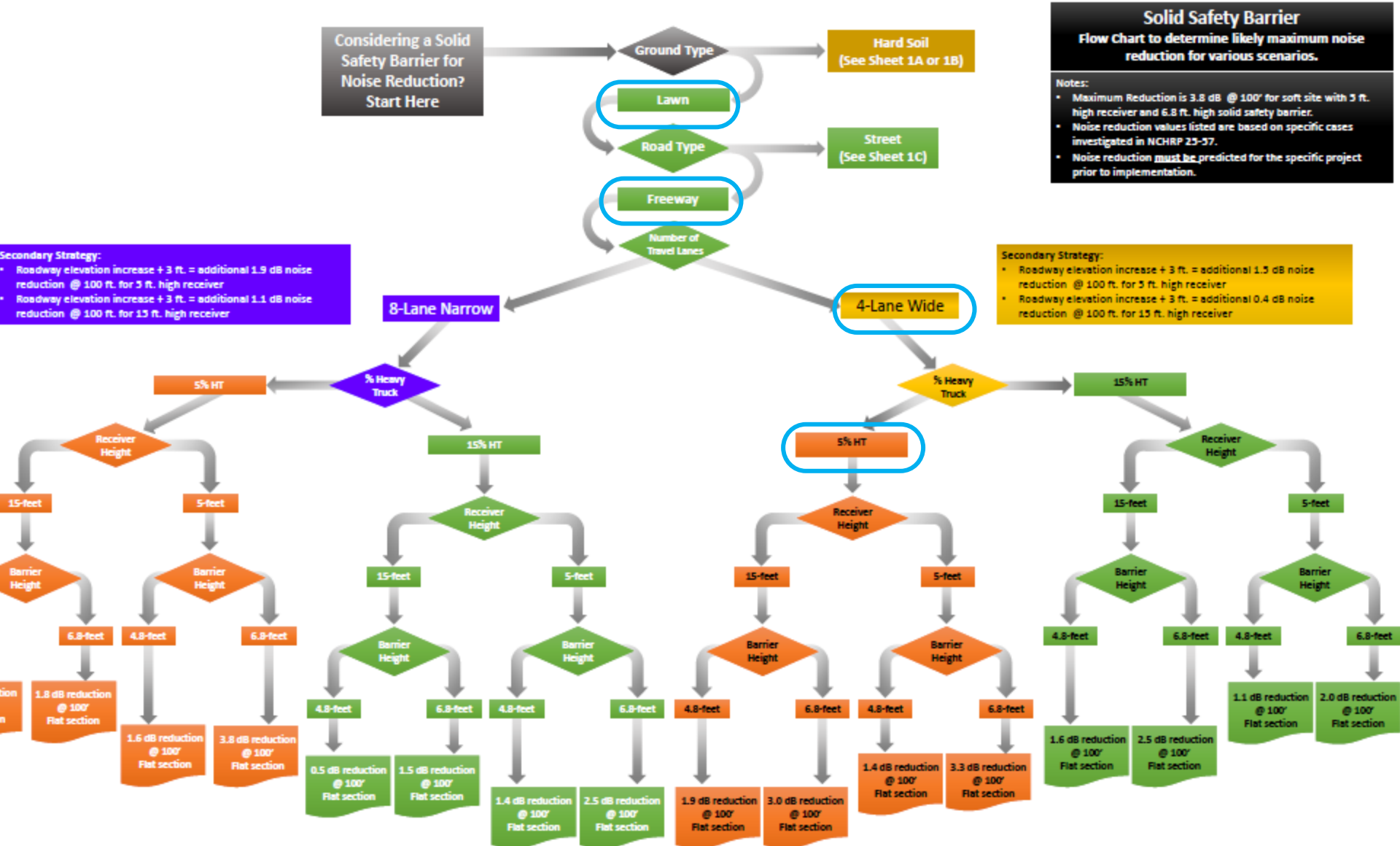
**Secondary Strategy:**

- Roadway elevation increase + 3 ft. = additional 1.9 dB noise reduction @ 100 ft. for 3 ft. high receiver
- Roadway elevation increase + 3 ft. = additional 1.1 dB noise reduction @ 100 ft. for 15 ft. high receiver

