



# Psychological Foundations of Inattentive Driving

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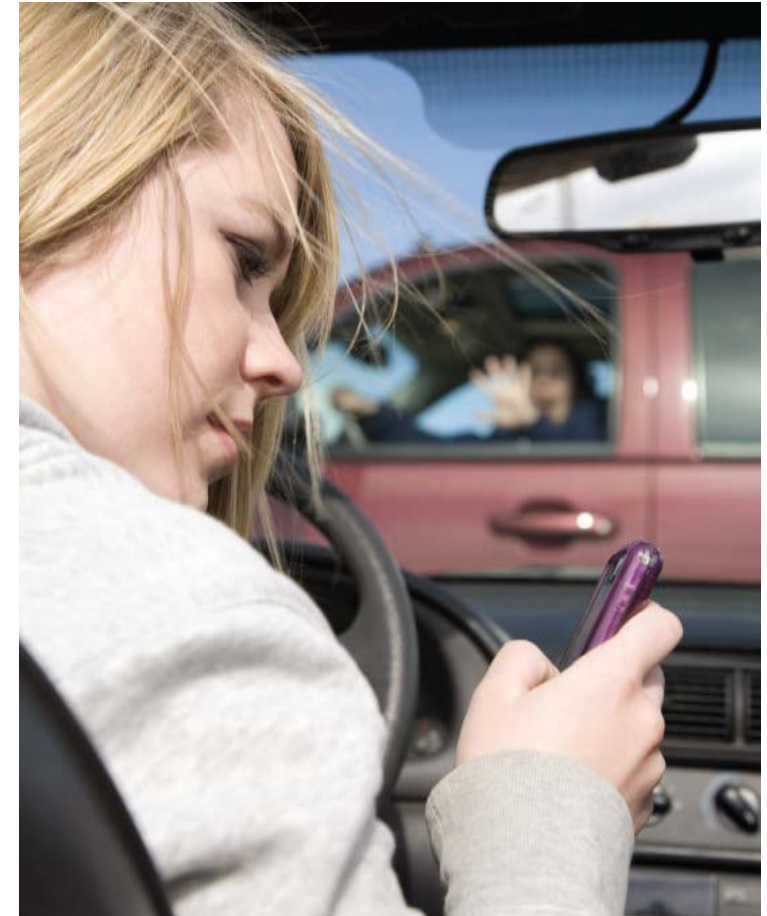
# Inattentive Driving



