### TRANSPORTATION RESEARCH BOARD

### **Understanding Changes in Youth Mobility**

Wednesday, September 6, 2017 2:00-3:30 PM ET The Transportation Research Board has met the standards and requirements of the Registered Continuing Education Providers Program. Credit earned on completion of this program will be reported to RCEP. A certificate of completion will be issued to participants that have registered and attended the entire session. As such, it does not include content that may be deemed or construed to be an approval or endorsement by RCEP.



### **Purpose**

Discuss the changing mobility patterns of teens and young adults and the linkages to economic, social, and health effects.

### **Learning Objectives**

At the end of this webinar, you will be able to:

 Understand the specific preferences and needs of this age group in order to make changes in the products and services offered in the transportation system

## NCHRP 08-36, Task 132 Understanding Changes in Youth Mobility

#### Requested by:

American Association of State Highway and Transportation Officials (AASHTO) Standing Committee on Planning

A Webinar Presentation by

Matthew A. Coogan

Principal Investigator

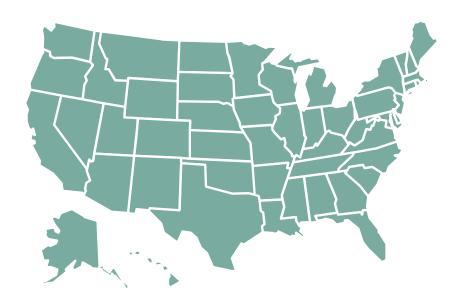
and

Mark Bradley

Director, RSG Inc.

## NCHRP is a State-Driven Program

- Sponsored by individual state DOTs who
  - Suggest research of national interest
  - Serve on oversight panels that guide the research.



 Administered by TRB in cooperation with AASHTO and the Federal Highway Administration.

### Practical, ready-to-use results

- Applied research aimed at state DOT practitioners
- Often become AASHTO standards, specifications, guides, syntheses
- Can be applied in planning, design, construction, operations, maintenance, safety, environment



## Project Panel NCHRP 08-Task 132

- Garth Banninga, Michigan DOT
- Dr. John Betak, Collaborative Solutions, LLC.
- Dr. Mark Burton, University of Tennessee
- Martin Kidner, P.E., Wyoming DOT
- Dana Knox, Florida DOT
- Dr. Jeremy Sage, Washington State University
- Penelope Weinberger, AASHTO

The project was managed by Larry Goldstein, NCHRP Senior Program Officer with assistance from Dr. Anthony Avery, Senior Program Assistant

## Matthew A. Coogan Principal Investigator

- Director, The New England Transportation Institute
- Former Undersecretary of Transportation, Commonwealth of Massachusetts
- Project Director, I-90/I-93 Project
- Co-founder of CONEG Task Force on High Speed Rail
- Principal Investigator for 12 CRP Projects



### **Agenda for the Webinar**

- Review of objectives of the study Coogan
- How the personal mobility of the youth suffered during the first decade of this century
- Interpretation
- Analytical model of decline in VMT- Bradley
- Interpretation
- How Millennials have different preferences than older groups in society—Coogan
- Implications for the Planning Profession
  - Proposed further research

### **Research Team**

- The Rand Corporation, Prime Contractor
  - Liisa Ecola, Project Manager
  - Charlene Rohr, Rand Europe
- RSG, Subcontractor
  - Tom Adler
  - Greg Spitz
  - Mark Bradley
  - Margaret Campbell
- Matthew Coogan, Principal Investigator
- Nelson Nygaard
  - Rachel Weinberger

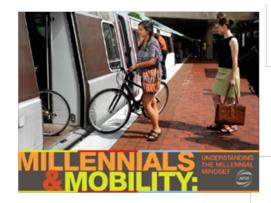
### **Objectives of the Study**

- ...to understand the extent to which the changes in travel behavior by the Millennial Generation do, and do not, represent a major issue for the leaders of the transportation sector.
- ...to better understand travel behavior of Millennial Generation in terms of their attitudes, beliefs, and preferences towards basic transportation decisions.