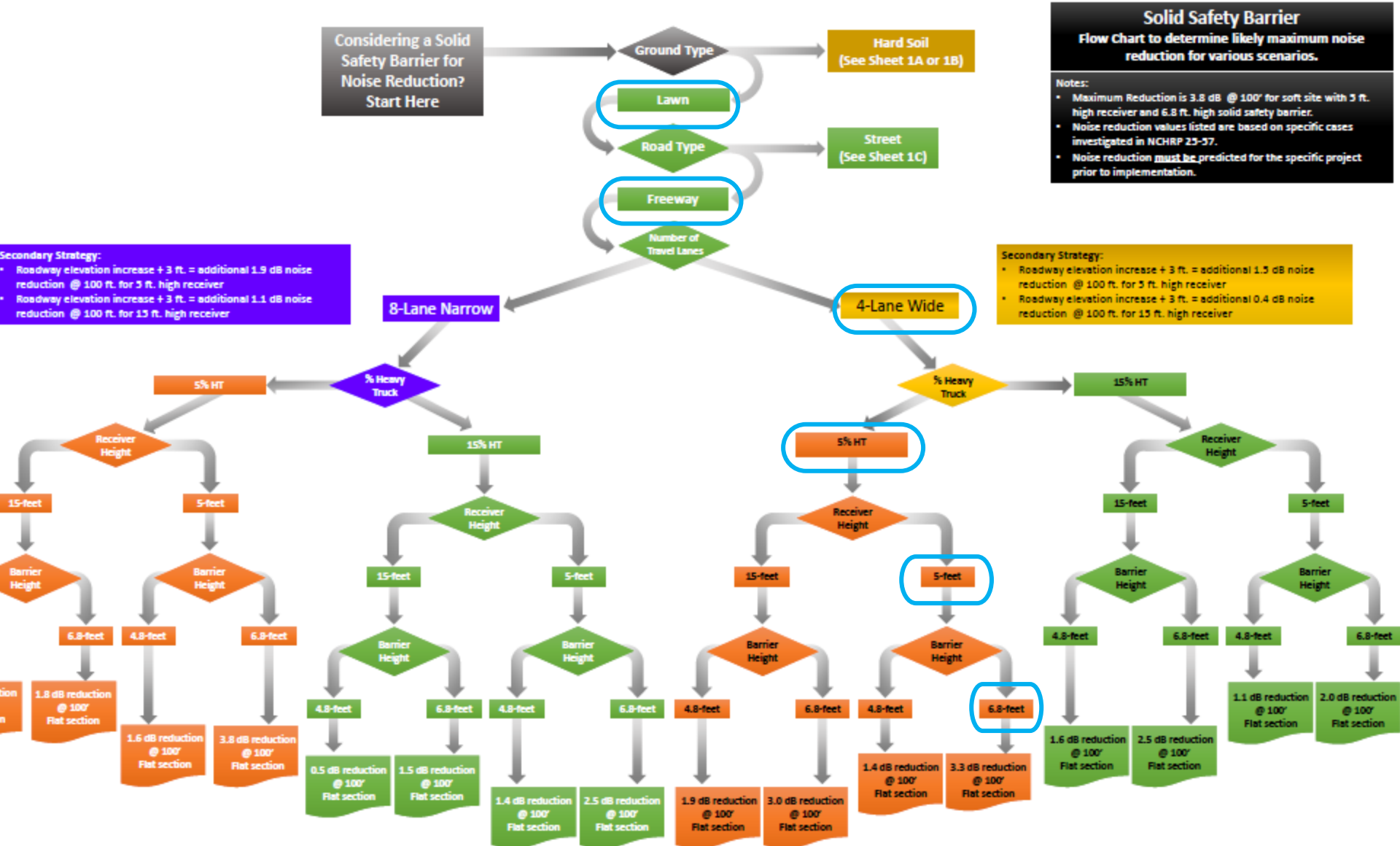
**Secondary Strategy:**

- Roadway elevation increase + 3 ft. = additional 1.3 dB noise reduction @ 100 ft. for 3 ft. high receiver
- Roadway elevation increase + 3 ft. = additional 0.4 dB noise reduction @ 100 ft. for 15 ft. high receiver