# Inattention While Driving Safety Problem

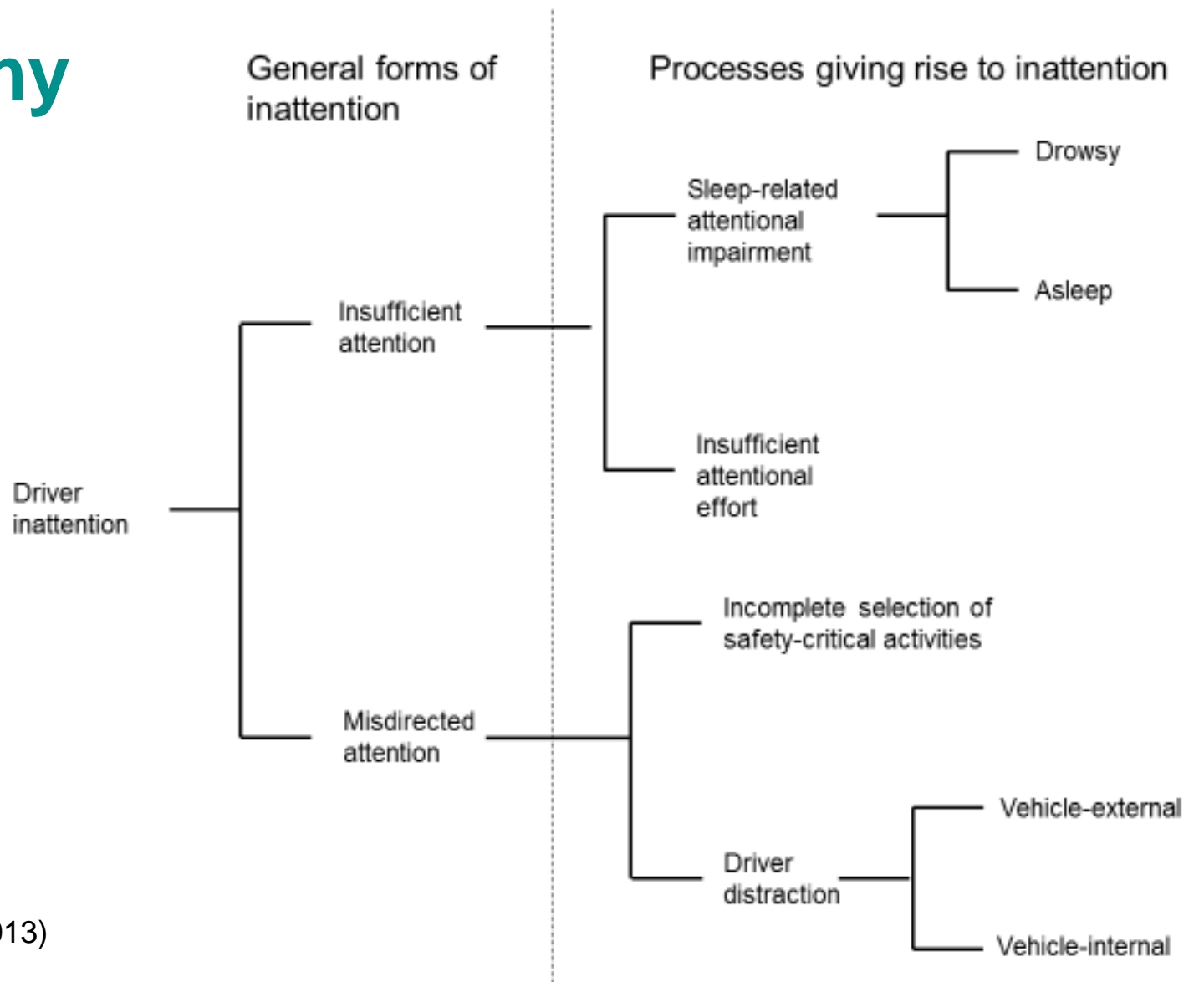
- **Distraction-affected Crashes**
  - Resulted in 3,166 fatalities in 2017 (DOT HS 812 700)
    - 9% of fatal crashes that year
  - Resulted in an estimated 391,000 people injured in 2015 (DOT HS 812 381)
    - 16% of injury crashes that year
    - Latest injury data available

<https://www.nhtsa.gov/risky-driving/distracted-driving>



# Inattention Taxonomy

- Inattention is more than distraction
- US-EU-Japan Trilateral Working Group developed a taxonomy