### Objectives of the Study...

- "It is only by understanding the specific preferences and needs of this age group that transportation managers will be able to make changes in the products and services offered in the transportation system more generally.
- "The results of this study should allow state, regional and local practitioners to improve the process of planning, programming, and project development consistent with the needs and preferences of the younger generations."

### ... to Find the Truth about Patterns of Youth



#### US: Stats Show Americans Not That Into Driving Anymore

Source: Associated Press Created: August 29, 2013



The Rise of the Millennial Traveler

### Why Car Companies Should Be **Extremely Nervous About Millennials**

DEREK THOMPSON | MAR 1 2013, 4:03 PM ET

#### Millennials: A Car Is A Social Device On Wheels

by Karl Greenberg, Jun 1, 2013, 12:56 PM





It's aphoristic that younger people's appetite for cars is sagging. Facts detailed in numerous reports bear that our I got on the phone with Sheryl Connelly, who leads global trends and futuring at Ford



#### THE BIG STORY

AMERICANS DRIVING LESS AS CAR CULTURE WANES

#### US mobility for young adults falls to 50vear low

Many putting off big decisions in sluggish economy

By Hope Yen | ASSOCIATED PRESS NOVEMBER 15, 2013



**U.S. PIRG** 

### What is the Danger in Bad Information?

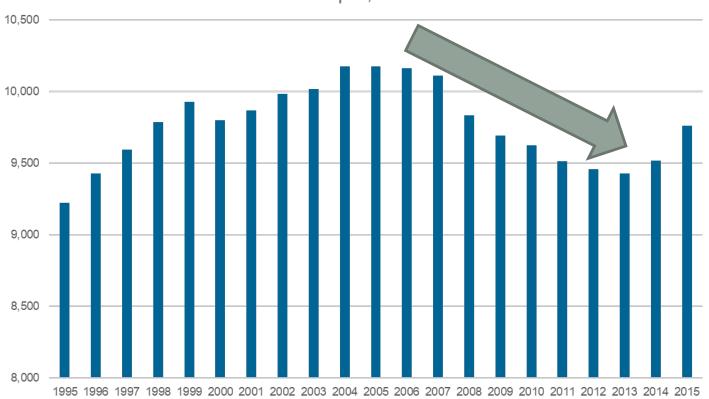
- "When the public believes that Millennials no longer drive in cars, no longer buy cars, and only wish to share cars, this implies that auto travel might suddenly grow out of favor.
- "When the public believes that Millennials do not want to live in the suburbs, and would not drive further to get a larger house, this implies that travel forecasts used in the planning and environmental analyses of new transportation investments are all wrong..."

### **Summary of Research Approach**

- Establish trends for overall patterns
- Use NHTS for detailed change by age group
  - Examine by demographic category
- Undertake Multivariate Analysis of Decline in VMT
  - Conclusion: something is left to be explained
- Examine differences in preferences by age group
- Develop implications for the future
  - Future research recommendations

### The Overall Decline was Powerful



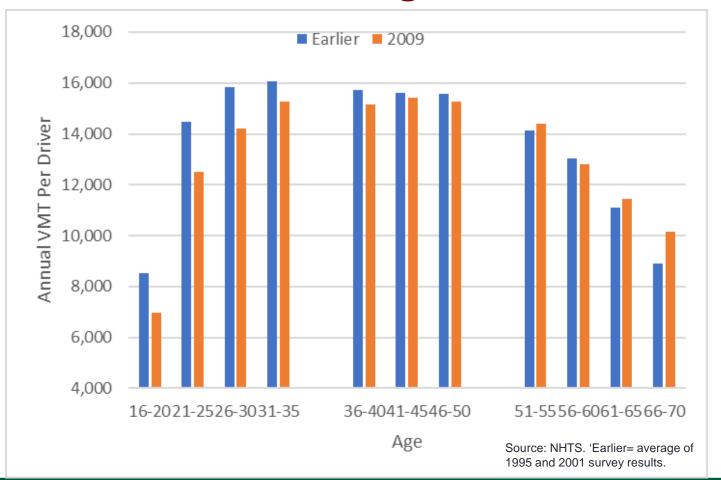


Source: FHWA

### It was the Youth Who Decreased their VMT

- The fall in auto travel at the turn of the century (in this case 2001 to 2009) was most pronounced in youth, in male youth and in unemployed male youth.
- The decline was stronger for younger urban residents than for younger rural residents; low income rural residents lost more mobility than higher income rural residents.
- VMT decreased far more sharply for young people in the Midwest and South than for young persons in the Northeast.