# Example flowchart (Step 4)



# Example flowchart (Step 4)



**Solid Safety Barrier**  
**Flow Chart to determine likely maximum noise reduction for various scenarios.**

**Notes:**

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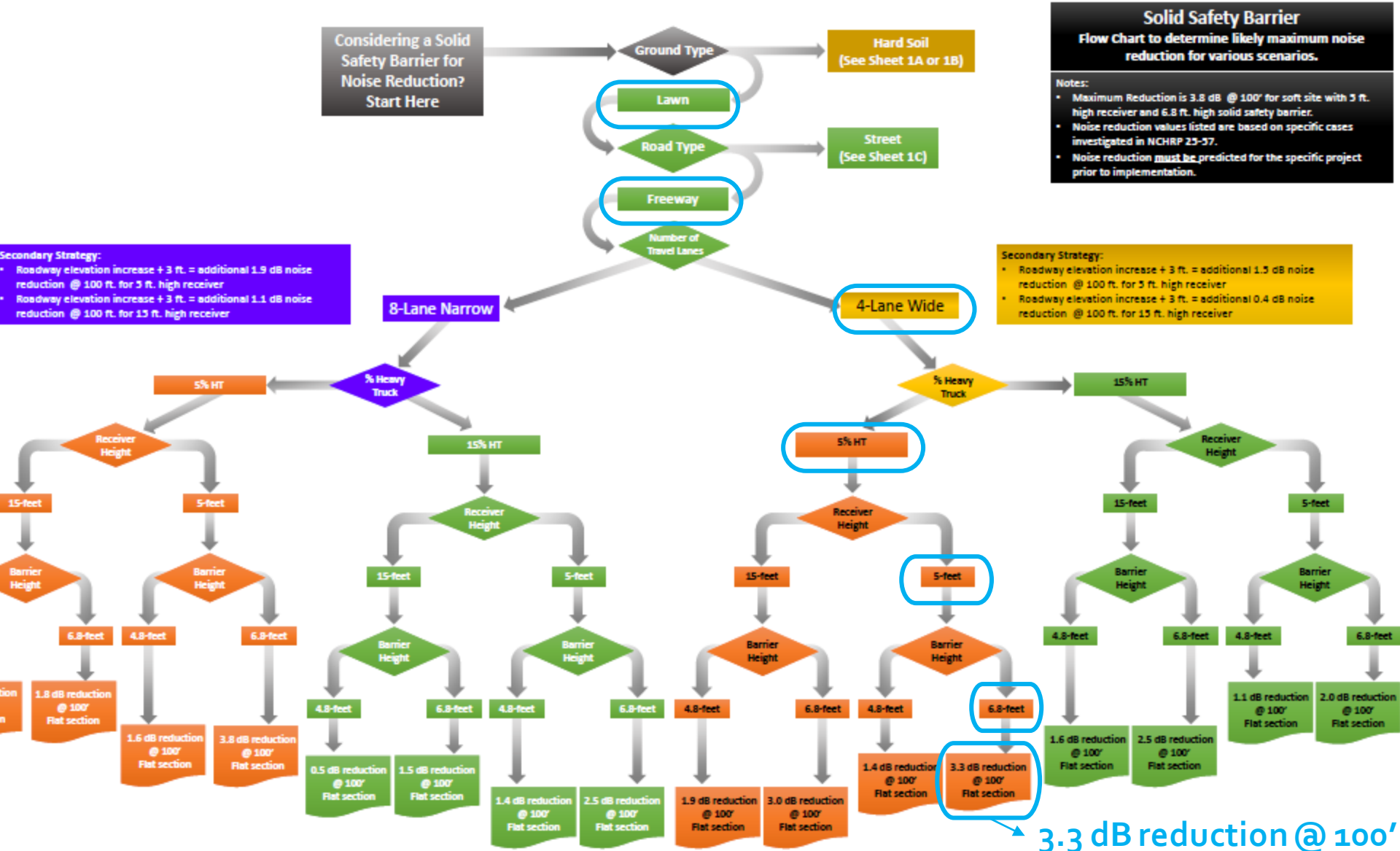
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- Roadway elevation increase + 3 ft. = additional 0.4 dB noise reduction @ 100 ft. for 15 ft. high receiver