# Types of Driver Distraction

Visual



Manual

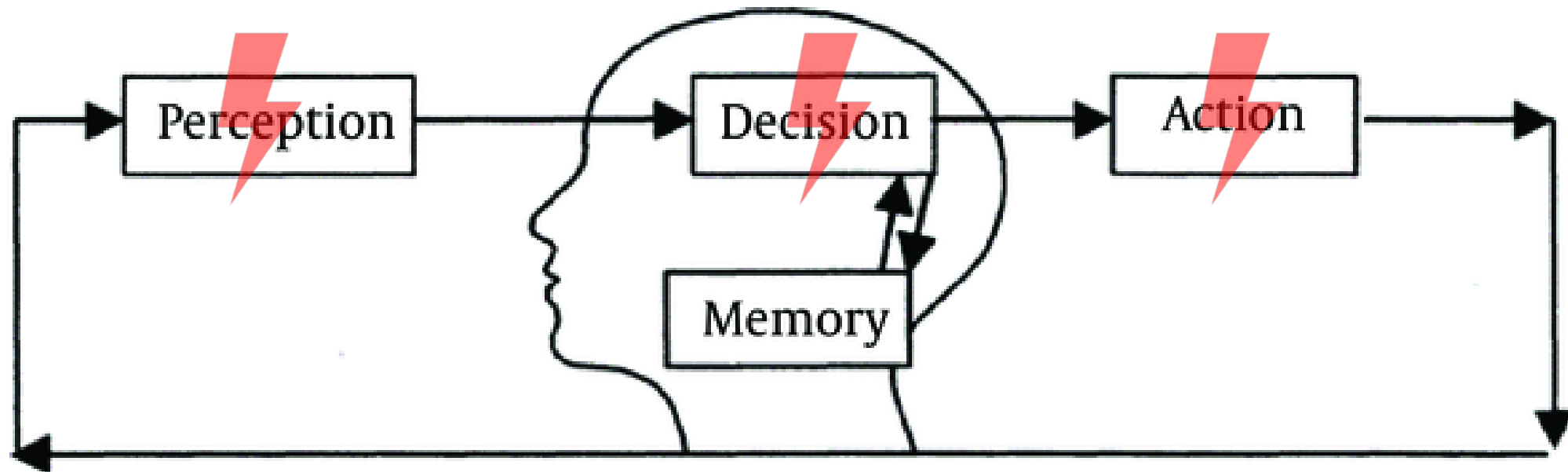


Cognitive



NHTSA broadly defines driver distraction as anything that can take visual, manual or cognitive resources away from the task of driving.

# Human Information Processing Model



# Perceptual Load

- High perceptual load causes slowed processing or misses
- Associated with inattention blindness
- Observable



# Cognitive Load

- Interference without significant perceptual load
- Conversations, lost in thought, mind-wandering, etc.
- “Eyes-on-road” distraction
- Not observable



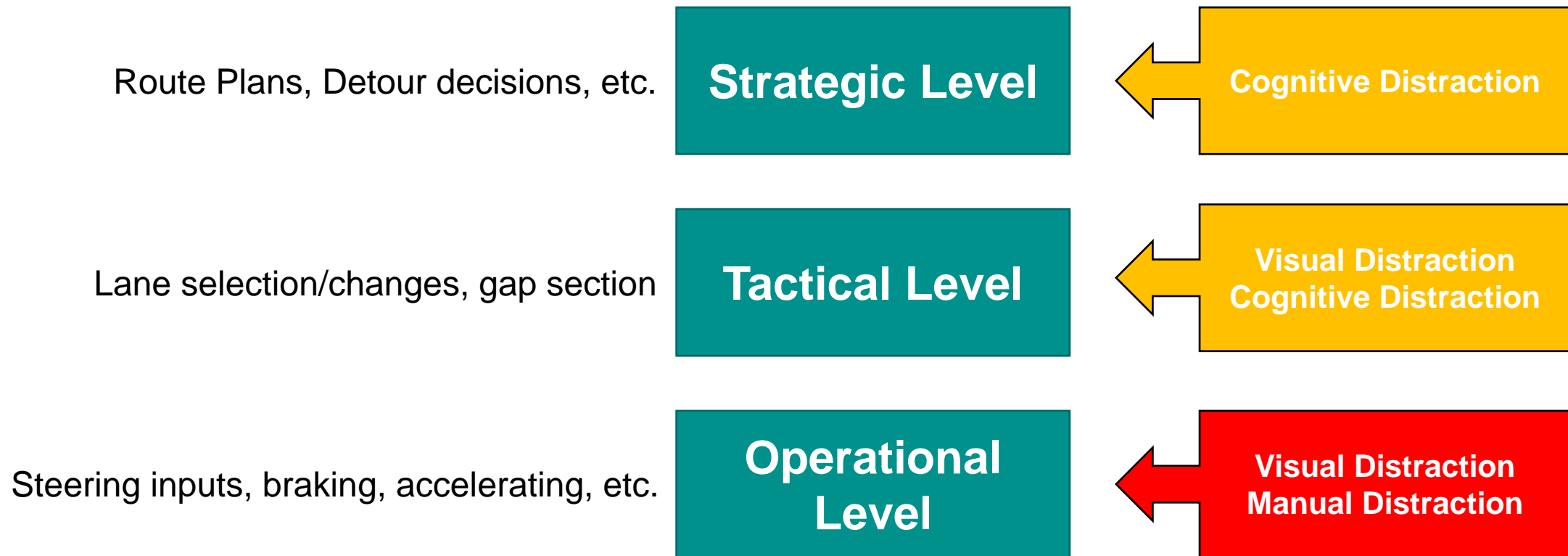


# Action Interference

- Hands-off the wheel
- Body movements causing disruption to steering or pedal application
- Observable
- Often linked with visual distraction



# Where the Effects May Occur



Michon's (1985) Hierarchy of Driving

## Data Discrepancy!



VS



## Why the Discrepancy?

- Simulators show consistent effects of cognitive distraction on reaction time and response selection
- Naturalistic driving studies rarely show increased risks from cognitive distraction tasks

**It's all about  
the  
BASE....LINE!**

Baseline eyes-on-road with  
no secondary task proportion  
is about 80%

**Thank You!**

**Questions?**