## Change in VMT by Age of Driver: The Driving Behavior of Youth Changed Most

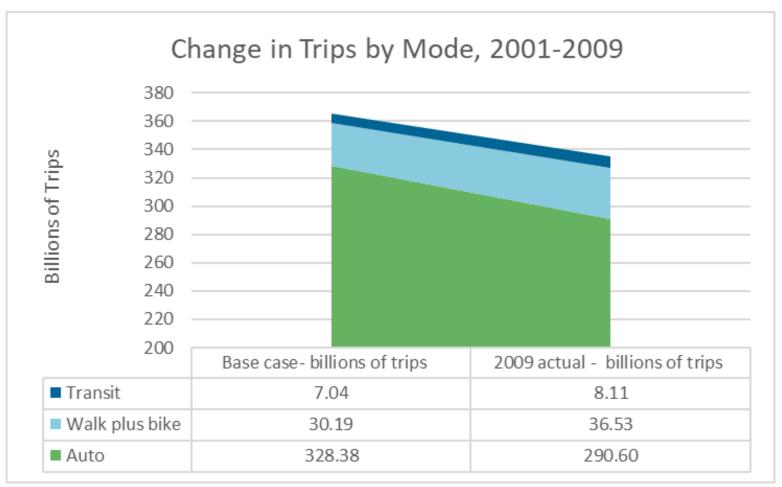


## Where Did the Trips Go?



- The drop in VMT was not matched by an equivalent increase in walking and biking, which did, however, increase moderately.
- Transit trips per capita went up between 2001 and 2009, but not at scale to produce substitution of transit over auto.

### Decline in Trips, 2001-2009, by Mode



Source: Data from McGuckin from NHTS. "Base case" = 2001 trip rates applied to 2009 population

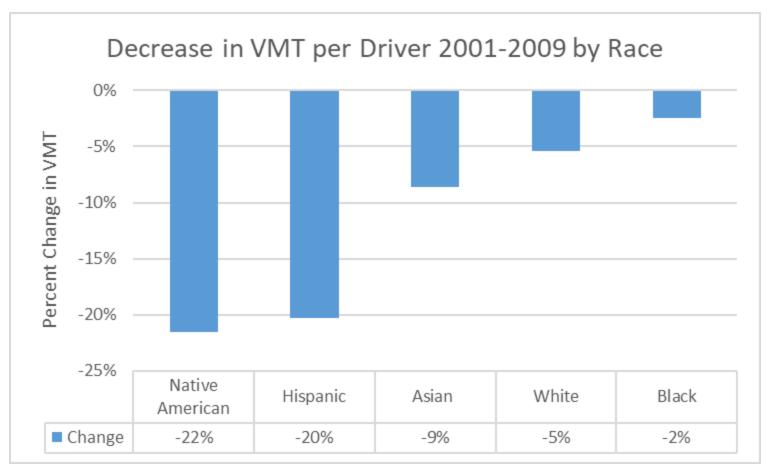
### Factors Which do not Explain Change

- Shift to walk or transit. The change was in overall trip generation, not just a shift in modes.
- Shift to carpools. Between 2000 and 2010, the rate of carpooling actually declined, while the auto occupancy rate remained stable
- General decrease in auto ownership rate. In 2001 there were about .81 autos per person, which shifted slightly to .80 around 2009.
- Rate of no-driver's license. For those between 25-34, rate of driver's license holding had dropped by about 3%.
- ICT replaces trips. In short, increased levels of information technology use are associated with increased levels of travel, not the other way around.