3.3 dB reduction @ 100'

# Conclusions





# Conclusions

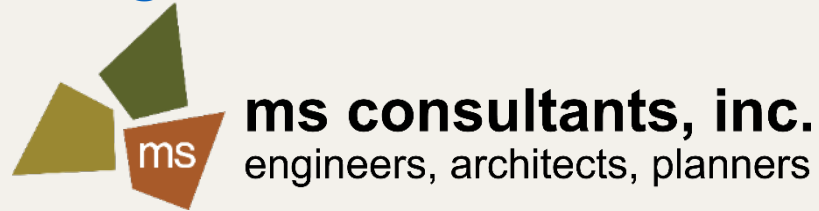
- Opportunities to apply alternative noise reduction strategies include:
  1. When a barrier cannot be constructed due to site constraints, safety considerations, or Federal and State policies on reasonable expenditure per benefited receptor
  2. When applying the strategies may prevent noise impacts
- Project report and practitioner's handbook allow identification of viable strategies
  - Options include 14 primary strategies with sub-strategies also discussed
- Some strategies are currently implementable, some require further investigation

# Today's presenters

Judy Rochat  
[jrochat@csacoustics.com](mailto:jrochat@csacoustics.com)



Karel Cubick  
[kcubick@msconsultants.com](mailto:kcubick@msconsultants.com)



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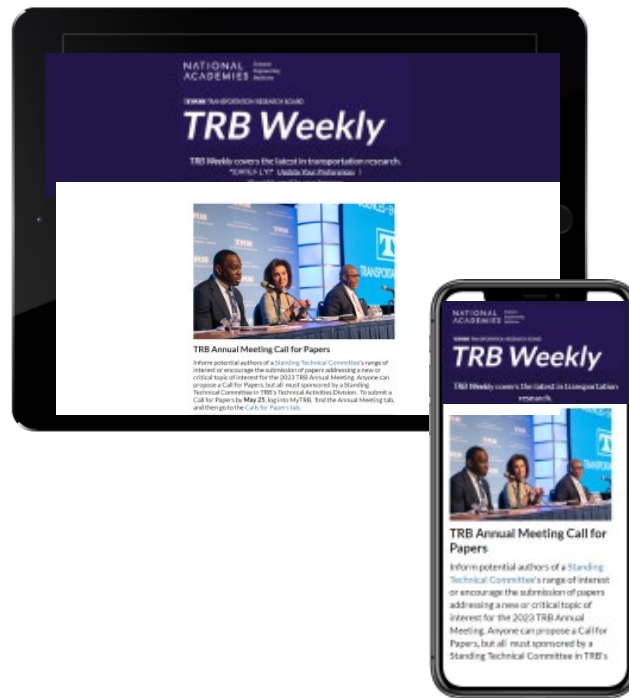
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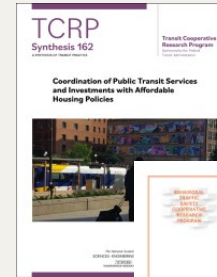
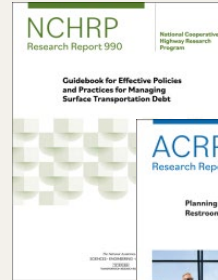
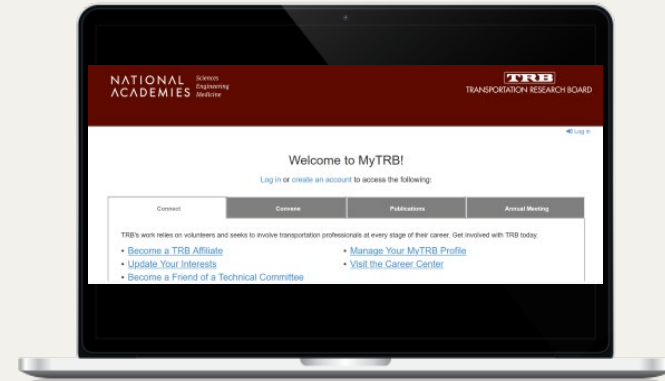
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