### Factors Which do Explain Change

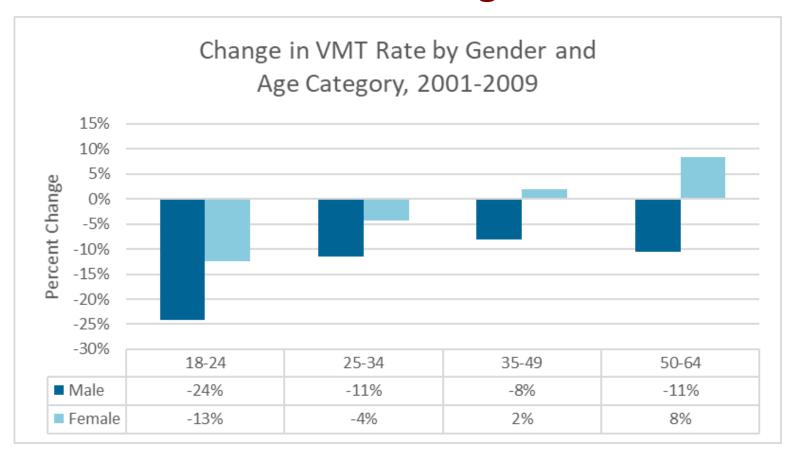
- Race/ethnicity. Native Americans and Hispanics fell over 20% in VMT, versus a decrease for whites of 5%.
- Rate of zero-car household. The portion of survey respondents living in zero-car households increased from 5.2% to 6.0%. For those between 25-34, the portion living in a zero-car household increased from 5.4% to 7.1% in 2009.
- Expendable income. By most reports, Americans in general had slightly less real purchasing power in 2009 than in 2001. There may be more to the economic and business impact on VMT than implied.

### **Minorities Suffered More Loss in VMT**



Source: NHTS

### Decline Was for the Young, and Male

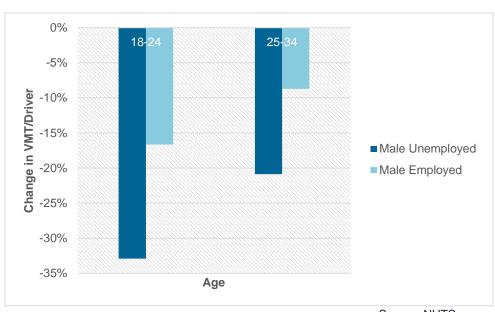


Source: NHTS

## VMT Drop by Youth Employment Status (Compare 2009 with 2001)

- VMT for Unemployed males 18-24 dropped 33%
- VMT for Unemployed males 25-34 dropped 21%

Being unemployed in the recession of 2008- 2009 was associated with far less car driving than being unemployed in the year of 2001.



Source: NHTS

# **Examining the Decline in Travel: an Analytic Approach**

- Next speakerMark Bradley
  - Senior Director at RSG
  - 35 years experience in travel demand modeling in the US and Europe
  - Has had a key role on several CRP projects



### **Multivariate Analysis is Important...**

- Different explanatory factors tend to be correlated with each other, so considering them simultaneously in analysis helps to determine their relative importance.
- Key question: Are there trends in Millennial travel behavior that <u>cannot</u> be explained by changes in observed factors (demographics, socio-economics, land use, etc.)?
- Paraphrase: Has it all been due to the recession?

### **Previous Published Work...**

McDonald, N. C. (2015). " **Are Millennials Really the "Go-Nowhere" Generation?"** *Journal of the American Planning Association.* 

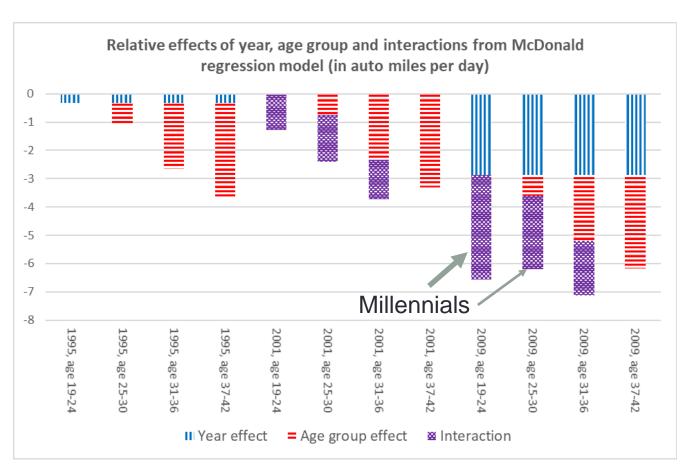
- Regression using National Household Travel Survey (NHTS) data from 1995, 2001 and 2009.
  - <u>Dependent variable</u>: Miles traveled by auto (AMT) during the survey travel day, by adults age 19-42.
  - Independent variables: Age group, income, employment, gender, race/ethnicity, residence area type, driving license status, auto ownership, household composition, day of week.

### **Captured Different Trend Effects by Age Group**

- Interactions between survey year and age sub-group
- "Millennials" are only in the 2009 data, in the youngest group(s)

YEAR / AGE	Age 37-42	Age 31-36	Age 25-30	Age 19-24
1995	Base for comparison	31-36 age effect	25-30 age effect	19-24 age effect
2001	2001 period effect	2001 period effect	2001 period effect	2001 period effect
		+ 31-36 age effect	+ 25-30 age effect	+ 19-24 age effect
		+ 2001 x 31-36 age	+ 2001 x 25-30 age	+ 2001 x 19-24 age
		interaction	interaction	interaction
2009	2009 period effect	2009 period effect	2009 period effect	2009 period effect
		+ 31-36 age effect	+ 25-30 age effect	+ 19-24 age effect
		+ 2009 x 31-36 age	+ 2009 x 25-30 age	+ 2009 x 19-24
		interaction	interaction	age interaction

### McDonald's Key Findings...



### All else equal...

- 1995 and 2001 are very similar
- In 2009, less auto travel for all age groups (recession)
- In 2009, youngest age groups decreased auto travel the most.

### **Expanding on the Previous Research...**

- Reproduced McDonald's results
- Tested additional explanatory variables
- Tested additional interaction variables
- Tested different model functional forms

## Additional Explanatory Variables Explored by the Research Team...

- Parents with children in younger age categories (0-4, 5-15) >>> higher Auto Miles of Travel (AMT)
- People age 19+ living with their parents >>> males lower AMT, females higher
- Households with no cars >>> lower AMT than using only cars/driver variable
- People unemployed and looking for work >>> lower AMT than other non-workers
- At least some college education >>> higher AMT
- Block-group level land use categorization >>> The more urban, the lower the AMT
- Changed the dependent variable from all auto miles traveled (AMT) to miles as an auto driver only (VMT).
  - The decrease in Millennial's auto use in 2009 was smaller for auto drivers than for passengers, but still significant.

### **Additional Interaction Effects...**

Lower auto use in 2009 compared to earlier years (all else equal) for specific groups:

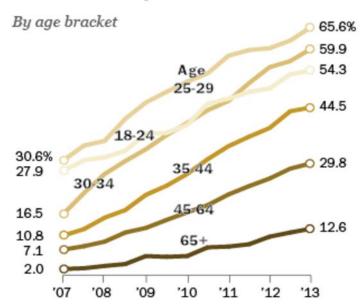
- Males
- Non-employed
- No college education

However, these effects do not vary significantly by age group, and the interactions between age group and year (2009) remain significant.

### What about Cellphone-only Households?

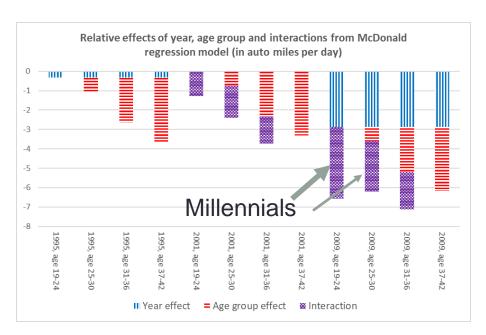
- NHTS samples only included HH with landline telephones.
- In 1995 and 2001, cellphone-only HH were very rare, but by 2009 included over 1/3 of young adults.
- Analysis thus far does NOT indicate that young people in cellonly households travel substantially more miles by auto than other young people.

#### Percentage of Adults Living in Wireless-Only Households



Source: DeSilver, Drew. (2013). "For most wireless-only households, look south and west". Pew Research Center.

### **Summary of the Analysis Findings...**



Could not find another explanation for the decreasing trend in auto use by Millennials observed in NHTS data.

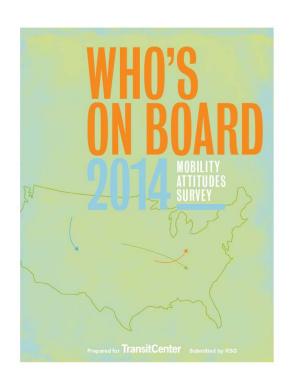
In travel demand modeling terms, the conclusion is that Millennials' underlying behavioral "preferences" toward auto use had shifted by 2009, relative to other age cohorts.

Matt will provide further discussion about some of the likely causes of those shifts....

### **Preferences and Attitudes of the Youth Market**

- The NCHRP's study of preferences of the Youth Market is based on the 2014 TransitCenter survey.
- 11,000 participants from 46 metro areas
- Conducted by RSG, Inc.

See, "Who's on Board, Mobility Attitudes Survey" for more details about the survey.

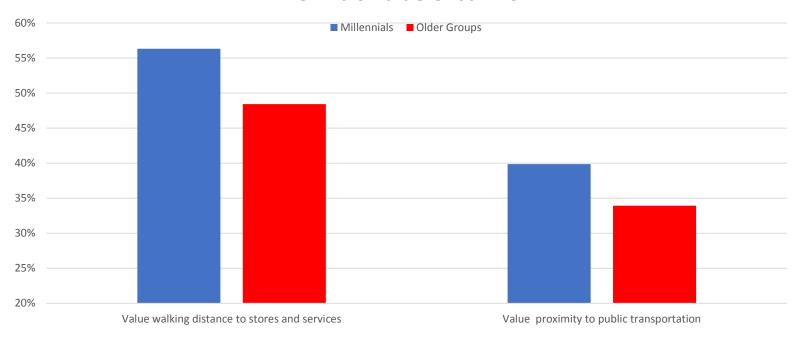


#### **Attitudes Impacting the Future**

- They have complex views about where they prefer to live
  - Higher preference for big city living than older groups
    - But
  - Majority prefer to live in the suburbs for the child rearing years
    - Expect to like suburbs more as they age

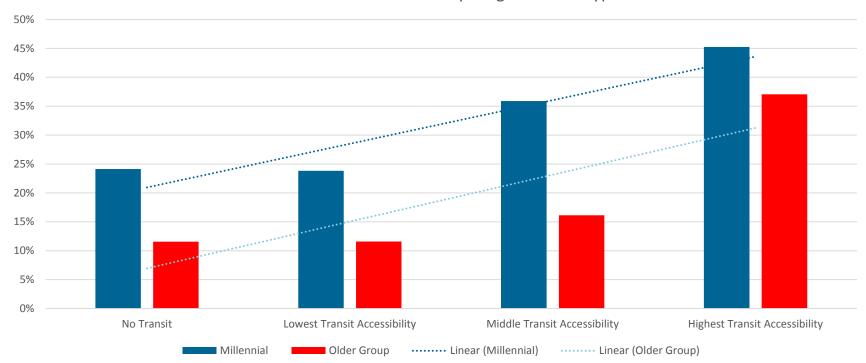
#### More than Older Groups, Millennials Value Urban Attributes

#### Millennials Value Urban Form

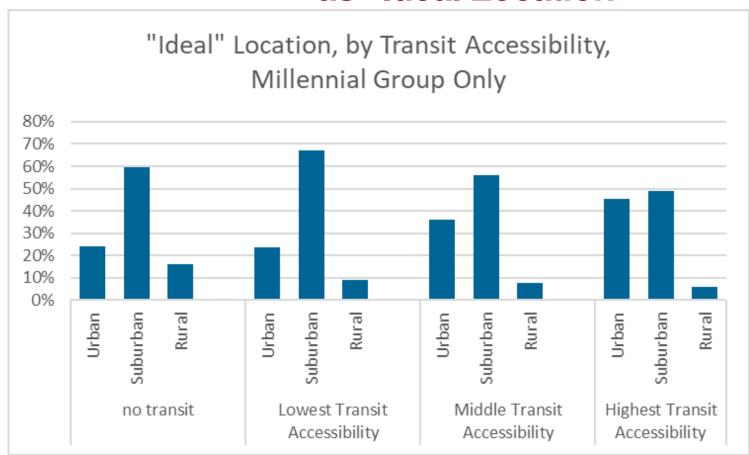


## More than Older Groups, Millennials Prefer 'Urban' as 'Ideal Location'

Urban is "Ideal Location" by Neighborhood Type

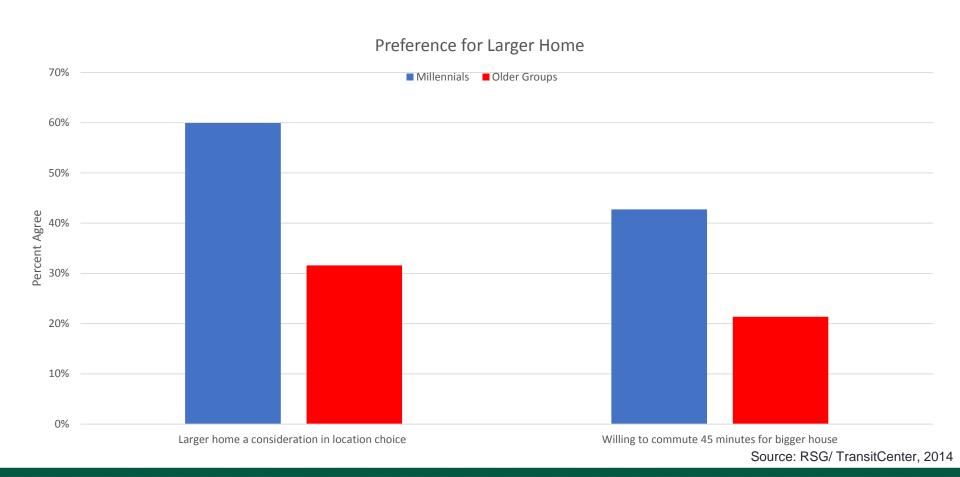


## But, Most Millennials Prefer the <u>Suburbs</u> as "Ideal Location"



Suburbs ranked highest by Millennials for all neighborhood types

## Millennials Want Larger House More than Older Groups and Would Drive Farther to Attain It

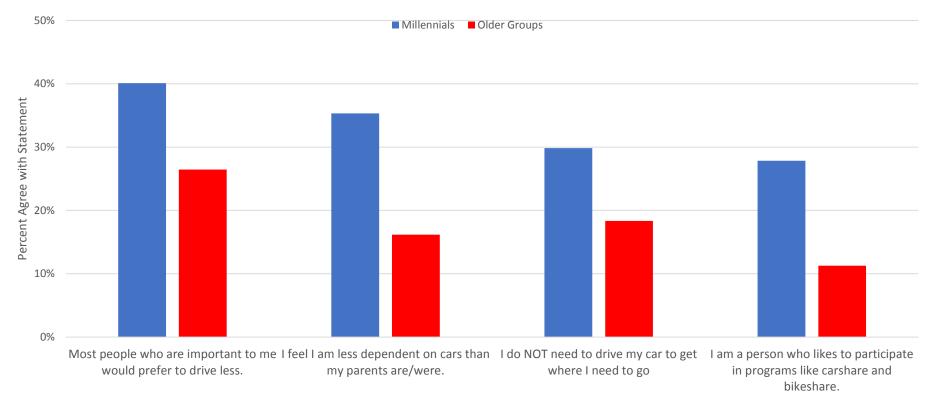


#### Age-based Differences in Preference-Orientation to the Auto

- Millennials are far more likely than older age groups to report being less dependent on cars than their parents were
- They like to share cars and bikes more than the older group.
- Millennials report less love for the freedom and independence from auto ownership than does the older group

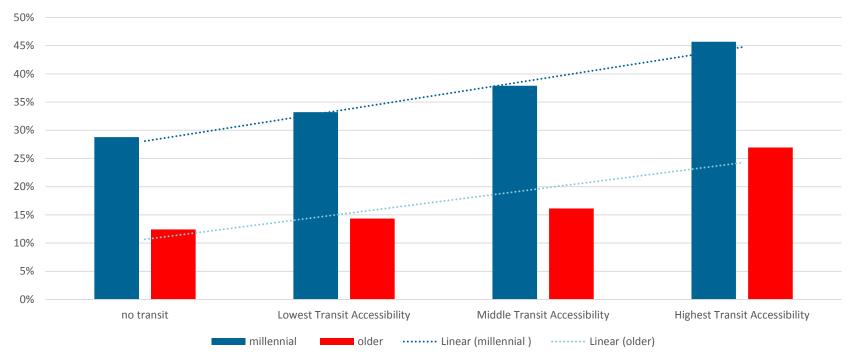
# Millennials Report Less Auto-dependence than Older Groups

**Lowered Auto Orientation** 



#### Millennials More Likely than Olders to Report Less Dependence on Cars than Their Parents

I feel I am less dependent on cars than my parents are/were.



#### **Driving Less and Sharing More?**

- Millennials have higher propensity than older groups to report that most friends would want to drive less
  - But,
  - 60% of Millennials do not report this
- Millennials have higher propensity than older groups to like sharing...
  - But,
  - 70% of Millennials do not report this

#### **Interpreting the Attitudes of Millennials**

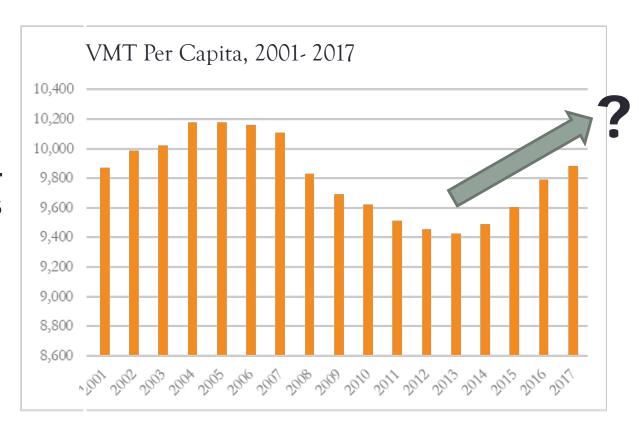
- They have different preferences and attitudes towards transportation services than the older groups
  - More open minded about alternatives to automobile ownership
  - But majority love the auto, and do not prefer to share or borrow
    - Expect to drive more as they age...

#### Implications for the Planning Profession?

- Millennial Generation preferences are more pro-urban, and less auto-dependent than the older groups...
- But, this should not be misinterpreted to suggest a reversal of dominant transportation preferences by this group
  - Particularly in terms of future location and future need for an auto-dependent lifestyle

#### Implications for the Planning Profession?

The analysis of the change in travel behavior should continue... given clear trends of recovery of trip generation rates



Source: FHWA, 2017 estimated

#### Research Proposed in this Report

#### **Summarized from Page 74 of the NCHRP Report**

- A major study of how demand for metropolitan auto travel in the future will be influenced by present youth market
  - a new survey on the relationship between attitudes/ values and driving behavior,
  - advanced travel demand models specifically designed to incorporate such 'softer' variables as values, attitudes and preferences
  - a future scenario testing tool, to examine the relationship between alternative futures and the travel demand patterns associated with those scenarios.

### **Questions from the Webinar Participants?**

Back to Nancy

### **Today's Participants**

- Nancy McGuckin,
   n\_mcguckin@rocketmail.com
- Matthew Coogan, <u>cooganmatt@aol.com</u>
- Mark Bradley, <u>Mark.Bradley@rsginc.com</u>

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